Maumee Senior Center News

2430 S. Detroit Ave. Maumee, OH 43537
◆ Phone (419) 893-1994◆
www.maumeeseniorcenter.com
www.facebook.com/maumeeseniorcenter

MARCH 2026

MSC MAUMEE SENIOR CENTER

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Drivers: **Sue LaFountaine & Dennis Oberhauser**

Programs and services at the Maumee Senior Center are partially funded by the Older American's Act, the Lucas County Senior Services Levy, City of Maumee, and other state and federal sources, as well as, fundraisers, memberships, sponsorships and donations. Donations to the center for its programs and services are gratefully accepted.

Board, Retirement Fair

MSC Board of Trustees:

Joe LaChapelle
Maria Zapiecki
Chris Blakely
Heather Cole
John Gouttiere
Genevieve Stults
Pat Viertlbeck
Darryl Lycourt
Doug Swary

Advisory Committee:

Chris Blakely– Chairman, and Ginny Hiser

The Advisory Committee is a group of representative Senior Center participants. To offer concerns or questions for the Advisory Committee, contact the Advisory Committee by e-mail at: mscadvisory@gmail.com or any of the participants.

ATTENTION:

Opinions of guest speakers and advertisements are not necessarily those of the Maumee Senior Center. Although Maumee Senior Center is proud to advertise quality businesses and products, we do not endorse these companies in a mutually exclusive manner.

WEATHER POLICY

The Maumee Senior Center will typically remain open unless declared a level 3. Center may otherwise close at the directors discretion. As always, please use your best judgement for your own safety when leaving your home to travel.

FOGUTH
Financial Group

Dreaming of Retirement?

Make Your Dreams A Reality at the MSC Retirement Fair!

Wednesday, April 29, 2026

3:30 p.m.-7 p.m.

Maumee Senior Center, 2430 Detroit Ave.

FREE ADMISSION!

3:30-4:30 p.m.: Hot Topic Presentation

Social Security Expert, Erin Thompson, Public Affairs Specialist from the Social Security Administration, *"Tips for Social Security in 2026."*

4-7 p.m.: Resource Fair

Talk 1-on-1 with local agencies on Finances, Medicare, Selling Your Home, Part-Time Jobs & Volunteer Opportunities, Hobbies & More!

Plus:

Food Trucks Available,
Raffles and a Grand Prize Drawing!

Sponsored by:

FOGUTH Financial Group
and
Walker Funeral Homes & Crematory

For More Info, Call 419.893.1994 or Email: maumeeseniorcenter@gmail.com

Congratulations to our 2026 Silver Ladle winner: Dorothy Cramer!

Dorothy made her famous Lasagna soup which ended up being the crowd favorite amongst 12 soups that were entered into the contest!

Thank you to all of the cooks and volunteers of this event, it was an enjoyable and filling experience for all!
Hope to see you all again next year!

Thank you to our sponsors: Athletico Physical Therapy and Arista Home Care!

Maumee Senior Center 2026 Participant Surveys will be distributed throughout the month of March.

Surveys can be found at the front desk of the MSC— please grab one when you visit. They will also be available electronically and can be accessed by scanning the QR code above.

Completed surveys need to be turned in to the front desk/ or submitted electronically by April 6th.

A lucky winner from the surveys will be randomly drawn to receive a gift card $$$!

These surveys help us better serve you and we hope that you will share your feedback with us!

Plan to attend—Maumee Senior Center's Annual Membership Meeting on:
Thursday, April 16th at noon in the dinging room.
See you there!

Stepping On

A FREE 7 Week Workshop with UToledo Health

Stepping On can help you avoid dangerous falls so you can keep doing the things you love!

Reduce falls by 30%

-Identify and avoid fall hazards
-Adaptable strength and balance exercises
-Proper vision, hearing, medication and footwear information
-Getting back on your feet

Every Tuesday at the Maumee Senior Center:
March 24th-May 5th,
9:30-11:30 a.m.

Registration required. Space is limited.
To register please call the Maumee Senior Center at 419-893-1994

Opportunities to Support the MSC

Are you looking for ways to support the Maumee Senior Center? Below are some ways that you may be able to help us continue to serve area seniors! If you have any questions, please give us a call at 419-893-1994. Thank you!

Are you enjoying your time at the Maumee Senior Center?

