Maumee Senior Center News

2430 S. Detroit Ave. Maumee, OH 43537
◆ Phone (419) 893-1994◆
www.maumeeseniorcenter.com
www.facebook.com/maumeeseniorcenter

DECEMBER 2022

MAUMEE SENIOR CENTER

INSIDE THIS ISSUE:

Pg. 2 *Board dinner, Movie Day*

Pg. 3 *MSC Safety Procedures & Travel*

Pg. 4 *Volunteers*

Pg. 5 *Transportation, Grocery Ordering Assistance*

Pgs. 6-7 *Clinics, Support Groups, Benefits Counseling, Legal Aid, Membership*

Pg. 8 *Virtual Programs/ In Person Fitness Class Schedule*

Pgs. 9-12 *In Person Programs & Descriptions*

Pg. 13 *Travel information*

Pg. 14 *Community Speakers, How to Donate, Evening Meal*

Pg. 15 *Lunch Menu*

Pg. 16 *Wish List, Upcoming Events*

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MSC Transportation Office:
419-377-8113

Drivers: **Sue Lafountaine & Dennis Oberhauser**

Blizzard Bingo &Raffle Night Plus... All-You-Can-Eat Spaghetti

Great Prizes, Free Giveaways, Refreshments and More!

Friday, Jan. 13, 2023

Maumee Senior Center, 2430 S. Detroit.

FREE Bingo @ 5 p.m.

Spaghetti Dinner @ 6 p.m.

TICKETS ARE $10 EACH

Payable by Credit Card (3% fee applies), Venmo, PayPal, Cash or Check.
STOP AT THE FRONT DESK TO PURCHASE OR CALL 419-893-1994!

Come & Create

Centerpieces

& CELEBRATION

At the Maumee Senior Center
2430 Detroit Avenue, Maumee OH

DECEMBER 12, 6-8 PM

$25, TICKETS AVAILABLE AT SENIOR CENTER

Join us for an evening of wine, appetizers, and crafting winter decor with live greens. Supplies available or spruce up a container brought from home.

Supplies provided by Scrap4Art
www.scrap4arttoledo.org
Greens guidance provided by Maumee Garden Club

Programs and services at the Maumee Senior Center are partially funded by the Older American's Act, the Lucas County Senior Services Levy, City of Maumee, and other state and federal sources, as well as, fundraisers, memberships, sponsorships and donations. Donations to the center for its programs and services are gratefully accepted.

MSC Board of Trustees:

Joe LaChapelle
Maria Zapiecki
Ardis Dardenne
Heather Cole
John Gouttiere
Genevieve Stults
Pat Viertlbeck
Martin Lahey

Advisory Committee:

Ardis Dardenne– Chairwoman, Ginny Hiser, Charmaine McClellan, Bob Groh and P.J. Brunner

The Advisory Committee is a group of representative Senior Center participants. To offer concerns or questions for the Advisory Committee, contact the Advisory Committee by e-mail at: mscadvisory@gmail.com or any of the participants.

ATTENTION:

Opinions of guest speakers and advertisements are not necessarily those of the Maumee Senior Center. Although Maumee Senior Center is proud to advertise quality businesses and products, we do not endorse these companies in a mutually exclusive manner.

CLOSURES:

The Maumee Senior Center will be closed on Friday, Dec. 23 and Monday, Dec. 26 for the holidays.

MSC Board Christmas Party Set For Wed., Dec. 7, 2022, 5 P.M.

The Board of Directors will cook and serve a fantastic full course holiday meal once again this year for Maumee Senior Center members!

The December Christmas Party, sponsored by the Maumee Senior Center Board of Trustees, will continue at no cost for all current Booster Club members. For all other attendees, the cost is $9.

Don't forget to renew Booster Club Memberships! If your membership renewal date occurs prior to the dinner, your dues must be paid in order to receive the dinner at no cost!

The Maumee Senior Center's Choir will perform some holiday tunes!

Please bring cookies to share for dessert. We'll have a table available for everyone to share their goodies!

RSVP by Dec. 2!

Sign up at the front desk or call 419-893-1994.

Space is limited! First come-first served.

MSC MOVIE DAY!

Join us for a free movie on:
Friday, December 16th at 1 p.m.

Movie snacks available for purchase through MSC Café! Call 419-893-1994 or sign up at the front desk!

SAFETY PROCEDURES AT THE MSC:

In an effort to stop the spread of COVID-19 and other viruses, we have several safety measures in place to help everyone to feel safe and comfortable.

Facial masks are recommended, but not required.

Hand Sanitizing Stations are located throughout the building. Please remember to wash your hands and/or sanitize chairs & equipment.

You will undergo a daily symptom screening before entering the Center. If you do not pass, you will be denied entry and asked to leave.