If your answer is 'yes!' then please consider writing us a review on our Facebook and Google pages! Positive reviews help people find the Maumee Senior Center and to connect them to our valuable services, programs and resources. We appreciate your support!
Type in 'Maumee Senior Center' to Facebook and Google to find our pages.

Give us a follow on Facebook for updates!

facebook ★★★★★ Google Reviews ★★★★★

We are in need of small pre-wrapped candy for our Breakfast with The Easter Bunny event on Saturday, March 28th.

You can leave donations at the front desk.

Deadline is Monday, March 23rd

Thank you so much!

~Legacy of Love~

The Maumee Senior Center welcomes monetary gifts to memorialize family and friends or to honor individuals who are involved in our programs and services. Legacy of Love donations help secure the future of the Maumee Senior Center for older adults. Many lives have been forever changed by the generous contributions of others.
The Maumee Senior Center is grateful for any monetary donations. Please keep the Maumee Senior Center in mind as you think about your future planning so we can continue your Legacy of Love serving seniors in your honor.

The Maumee Senior Center is always looking for volunteers for our fundraising events and daily services!

Our upcoming events with volunteer needs:

Breakfast with the Easter Bunny
Saturday, 3/28

Retirement Fair
Wednesday, 4/29

Contact Tiffany or Laree at 419-893-1994 or at mscprogramcoordinator@gmail.com to learn more about our volunteer opportunities!

If you would like to make a monetary donation to help the Maumee Senior Center,
please mail a check to:
2430 S. Detroit, Maumee, OH 43537
or donate through Paypal by clicking the *Donate button* on our website at MaumeeSeniorCenter.com

Monetary donations help the MSC to continue programs and services.

THANK YOU!

MSC Transportation Service: 419-377-8113

The Maumee Senior Center offers transportation to those 60 and older to medical appointments, the grocery store and round trips to and from the Maumee Senior Center Monday-Friday!

Do you live in the Maumee, South Toledo, Monclova, Holland, Neapolis, Waterville or Whitehouse areas and need a ride? Give us a call!

Call our driver at 419-377-8113 at least 24-48 hours in advance to schedule a ride. There is no guarantee that transportation will be available at your time of need, however we will try our best to schedule you at your preferred time! Please call as early in advance as possible to reserve your spot.

Costs is $3 suggested donation for round trip

*If you are in need of groceries, **see below** for our online grocery ordering delivery service.*

Ways to receive our Monthly Newsletter:

For just $15 per year you can receive the MSC Newsletter right to your home. You can also receive our newsletter by e-mail or by accessing our website at

www.maumeeseniorcenter.com or by subscribing by email at: mscprogramcoordinator@gmail.com

Senior Centers…

Serve as a gateway to the nation's aging network—connecting older adults to vital community services that can help them stay healthy and independent.
-National Council on Aging

Call us at 419-893-1994 to find a program to join at the Maumee Senior Center today!

ADVERTISING SPACE AVAILABLE!

Are you interested in advertising your business in the Maumee Senior Center Newsletter?
Then this could be the opportunity for you!

Contact Tiffany at 419-893-1994 for more information regarding our newsletter advertising opportunities.

Online Grocery Ordering Delivery Service

Are you in need of groceries and are unable to leave your home? Then give the Maumee Senior Center a call to assist you with ordering your groceries online and to get them delivered right to your door!

All you will need before calling the MSC is:

- A credit or debit card on hand— **you must be comfortable with a MSC staff member receiving your card information to order your groceries for you**
- Written out grocery list for time efficiency— **limit of 20 grocery items**

Call the Maumee Senior Center about 24-48 hours before you know you will be in need of these grocery items to ensure you will receive your items in a timely manner.

There is no guarantee for day of grocery delivery.

Call: 419-893-1994

GRACE COMMUNION
MAUMEE

Do you need a place to go for Easter?

Good Friday service - April 3rd at 6:30pm in the Maumee Senior Center Activity room.
Easter Service - April 5th at 10:30am in the Maumee Senior Center Dining Room.

We are a small church that meets every Sunday at 10:30am in the M. S. Dining Room.

Web site: www.gcmaumee.org

Free Walk-In Health Screenings at the Maumee Senior Center!

The first Thursday of every month, Mercy Health will offer a free Glucose and Blood Pressure clinic.