Bring A Water Bottle. Drinking fountains are closed.

Physical distancing is encouraged at all times. Not feeling well? Please stay at home and call your physician.

MAUMEE SENIOR CENTER'S UPDATED COVID PROTOCOLS

REGARDLESS OF VACCINATION STATUS:

IF YOU HAVE BEEN EXPOSED TO COVID OR HAVE TESTED POSITIVE FOR COVID, THESE ARE THE SUGGESTED STEPS TO FOLLOW IN ORDER TO PARTICIPATE IN ANY SERVICES OR PROGRAMS AT THE MAUMEE SENIOR CENTER:

1. **IMMEDIATELY REPORT THE EXPOSURE OR POSITIVE TEST TO THE MAUMEE SENIOR CENTER DIRECTOR.**
2. **GET TESTED 3-5 DAYS AFTER THE EXPOSURE.**
3. **IF YOU TEST POSITIVE, ISOLATE YOURSELF AND DO NOT COME TO THE MAUMEE SENIOR CENTER FOR 10 DAYS OR UNTIL YOU HAVE A NEGATIVE COVID TEST.**

At the current time, these suggested steps are to assist in keeping the senior center open and to avoid any COVID outbreaks. Any individual contracting COVID and continuing to visit the Maumee Senior Center jeopardizes the continued operation and activities of the center.

Upcoming Travel Preview . . .

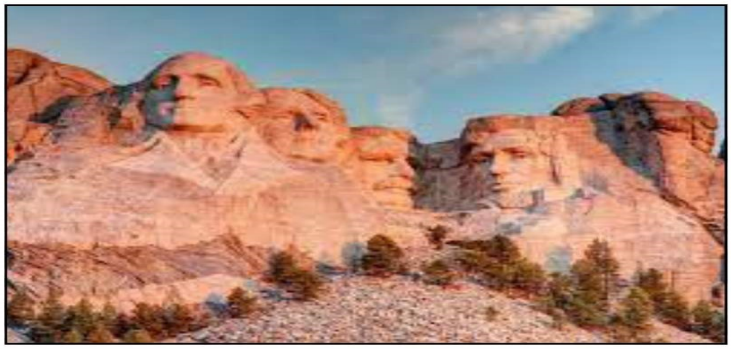
SOUTH DAKOTA'S NATIONAL PARKS TOUR

Sponsored by the Maumee Senior Center

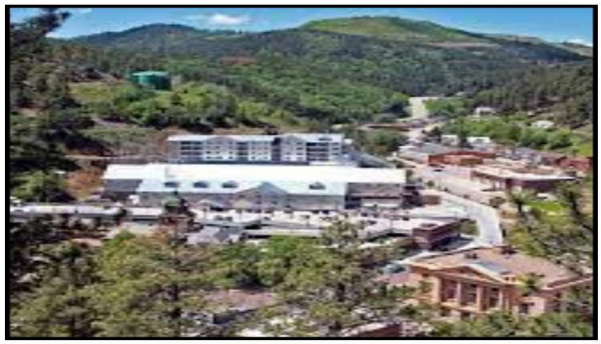
THURSDAY, JAN. 19, 2023
9:30 A.M. AT THE MAUMEE SENIOR CENTER

SEPT. 12-20, 2023

Don't miss your chance to enjoy:
THE BLACK HILLS, BADLANDS, MT. RUSHMORE, MISSISSIPPI RIVER BOAT CRUISE & MORE!



Enjoy 9 nights, including 4 at Deadwood Mountain Grand, on this trip fabulous trip!



MSC MAUMEE SENIOR CENTER

Cost is $2,799 pp for a double!

To reserve your seat at this travel preview, call 419-893-1994

Volunteers

Holiday Hustle

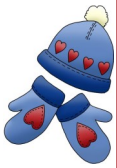
Despite cold temps and constant rain, runners and walkers of all ages braved the weather to support the Maumee Senior Center in the Holiday Hustle Race.

We couldn't pull off this event without the support of our sponsors, volunteers and race coordinator Ed O'Reilly.

A huge thank you to all who participated and supported the Maumee Senior Center!

Thank You For Your Support!

Thank you for the generous donations of mittens and gloves for Helping Hands of Toledo!



We will be presenting the donations this month so the items can be put to good use this winter!

Thank you!!

We are looking for Front Desk Volunteers!

This is a great position for those that enjoy working with people! We need volunteers to greet visitors, answer phones, help with our lunch reservation and Grab & Go program, MSC Café and complete light office work.

If you are interested, please contact Tiffany at mscprogramcoordinator@gmail.com OR 419-893-1994 for more information.

***Needed:* Mondays 12pm-3pm**
Wednesdays 12pm-3pm

Calling all Pool Players and Ping Pong Players!

Bring a friend and play your favorite game of Pool and Ping Pong for free! Use at your own leisure, no reservations required!

The Maumee Senior Center is always looking for volunteers for our fundraising events!

Our upcoming events with volunteer needs:

Breakfast with Santa—Saturday, December 3rd

Board Christmas Dinner—Wednesday, December 7th

Contact Tiffany or Laree at 419-893-1994 or at mscprogramcoordinator@gmail.com to learn more about our volunteer opportunities!

MSC Fitness Room

Treadmills, bikes and light weights are available to use for free! Come and go as you please, no reservations are required! ****Equipment use is at your own risk.*

Monthly Newsletter Mailing Subscription

For just $12 per year you can receive the Maumee Senior Center Newsletter right to your home! Call 419-893-1994 for more information.

Get Medicare Advantage Expert Advice

Call Mike Straub
1-419-595-6223

C4855-MCA

MEDICAL MUTUAL

Leave the Driving to us!

The Maumee Senior Center offers transportation to those 60 and older to medical appointments, grocery stores, hair/nail appointments, etc. and round trips to and from the Maumee Senior Center Monday-Friday!

Do you live in the Maumee, South Toledo, Monclova, Holland, Neapolis, Waterville or Whitehouse areas and need a ride? Give us a call!

Call our driver at 419-377-8113 at least 24-48 hours in advance to schedule a ride. There is no guarantee that transportation will be available at your time of need. Please call as early in advance as possible to reserve your spot.

Costs is $3 suggested donation for round trip

*If you are in need of groceries, **see below** for our online grocery ordering delivery service.*

Looking for ways to support the Maumee Senior Center?

The Maumee Senior Center is registered with Walmart's Registry for Good Program.

Type in *"Maumee Seniors Inc"* in the search bar at:
www.walmart.com/registry/registryforgood

You can purchase our wish list items right through the website and it will get sent directly to us!

Thank you for your consideration in helping the Maumee Senior Center! We are able to do what we do because of supporters like you!

Online Grocery Ordering Delivery Service

Are you in need of groceries and do not want to leave the comfort of your own home?
Then give the Maumee Senior Center a call to assist you with ordering your groceries online and to get them delivered right to your door!

All you will need before calling the MSC is:

- A credit or debit card on hand— **you must be comfortable with a MSC staff member receiving your card information to order your groceries for you**
- Written out grocery list for time efficiency— **limit of 20 grocery items**

Call the Maumee Senior Center about 24-48 hours before you know you will be in need of these grocery items to ensure you will receive your items in a timely manner.

There is no guarantee for day of grocery delivery.

Call 419-893-1994

Outreach–Clinics, Support Group, Assistance, Benefits Counseling

The Maumee Senior Center is offering TWO free Blood Pressure Clinics per month!

This month's walk-in clinics are on:

+Tuesday, December 20
+Wednesday, December 28
10 a.m. to 12 p.m.

Monitoring your blood pressure is one of the most important screenings. High blood pressure usually has no symptoms, so it cannot be detected without being measured. Take advantage of this free walk-in clinic at the Maumee Senior Center!

These Blood Pressure Clinic are compliments of UTMC and McLaren St. Luke's Hospital.

Legal Assistance available at the Maumee Senior Center!

Legal Consultations are available at the Maumee Senior Center on the first Tuesday of every month between 10 a.m.—12 p.m.

The upcoming dates for Legal Consultations are:

Tuesday, Jan. 3, 2023
Tuesday, Feb. 7, 2023

Schedule your 30 minute appointment with the Attorney by calling the Maumee Senior Center at 419-893-1994 .

Memorial Donations

Memorial Donations to Maumee Senior Center are tributes to cherished memories.

Donations were received by the Maumee Senior Center in memory of :
Robert Pontius

Our heartfelt sympathy is extended to his beloved family and friends.

Maumee Senior Center is grateful for Memorial Donations utilized for programs & services.

MSC Caregiver Support Group

Tuesday, December 27th at 10 AM

Caring for a loved one can be stressful and we want to support you! Please join us to share your story and ideas and to meet other people in similar situations.

Register by calling 419-893-1994 or email—mscoutreachcoordinator@gmail.com

Durable Medical Equipment Loans

Are you in need of a wheelchair, walker, cane, shower bench, commode, etc? Contact Laree at 419-893-1994 for more information on what equipment is available for loan. We are here to help!

Medicare

Benefits counseling now offered at the Maumee Senior Center!

Medicare Open Enrollment:
October 15th- December 7th, 2021

It's that time of year again when people who are on Medicare, as well as any Medicare Advantage plan can check to make sure they're receiving the best benefits for them! We urge all people who receive these benefits to take advantage of this time period to make sure that you have the best plan for you!