The upcoming Mercy Health Clinics will be:
Thursday, March 5th
Thursday, April 2nd
11am-1 p.m.

MERCYHEALTH

The third Tuesday of every month, UToledo Health will offer a free Blood Pressure clinic.

The next UToledo Health Clinic will be:
Tuesday, March 17th: 2-3pm
Tuesday, April 21st: 10-11:30am

UTOLEDO HEALTH

Take control of your health and be sure to take advantage of these free clinics at the MSC!

Caregiver Support Group
Tuesday, March 24th at 10 a.m.

Caring for a loved one can be stressful and we want to support you! Please join us to share your story and ideas and to meet other people in similar situations.

Register by calling 419-893-1994 or email—mscoutreachcoordinator@gmail.com

Free Legal Consultations

The upcoming date for Legal Consultations are:

Tuesday, March 3rd
And Tuesday, April 7th

Schedule your 30 minute appointment with the Attorney by calling the MSC at 419-893-1994

NEW! Mobile Foot Care Clinic

The Maumee Senior Center has partnered with Dr. Kim Carlson, DPM to have monthly 45 minute appointment foot care clinics here at the MSC!

The upcoming foot clinic are scheduled for:

Tuesday, March 17th and Tuesday, April 21st

Dr. Kim Carlson, DPM specializes in: basic toenail clipping, toenail and callus debridement. These gentle and effective procedures will help reduce discomfort and improve overall foot health. Perfect for individuals with nail conditions, mobility challenges, or those seeking preventative care. Free foot assessment with every visit!

Benefits:

- *Relieves pressure and pain*
- *Improves nail appearance and hygiene*
- *Helps prevent infections*

Appointments cost $45 per person payable to Dr. Kim on the day of appointment by cash, check, card.

Registration is required. Call 419-893-1994 or stop by the front desk to reserve your spot!

Tiny Tools Loan Program

(MSC Assistive Devices Available on Loan to Make Life Easier)

The Maumee Senior Center now offers a loan program specifically for assistive devices.

Items include:

Adaptable Seat Devices
Foot Peddler Machines for Circulation
Magnifying Glasses
Low Vision Lights
Other Low Vision Devices
Card Holders for Arthritic Hands
Grabber Sticks for low or high placed items
Assistive Bottle Openers
Writing Assistive Tools for Arthritic Hands
Assistive Eating Utensils for Arthritic Hands
Tablets with Audio Books from the Toledo Lucas County Public Library

Try It Before You Buy It!

To borrow a device, stop and see Laree or any staff person.
Please, return the item in the same or better condition

Booster Membership Information

MSC Booster Club membership dues are $30 for 12 months.

FOR JUST $30 A YEAR YOU WILL RECEIVE:

*Deep gratification in knowing that you are helping support an effort to help other seniors in the community through the Maumee Senior Center.

*1 FREE Dinner in the spring and 1 FREE Holiday Dinner at the Maumee Senior Center. Value=$40

*FREE recognition in MSC newsletter's birthday section and at the birthday party of your birthday month, MSC makes the suggested lunch donation in your honor. Value=$2.50

*Discounted fee for a classified listing in the MSC newsletter.

*Exclusive Booster Club Member Only Mailings & Specials.

*Special discount on day trips with Malinda.

*Friends, Fun, & Fellowship.

*Ask us how you can get 25% off your new membership!

Be a Booster!

Join today by calling 419-893-1994 for a new member form!

Birthday Lunches for Booster Members!!

March Birthday lunch is on Tuesday the 31st

The Maumee Senior Center will celebrate your birthday by making a lunch donation for you and providing birthday cake!

Call 419-893-1994 to make your birthday lunch reservation!

We Proudly welcome our New MSC Booster Members:

Deborah Rudicil
Joy Sweet
Mary Fowler
Ken & Donna Dulinski
Lori Schroeder
Ron & Marti Butcher
Sandra Poto
Thomas Lance
Katy Harrison

Kathy Ciminillo
Barbara Burmeister
Pat Peace
Bonnie Schmeltz
Mary Schmeltz
Linda Zwierlein
Christine Ryan
Cathleen Norman
Thomas Lance
Lynne Rawlins

We had 17 people renew their memberships this month– thank you so much for your support!!