This year the Maumee Senior Center will be providing in-person consultations. All you will need is a list of your doctors as well as your medications for the consultation.

If you are interested, please contact Outreach Coordinator, Laree Shroyer at 419-893-1994 to schedule a consultation.

In requesting assistance from the Maumee Senior Center for benefits counseling, the participant understands that the information presented is unbiased and is the most accurate information available at the present time based on the participant's information provided. The participant is responsible for making his/her own informed choice without any influence from the Maumee Senior Center and holds the Maumee Senior Center harmless of any and all discrepancies or liability claims.

MSC MEMBERSHIP INFORMATION

MSC Booster Club membership dues are $25 for 12 months.
FOR JUST $25 A YEAR YOU WILL RECEIVE:

*Deep gratification in knowing that you are helping support an effort to help other seniors in the community through the Maumee Senior Center.

*1 FREE Dinner in the spring and 1 FREE Holiday Dinner at the Maumee Senior Center. Value=$20

*FREE recognition in MSC newsletter's birthday section and on the last Friday of your birthday month, MSC makes the suggested lunch donation in your honor. Value=$2.50

*Discounted fee for a classified listing in the MSC newsletter.

*Exclusive Booster Club Member Only Mailings & Specials.

*Special discount on day trips with Malinda.

*Friends, Fun, & Fellowship.

Be a Booster!

Join today by calling 419-893-1994 for a new member form!

FREE Birthday Lunches for Booster Members!!

December Birthday lunch is on Friday the 30th!
The Maumee Senior Center will celebrate your birthday with free lunch and birthday cake!

Call 419-893-1994 to make your birthday lunch reservation!

We Proudly welcome our New MSC Booster Members:

Thomas Knight
John Tasnadi
Peggy Tasnadi
Sandy Lukasiewicz
Linda Sattler
Teresa Utterback
Cathy Smith
Sherry Wolf
Linda Epps
Mary Steinhurst
Linda Carr

Happy Birthday to all of our December MSC Members!

June	Workman	12/5
Don	Dine	12/6
Stephanie	Betz	12/7
Kathleen	Gardner	12/11
Sue	Young	12/11
Gary	Horton	12/14
Dorothy	Yakumithis	12/14
Barbara	Beaman	12/17
Kathie	Gunner	12/18
Margaret	Shupp	12/20
Jerry	Chauvin	12/21
Judy	Switala	12/23
Alta	Reed	12/27
Shirley	Taylor	12/28
Dennis	Coy	12/30

MSC Virtual Programs

The Maumee Senior Center is offering virtual classes to provide more opportunities for homebound seniors. All of these classes are through ZOOM. Check out these programs below!

VIRTUAL Silver Sneakers classes with Sheila Brown

Cardio & Tone
Mondays at 10 a.m.
This is an intermediate exercise class for the active older adult. Low impact cardio movements will raise the heart rate, while light resistance equipment will be used to strengthen the muscles. New participants are welcome!

Stretch & Balance
Thursdays at 10 a.m.
This is a low impact class with dynamic movements and stretches that are the foundation of this class. A chair will be utilized for appropriately half of the exercises making it well suited for beginners! New participants welcome!

These classes are free to Silver Sneakers members and $3 per class for non-Silver Sneakers members.
*If you are a **new** participant, please indicate if you have Silver Sneakers or not when registering for these classes.*
Contact Program Coordinator, Tiffany at mscprogramcoordinator@gmail.com or 419-893-1994 to register for these classes and to receive the link to join.

MSC FITNESS CLASSES

Mondays:
9 a.m.— Chair Zumba
10 a.m.— **SS** Cardio & Tone (VIRTUAL)
11 a.m.— Jazzercise Lo
1 p.m.—**SS** Classic
2:15 p.m.— Beginner's Line Dancing

Tuesdays:
10 a.m.— **SS** Stability
11 a.m.— **SS** Chair Yoga
3 p.m.— Cardio Drumming

Wednesdays:
9 a.m.— Cardio Drumming
9 a.m.— Introduction to Line Dancing
10 a.m.— Regular Line Dancing
10 a.m.—Chair Zumba
11 a.m.— Jazzercise Lo
11 a.m.— **SS** Tai Chi
1 p.m.— **SS** Classic

Thursdays:
9 a.m.— Chair Zumba
9:45 a.m.—Regular Line Dancing
10 a.m.—**SS** Stretch & Balance (VIRTUAL)
11 a.m.— **SS** Tai Chi
1 p.m.— **SS** Chair Yoga

Fridays:
11 a.m.— Jazzercise Lo

Senior Centers…

Serve as a gateway to the nation's aging network—connecting older adults to vital community services that can help them stay healthy and independent.
-National Council on Aging

Call us at 419-893-1994 to find a program to join at the Maumee Senior Center today!