Happy Birthday to all of our March MSC Booster Members!

Nigrovic	Elisabeth	3/3
Birt	Richard	3/4
Byrne	Cherie	3/5
Cedargren	Deanna	3/5
Monnin	Julie	3/5
Panek	Virginia	3/5
Dunn	Sharon	3/7
Poznanski	Kathryn	3/8
Washtak	Gail	3/9
Opaczewski	Mary	3/11
Macklin	Barb	3/13
Raftery	Shirley	3/13
Utterback	Terry	3/13
Porter	Georgia	3/14
Damrauer	Bev	3/16
Dunn	Judy	3/20
Munger	Michael	3/21
Sharp	Carolyn	3/21
King	Renee	3/22
Unger	Karen	3/22
Shadle	Tom	3/23
Yost	Shelley	3/23
Walsh	Meng	3/24
Hanrahan	Elisabeth	3/25
Broadway	Deanna	3/26
Rambo	Glenn	3/28
Jarabek	Donald	3/29
Heban	Rick	3/31

MSC Virtual ZOOM Programs

Silver Sneakers classes with Sheila Brown

Cardio & Tone

Mondays at 10 a.m.

This is an intermediate exercise class for the active older adult. Low impact cardio movements will raise the heart rate, while light resistance equipment will be used to strengthen the muscles. **$3 for non-SS members.*

Stretch & Balance

Thursdays at 10 a.m.

This is a low impact class with dynamic movements and stretches that are the foundation of this class. A chair will be utilized for appropriately half of the exercises making it well suited for beginners! **$3 for non-SS members.*

These classes are virtual, online from the comfort of your home, through ZOOM. Please contact Tiffany at 419-893-1994 or mscprogramcoordinator@gmail.com for more information on how to join these classes. Registration required.

MSC Fitness Room

Equipped with treadmills, bikes, weights & lifting machines, elliptical, pool table, air hockey table, ping pong table, corn hole boards, large TV, fan, and more! All of the equipment is for you to use for free during our business hours!
Come and go as you please, no reservations are required. ****Equipment use is at your own risk.*

****Ping pong paddles and air hockey pucks, etc. can be checked out at the front desk.****

Jazzercise Lo with Christy Owed

Mondays, Wednesdays & Fridays at 11 a.m.

Jazzercise lo is a low impact energetic workout that combines dance cardio, with strength, balance and core work. If you love music and love to dance, Jazzercise lo is a great way to workout while feeling like you're at a dance party with friends!

Join us for your first class free!

For any questions at all or regarding pricing please contact Christy Owed directly at 419-460-1734

JAZZERCISE

Line Dancing Classes at the MSC!

Line Dancing is a great form of exercise that helps to improve strength, muscle function and balance! Sharpen your mind and your coordination and join in the fun with Line Dancing Classes at the MSC—and bring a friend too! Check out these classes below!

Line Dancing Classes with Belinda Cytlak

Men's Beginner's Line Dancing: Mondays at 1:20 p.m.

Beginner's Line Dancing: Mondays at 2 p.m.

This class is for those that are familiar with the basic line dancing steps and dances. Are you ready to build onto those skills? Then this class is for you! Join in on this Beginner's level Line Dancing class that will focus on building onto the basics with incorporating new steps and dances. New participants are welcome!

**Cost is $3 payable to instructor at the door.*

Line Dancing Class with Michael Gurtzweiler

Regular Line Dancing

Wednesdays at 9 a.m. & Thursdays at 9:45 a.m.

This class is for participants familiar with most frequently used line dance steps. Turns and brisk footwork are included. Dancers will expand their repertoire of dances at all levels: from beginner/improver to the intermediate levels. Waltzes, in triple time, will also be part of the repertoire. New Participants are welcome!
**Cost is $3 payable to instructor at the door.*

Do you have Silver Sneakers?
Then check out these classes listed below!

SilverSneakers

Silver Sneakers classes with Gavin Pitt:

Tai Chi

Wednesdays and Thursdays at 11 a.m.

Tai Chi for Health has a focus on moving and balancing and safety. Whether you are a first time person or have done Tai Chi before, you are welcome! A chair is used for seated Tai Chi movements as well.

The cost is $3 for non silver sneakers members

Sitting & Standing Yoga

Tuesdays at 11:15 a.m.