Maumee Senior Center Singers
Tuesdays at 12:30 p.m.

The Maumee Senior Center Singers are led by Director Jim Burns. The choir has presented over 500 performances in Northwest Ohio.
Love to Sing? Come to singers practice sessions **Tuesday afternoons at 12:30 p.m.** at the Senior Center! Beginners welcome**!**

For more information: Call 419-893-1994

Line Dancing Classes at the MSC!

Line Dancing is a great form of exercise that helps to improve strength, muscle function and balance! Sharpen your mind and your coordination and join in the fun with Line Dancing Classes at the MSC— and bring a friend too! Check out these classes below!

Line Dancing Classes with Michael Gurtzweiler

Introduction to Line Dancing

Wednesdays at 9a.m.

Learn the basic line dance steps through a series of ultra beginner line dances. The same line dances will be repeated for several classes. This class is great for those that have wanted to learn how to line dance and have no previous experience. New Participants are welcome!

****Cost is $3 payable to instructor at the door.*

Regular Line Dancing

Wednesdays at 10 a.m.
Thursdays at 9:45 a.m.

This class is for participants familiar with most frequently used line dance steps. Turns and brisk footwork are included. Dancers will expand their repertoire of dances at all levels: from beginner/improver to the intermediate levels. Waltzes, in triple time, will also be part of the repertoire. New Participants are welcome!

****Cost is $3 payable to instructor at the door.*

Line Dancing Class with Belinda Cytlak

Beginner's Line Dancing

Mondays at 2:15 p.m.

This class is for those that are familiar with the basic line dancing steps and dances. Are you ready to build onto those skills? Then this class is for you! Join in on this Beginner's level Line Dancing class that will focus on building onto the basics with incorporating new steps and dances. For those that have no previous line dancing experience, taking introduction to line dancing class is encouraged but not required before taking this class.
New participants are welcome!

****Cost is $3 payable to instructor at the door.*

In-Person Programming Descriptions

Do you have Silver Sneakers? Then check out these classes!

SilverSneakers®

Silver Sneakers classes with Gavin Pitt:

Stability

Tuesdays at 10 a.m.

This class is designed to improve balance, agility, mobility and power. It is slow paced and does not include cardio. If you are looking to strengthen your core and improve your balance and mobility, then this class is for you! Give it a try!

The cost is $3.00 for non silver sneakers members payable to instructor at the door.

Chair Yoga

Tuesdays at 11 a.m.

Move through classic yoga poses to increase flexibility, balance and range of motion. The classic poses are adapted to being seated, although there is some standing. The focus is on doing the poses with intention and awareness of one's body.

The cost is $3.00 for non silver sneakers members payable to instructor at the door.

Tai Chi

Wednesdays and Thursdays at 11 a.m.

Tai Chi for Health has a focus on moving and balancing and safety. Whether you are a first time person or have done Tai Chi before, you are welcome! We will learn several forms which are easy to learn and very beneficial to the body, mind and Spirit. Come check it out!

The cost is $3.00 for non silver sneakers members payable to instructor at the door.

Silver Sneakers classes with Angie Mourton:

Classic

Mondays and Wednesdays at 1 p.m.

This class focuses on strengthening muscles and increasing range of movement for daily life activities. Participants can use hand-held weights, elastic tubing with handles and a Silver Sneakers ball. Often a chair is used for seated exercises or standing support. Equipment is limited, you are encouraged to bring your own.

The cost is $3.00 for non silver sneakers members payable to instructor at the door.

Chair Yoga

Thursdays at 1 p.m.

This class is a fusion of flexibility, endurance and balance that we all can use over time. It also helps with stress management. This class is primarily done in a chair but may have some standing with modification moves shown by the instructor.

The cost is $3.00 for non silver sneakers members payable to instructor at the door.

Art Classes with Mary Jane Erard
Tuesdays and Thursdays at 12:30 p.m.

Mary Jane is a well known regional artist and is represented by the Toledo Museum of Art. All students regardless of your experience with art are welcomed to join Mary Jane on Tuesdays and Thursdays!

Tuesday classes: bring your favorite medium and there will be a guided class instruction on a specific picture with your favorite medium!

Thursday classes: bring your own project and work at your own pace! Mary Jane will assist you with your own personal projects.
This promises to be a fun and informative way to learn art with your friends at the center. New participants are welcome!

Cost is $5-$10 per class payable to the instructor at the door.

Chair Zumba with Vickie Geha

Mondays and Thursdays at 9 a.m.
Wednesdays at 10 a.m.