Move through classic yoga poses to increase flexibility, balance and range of motion. The classic poses are adapted to being seated, although there is some standing. Come check it out!

The cost is $3 for non silver sneakers members

Well-Balanced

Tuesdays at 10 a.m.

This class is designed to improve balance, agility, mobility and power. It is slow paced and does not include cardio. If you are looking to strengthen your core and improve your balance and mobility, then this class is for you! Give it a try! *The cost is $3 for non silver sneakers members*

Silver Sneakers Classes with Angie Mourton:

BOOM Muscle

Mondays at 12:15 p.m. & Thursdays at 1:15 p.m.

This class incorporates athletic-based exercises that improve upper body conditioning. You'll move through several "blocks," which are groups of exercises that focus on strengthening different muscle groups.

The cost is $3 for non silver sneakers members

Chair Yoga

Wednesdays at 1:15 p.m. & Fridays at 12:15

This class is a fusion of flexibility, endurance and balance that we all can use over time. It also helps with stress management. This class is primarily done in a chair but may have some standing.

The cost is $3 for non silver sneakers members

Silver Sneakers Circuit with Amber Langley:

Tuesdays at 10:15 a.m. and Wednesdays at 12:15 p.m.

This is an intermediate, standing fitness class that blends low-impact aerobic choreography with strength training, utilizing handheld weights, elastic tubing and a ball to build cardiovascular endurance, muscle strength and improve overall functional fitness. Equipment is limited, you are encouraged to bring your own.

The cost is $5 for non silver sneakers members payable to instructor at the door.

Chair Zumba with Vickie Geha

Mondays and Thursdays at 9 a.m.
Wednesdays at 10 a.m.

This class incorporates movements taken from Latin dances like the merengue, salsa, and cha cha to create an exhilarating program that aims to improve overall energy, core stability, muscular strength, cardiovascular endurance, and motor skills. New participants welcome!

$2 per class payable to instructor at the door

ZUMBA

Cardio Drumming with Vickie Geha

Tuesdays at 3 p.m. and Wednesdays at 9 a.m.

This class takes a simple movement - drumming - and turns it into a full-body workout that will leave you smiling, sweating, and feeling great! It brings together drumsticks, an exercise ball, and an exercise ball stand to create one of the most fun workouts you'll ever do. Equipment is limited, but provided on a first come first-served basis. Feel free to bring your own!

$2 per class payable to instructor at the door

MSC Daily Activities

Lunch is served daily Monday-Friday at 11:45 a.m.

Mondays:
9 a.m. – Chair Zumba with Vickie Geha
10 a.m. – VIRTUAL SS Cardio & Tone with Sheila Brown
11 a.m. – Jazzercise Lo with Christy Owed
12:15 p.m. – SS BOOM Muscle with Angie Mourton
12:30 p.m. – Duplicate Bridge
12:30 p.m. – Hand & Foot
12:30 p.m. – Mahjong
2 p.m. – Beginner's Line Dancing with Belinda Cytlak

Tuesdays:
10 a.m. – SS Well-Balanced with Gavin Pitt
10:15 a.m. – SS Circuit with Amber Langley
11:15 a.m. – SS Seated & Standing Yoga with Gavin Pitt
12:30 p.m. – Art Class with Mary Jane Erard
12:30 p.m. – 4-Handed Euchre
1 p.m. – Senior Singers Choir
3 p.m. – Cardio Drumming with Vickie Geha

Wednesdays:
9 a.m. – Cardio Drumming with Vickie Geha
9 a.m. – Regular Line Dancing with Michael Gurtzweiler
10 a.m. – Chair Zumba with Vickie Geha
10:30 a.m. – Pokeno
11 a.m. – SS Tai Chi with Gavin Pitt
11 a.m. – Jazzercise Lo with Christy Owed
12:15 p.m. – SS Circuit with Amber Langley
12:45 p.m. – BINGO
1 p.m. – Knitting
1:15 p.m. – SS Chair Yoga with Angie Mourton

Thursdays:
9 a.m. – Chair Zumba with Vickie Geha
9:45 a.m. – Regular Line Dancing with Michael Gurtzweiler
10 a.m. – VIRTUAL SS Stretch & Balance with Sheila Brown
11 a.m. – SS Tai Chi with Gavin Pitt
12:30 p.m. – 6-Handed Euchre & 4-Handed Euchre
12:30 p.m. – Duplicate Bridge
1:15 p.m. – SS BOOM Muscle with Angie Mourton

Fridays:
11 a.m. – Jazzercise Lo with Christy Owed
12:15 p.m. – SS Chair Yoga with Angie Mourton
12:30 p.m. – Pinochle
12:30 p.m. – Skip Bo

BINGO!
Wednesdays at 12:45 p.m.