This class incorporates movements taken from Latin dances like the merengue, salsa, and cha cha to create an exhilarating program that aims to improve overall energy, core stability, muscular strength, cardiovascular endurance, and motor skills. New participants welcome!
$2 per class payable to instructor at the door

Jazzercise Lo with Christy Owed
Mondays, Wednesdays and Fridays at 11 a.m.

Jazzercise lo is a low impact energetic workout that combines dance cardio, with strength, balance and core work. If you love music and love to dance, Jazzercise lo is a great way to workout while feeling like you're at a dance party with friends!

Join us for your first class free!

For any questions at all or regarding pricing please contact Christy Owed directly at 419-460-1734

Cardio Drumming with Vickie Geha

Tuesdays at 3 p.m. and Wednesdays at 9 a.m.

This class takes a simple movement - drumming - and turns it into a full-body workout that will leave you smiling, sweating, and feeling great! It brings together drumsticks, an exercise ball, and an exercise ball stand to create one of the most fun workouts you'll ever do. Equipment is limited, but provided on a first come first-served basis. Feel free to bring your own!
$2 per class payable to instructor at the door

Hooks, Yarn & Needles between Friends
Wednesdays at 1 p.m.

This group is open to knitters of all abilities! Whether you are new, or have been at it for years, whether you quilt, knit, crochet, loom, needle point, cross stitch or do embroidery, this group is for you! There are needles and some practice yarn available. Beginners are welcome, come check it out! **In need of size 7 or larger knitting needles.**

Open Sew group

Calling all quilters and sewers!

This group meets every Monday from 10 a.m. -2 p.m.
Please bring your own equipment and extension cord. Tables and chairs will be provided.

The group will have a built-in lunch break at 11:45 a.m., join us to dine-in for a delicious meal at the Center or pack your own lunch. Call 419-893-1994 to make your lunch reservation.

NEW!

BINGO!
Wednesdays at 12:45 p.m.

Join in on the fun at the Maumee Senior Center with our weekly Bingo! Come for lunch and stay for Bingo! See you there! Call 419-893-1994 for any questions.

Book Club, Cards, Crafts

MSC Book Club with Jane Berger
Monday, December 12th at 10 a.m.

The MSC Book Club is reading:

The Secret Stealers

By: Jane Healey

A female American spy in Nazi-occupied France finds purpose behind enemy lines in a novel of unparalleled danger, love, and daring by the Amazon Charts bestselling author of The Beantown Girls. Anna Cavanaugh is a restless young widow and brilliant French teacher at a private school in Washington, DC.

Books are available to check out at the Maumee Branch Library or pick up in Tiffany's office.

This group is always looking for new participants and typically meets on the second Monday of every month! Some dates may be subject to change.

Call 419-893-1994 if you have any questions.

Holiday Rock Painting!

Thursday, December 8th
10-11:30 a.m.

Join us and our wonderful volunteer, Jan Finck, for a Holiday Rock Painting class on Thursday, December 8th!

Cost is $5 which includes 2 rocks per person and all painting materials.

Registration required—call 419-893-1994 by Tuesday, December 6th to reserve your spot!

Be sure to also make your lunch reservation if you'd like to stay for lunch afterwards!

Hope to see you there!

MSC Cards and Games of Strategy!

- Mondays 12:30 pm: **Duplicate Bridge**
- Mondays 12:30 pm: **Hand & Foot**
- Tuesdays 10:00 am: **6 Handed Euchre**
- Tuesdays 12:30 pm: **4 Handed Euchre**
- Tuesdays 12:30 pm: **Phase 10**
- Wednesdays 10:30 am: **Pokeno**
- Wednesdays 12:30 pm: **Poker**
- Thursdays 12:30 pm: **Phase 10**
- Thursdays 12:30 pm: **6 Handed Euchre**
- Thursdays 12:30 pm: **Duplicate Bridge**
- Thursdays 1:00 pm: **Mahjong**
- Fridays 12:30 pm: **Pinochle**
- Fridays 12:30 pm: **Skip Bo**
- ***PUZZLES: Available daily in the library!***

Don't see a card game that you're interested in? Let's start a new game!
Contact Tiffany at 419-893-1994 to share your ideas!

DR= Dining Room, BR= Big Room, ER= Education Room, LL= Lower Level

SHADES OF IRELAND

Maumee Senior Center, 2430 S. Detroit

- Traditional Irish evening, complete with regional cuisine
- Choose between a ride with a local guide or a walking tour of Dublin's sites.
- Live the legend at the Blarney Stone and much more!

Book before Feb. 6, 2023 and Save $300 Per Person:

$4,299 Double	Now: $3,999
$4,999Single	Now: $4,699
$4,269 Triple	Now: $3,969

Shades of Ireland Tour
August 5-14, 2023 with Collette Tours

Highlights include:

- 10 Days, 13 Meals (8 breakfasts & 5 dinners)
- Emerald Isle

BOOK TODAY TO SAVE $$$$
IF YOU ARE INTERESTED IN THIS TRIP, CONTACT MALINDA TO PLACE A DEPOSIT AND RESERVE YOUR TRIP TICKET!

CALL MALINDA AT 419-893-1994, EMAIL MAUMEESENIORCENTER@GMAIL.COM OR SIGN UP AT THE FRONT DESK TO ATTEND!

Postcards from Vermont

TRAVEL PREVIEW

Tues., Jan. 24 at 3 p.m.

Maumee Senior Center, 2430 S. Detroit

- Lake Champlain Cruise
- Maple Sugar House
- The Lincoln Family Home & much more!

Book before March 29, 2023 and Save $200 Per Person:

~~$3,199~~ Double	Now: $2,999
~~$3899~~ Single	Now: $3,699
~~$3,169~~ Triple	Now: $2,969

Postcards from Vermont Tour
Sept. 29-Oct. 5, 2023 with Collette Tours

Highlights include:

- 7 Days, 10 Meals (6 breakfasts, 1 lunch & 3 dinners)
- Quechee Gorge

LEARN MORE ABOUT THIS AMAZING TRIP!
Attend the Travel Preview
Jan. 24, 2023
3 p.m.
Maumee Senior Center

Save your seat by signing up in advance!

CALL MALINDA AT 419-893-1994, EMAIL MAUMEESENIORCENTER@GMAIL.COM OR SIGN UP AT THE FRONT DESK TO ATTEND!

GRACE FAMILY FELLOWSHIP

We are changing our name to:

Grace Communion - Maumee

to better reflect our goal of serving within the Maumee community.

A small Christian church that meets every Sunday at 10:30 a.m. in the Maumee Senior Center Dining Room.

Web site: www.gcmaumee.org

SERVING
OUR COMMUNITIES SINCE 1947

We feel we should generously share our **time**, **talents**, and **financial resources** in pursuit of solutions to our social problems and in support of other worthwhile community endeavors. We also encourage and stimulate others, including our employees, to do the same.

The Andersons

andersonsinc.com

Community Speakers, Evening Meal, How to Donate

If you would like to make a monetary donation to help the Maumee Senior Center,
please mail a check to:
2430 S. Detroit, Maumee, OH 43537
or donate through Paypal by clicking the
Donate button on our website at
MaumeeSeniorCenter.com

THANK YOU!

December Evening Meal "Grab & Go"

Tuesday, December 20th, 2022 from 4-4:30p.m.

On the menu: Chicken-Fried Steak, mashed potatoes & gravy, broccoli, fruit, bread and butter, & milk.

Suggested meal donation is $3.50

Reservation required by December 16th!

Call 419-893-1994 to Reserve your meal.

Pick up is at the front door of the building.

December Community Speakers:

**Please arrive 10 minutes early

Wednesday, December 7th at 11 a.m.
Welcome The Maumee Police Department!
They will be speaking about:
"Scams"

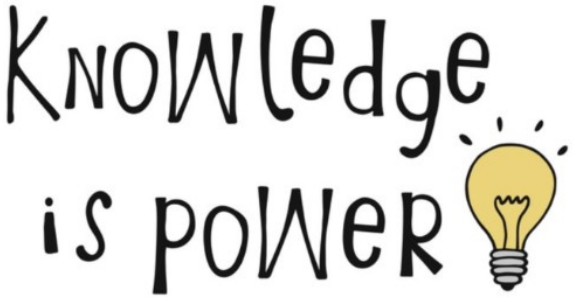
Tuesday, December 13th at 11 a.m.
Welcome Pat from St. Clare Commons!
Pat will be speaking about:
"Healthy Aging Tips: Stress Relief"

Wednesday, December 14th at 11 a.m.
Welcome Med1Care!
They will be speaking about:
"Maintaining Independence with home healthcare"

Friday, December 16th at 11 a.m.
Welcome St. Luke's Pharmacy!
They will be speaking about:
"Vaccinations in the 65+ population"

Tuesday, December 20th at 11 a.m.
Welcome Erica from Rehabilitation Hospital of NWO!
Erica will be speaking about:
"You leave the hospital—what's next?"

These presentations are right before lunch and we would love to have you join us! Call 419-893-1994 to make your lunch reservation today!



MSC December 2022 Menu

DINE IN:
RESERVATIONS SHOULD SPECIFY WHICH ENTRÉE OPTION: 1 OR 2

GRAB & GO:
OPTION 1 ONLY

Evening Meal Grab & Go:
Tuesday, Dec. 20 at 4pm
Menu: Chicken-Fried Steak with mashed potatoes & gravy, broccoli, fruit, bread & milk. Plus a Holiday Sweet Treat!