Join in on the fun at the Maumee Senior Center with our weekly Bingo! Come for lunch and stay for Bingo! See you there!
Call 419-893-1994 for any questions.

Hooks, Yarn & Needles between Friends
Wednesdays at 1 p.m.

This group is open to knitters of all abilities! Whether you are new, or have been at it for years, whether you quilt, knit, crochet, loom, needle point, cross stitch or do embroidery, this group is for you! There are needles and some practice yarn available.
Beginners are welcome, come check it out!

Art Classes with Mary Jane Erard
Tuesdays at 12:30 p.m. and Special Thursdays as noted below:

Mary Jane is a well known regional artist and is represented by the Toledo Museum of Art. All students regardless of your experience with art are welcomed to join Mary Jane on Tuesdays and Thursdays!

Mary Jane can assist you with a variety of different mediums included but not limited to: water color, pastel, oils, acrylics, colored pencil, painting, drawing, etc.
If you have any questions or would like to meet the instructor, stop by class anytime on Tuesdays.

Cost is $7 per class payable to the instructor at the door.

Thursday, March 12th
Acrylic or Pastel Seascapes

Thursday, March 26th
Watercolor or Pastel Maumee River or Magee Marsh

Join us for these 2.5 hour workshop classes to learn about watercolors, pastels and acrylics to create your own beautiful scenes! These classes are suitable for beginners and intermediate painters. Come check it out!
Open to all ages

Cost: $25- all supplies included

Call 419-893-1994 to reserve your space today!

Maumee Senior Center Singers
Tuesdays at 1 p.m.

The Maumee Senior Center Singers are led by Director Jim Burns. The choir has presented hundreds of performances in Northwest Ohio.
Love to Sing? Come to singers practice sessions **Tuesday afternoons at 1 p.m.** at the Senior Center! Beginners welcome**!**

For more information: Call 419-893-1994

Creative Card Making Classes

Tuesday, March 24th from 10-11:30

All supplies necessary to complete this project are included. We will walk you through each step of the design, which you will place in a hand stamped envelope for mailing to your friends and family. Join us for a fun and creative DIY workshop with Ruth.

Card theme is: St. Patrick's Day & Spring !

Cost is $8 per person which includes 3 cards. Please call 419-893-1994 or stop by the front desk to make your reservation.

MSC Book Club with Jane Berger
Monday, March 9th

For March, the MSC Book Club is discussing:

The Most Fun We Ever Had
By: Claire Lombardo

For April, the MSC Book Club will be discussing:

Tom Lake
By: Ann Patchett

This group is always looking for new participants and typically meets on the second Monday of every month. Some dates may be subject to change.
Call 419-893-1994 if you have any questions.

MSC Cards and Games of Strategy!

- Mondays 12:30 pm: **Duplicate Bridge**
- Mondays 12:30 pm: **Hand & Foot**
- Mondays 12:30 pm: **Mahjong**
- Tuesdays 12:30 pm: **4 Handed Euchre**
- Wednesdays 10:30 am: **Pokeno**
- Wednesdays 12:45 am: **BINGO**
- Thursdays 12:30 pm: **6 & 4 Handed Euchre**
- Thursdays 12:30 pm: **Duplicate Bridge**
- Fridays 12:30 pm: **Pinochle**
- Fridays 12:30 pm: **Skip Bo**

Puzzles, Books, Magazines and Board Games are available daily in the library!

Don't see a card game that you're interested in? Let's start a new game!
Contact 419-893-1994 to share your ideas!

Waterville Library Programs

We have expanded our senior programs and services to the Waterville Public Library!
Stop by the Waterville Library or check out our website at www.maumeesenior.com for more information regarding the meal program and services offered.