Suggested donation is $3.50

****INGREDIENT INFO AVAILABLE UPON REQUEST****

Monday	Tuesday	Wednesday	Thursday	Friday
28 Cheese Tortellini & Peas **OR** Meatballs w/Sauce, peas, cinnamon applesauce, bread & milk	**29** Chicken Pot Pie **OR** Egg Salad Plate, stewed tomatoes, pears, bread & milk	**30** Hamburger Gravy **OR** Fish Patty, mashed potatoes, corn, peaches, bread & milk	**1** Smoked Sausage on Bun **OR** Chicken, Cabbage & Potatoes, mixed fruit, bread & milk	**2** Beef & Noodles **OR** Veal Patty w/gravy, small carrots, banana, bread & milk
5 Open Face Turkey Sandwich w/Gravy **OR** Fish Patty, mashed potatoes, green beans, bread & milk	**6** Shepherd's Pie w/Sliced Tomatoes **OR** Pork Chop, peas & carrots, pineapple, bread & milk	**7** Scalloped Potatoes & Ham **OR** Beef Patty, stewed tomatoes, peaches, bread & milk	**8** Chicken Patty **OR** Loaded Baked Potato, broccoli, tropical fruit, bread & milk	**9** Hot Dog on Bun, French fries, pears & milk
12 Fish Patty, steak fries, applesauce & milk	**13** Macaroni & Cheese **OR** Pork Chop, stewed tomatoes, peaches, bread & milk	**14** Veal Patty w/Gravy **OR** Tuna Noodle Casserole, peas, banana, bread & milk	**15** Bratwurst on Bun, sauerkraut, fruit cocktail, & milk	**16** Meatball Sub w/ Cheese **OR** Cottage Cheese Plate, corn, pineapple, crackers & milk
19 Grilled Cheese **OR** Beef & Potatoes, tomato soup, broccoli, peaches, crackers & milk	**20** Pizza **OR** Fish Patty, peas, mixed fruit, bread & milk **EVE. GRAB & GO 4-4:30 P.M.**	**21** Creamed Chicken over Biscuit **OR** Pierogi & Sauteed Onion, brussels sprouts, grapes & milk	**22** Sausage w/Potatoes, Peppers & Onions **OR** Beef Ravioli, cauliflower, applesauce, bread & milk	**23** **CLOSED FOR HOLIDAY**
26 **CLOSED FOR HOLIDAY**	**27** Pork w/Gravy **OR** Baked Chicken, mashed potatoes, peas & carrots, pineapple, bread & milk	**28** Beef Stew **OR** Ham Sandwich, chips, cinnamon apples, bread & milk	**29** Liver & Onions **OR** Pork Chop, green beans, tropical fruit, bread & milk	**30** Chicken Stew **OR** Hamburger on Bun, mixed veggies, mixed fruit, bread, **BIRTHDAY CAKE** & milk

Call **419-893-1994** to reserve your dine-in or curbside meal pickup. Suggested senior donation is $2.50. Dine-in is at 11:45 and curbside pickup is between 12:30-1 p.m. Please call 24-48 hours in advance if you would like to be added to our dine-in or curbside pickup. ***Menu items subject to change.***

Maumee Senior Center
2430 S. Detroit Ave.
Maumee, OH 43537
Phone: (419) 893-1994

Facebook.com/maumeeseniorcenter
www.maumeeseniorcenter.com

MISSION STATEMENT: The mission of the Maumee Senior Center is to create an atmosphere which affirms the dignity and self-worth of the older population by serving their physical, emotional and economic well-being while encouraging their independence and continued participation in the community.

Maumee Senior Center's WISH LIST

The Maumee Senior Center is here to serve you. However, as a non-profit organization, we must be frugal. Consider donating new or used items on our Wish List.

Cleaning Supplies:
Clorox or Lysol wipes
Dawn Dish Soap
Hand sanitizer
Silverware (all kinds, mainly spoons)
Paper towels

Gift Cards:
Gift cards, cash gift cards and gas cards

Miscellaneous/Kitchen:
11 x 17 copy paper
Bottles of Wine
Plastic silverware
Napkins
Large canned fruit and vegetables from GFS

Check out our Walmart Registry!
https://www.walmart.com/registry/RR/09a8abbb-0113-4b38-999a-3e9c9095aca4

We greatly appreciate your support!

UPCOMING EVENTS!

December 3:
Breakfast with Santa

December 7:
Board Christmas Party

December 12:
Centerpieces & Celebrations Workshop

January 1, 2023:
Happy New Year All!

January 13, 2023:
Blizzard Bingo & Raffle Night
Plus All-You-Can-Eat Spaghetti