Senior Mondays & Fridays

Maumee Senior Center At The Waterville Branch Library

March 2026

Meal & Program Information

Meals Provided By The Maumee Senior Center. Menu And Meal Dates Subject To Change. Ingredient Information Available Upon Request. Major Food Allergens Used As Ingredients Include: **Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soy, and Sesame.** Please Notify A Food Employee For More Information.

Meal Reservations: Call 419-893-1994 At Least 24 Hours Before Pick-Up Date. **Meal Pick-Up:** 12:15–1:00 Pm (Mondays & Fridays) **Activities:** 12:45–1:45 Pm

DATE	MEAL & PROGRAM
MONDAY, MARCH 2	**MEAL:** SMOKED SAUSAGE ON BUN, PEAS, MIXED FRUIT, MILK **PROGRAM:** STORY TIME & SHARE A LIFE STORY
FRIDAY, MARCH 6	**MEAL:** PIEROGI WITH SAUTÉED ONIONS, LIMA BEANS, PEACHES, WHEAT BREAD, MILK **PROGRAM:** METROPARKS UPDATE — PRESENTATION BY TOLEDO METROPARKS
MONDAY, MARCH 9	**MEAL:** CHEESE TORTELLINI, GREEN BEANS, MIXED FRUIT, WHEAT BREAD, MILK **PROGRAM:** YOUR HOME, YOUR NEXT CHAPTER — DANBERRY REALTOR PRESENTATION
FRIDAY, MARCH 13	**MEAL:** CHEESE PIZZA, ONION RINGS, PINEAPPLE, MILK **PROGRAM:** CRAFT DAY WITH OTTERBEIN
MONDAY, MARCH 16	**MEAL:** SMOKED SAUSAGE, MIXED VEGETABLES, CINNAMON APPLES, WHEAT BREAD, MILK **PROGRAM:** ST. PATTY'S DAY PARTY WITH GAMES
FRIDAY, MARCH 20	**MEAL:** TUNA CASSEROLE, GREEN BEANS, MIXED FRUIT, WHEAT BREAD, MILK **PROGRAM:** MAKE & TAKE: BEADED KEY CHAIN
MONDAY, MARCH 23	**MEAL:** GOULASH, CORN, MANDARIN ORANGES, WHEAT BREAD, MILK **PROGRAM:** SEED STARTING 101 — START SEEDS IN EGG CARTONS FOR SPRING PLANTING
FRIDAY, MARCH 27	**MEAL:** CHICKEN AND STUFFING, BEETS, APPLESAUCE, WHEAT BREAD, MILK **PROGRAM:** BINGO SPONSORED BY COMFORT KEEPERS
MONDAY, MARCH 30	**MEAL:** SWEDISH MEATBALLS, PEAS, PEARS, WHEAT BREAD, MILK **PROGRAM:** GAME DAY: LOGO AND TAG LINE TRIVIA WITH PRIZES

MYSTERY DAY Trip

TUES., APRIL 21, 2026
DEPART 9 A.M.
RETURN 4 P.M.

WWW.MAUMEESENIORCENTER.COM

TICKETS ON SALE NOW!

MSC MEMBER: $105

NON-MEMBER: $125

Minimum 40 people required. See a Staff Member to purchase. No refunds.

LEVEL 1

LEVEL 1: Minimal walking through parking lots & drop off locations. Standing while waiting in line and for entrance to tours. Will include steps & uneven surfaces throughout day.

MSC Community Speakers:

Wednesday, March 11th at 11 a.m.

"Music Trivia"
By: Sandy

Wednesday, March 18th at 11 a.m.

"Learn about Senior Scams"
By: Better Business Bureau

Wednesday, March 25th at 11 a.m.

"Learn about available resources"
By: Ability Center

These presentations are right before lunch and we would love to have you join us! Call 419-893-1994 to make your lunch reservation.

Help us restock Wilma's Cupboard!

Thanks to the generosity of our seniors and the community, the Maumee Senior Center is able to offer delicious and nutritious meals to seniors on a daily basis. However, in order to help reduce costs, we are asking for donations to help stock Wilma's cupboards.

This is a great way to support the Maumee Senior Center and to help further to support seniors and services.

We are in need of:

- **Canned fruit (large cans)**
- **Frozen Vegetables**
- **Napkins**
- **Brown Paper Bags size: 5" 1/8 x 3" 1/8 x 10" 5/8**

Please leave donations at the front desk. Thank you!!

LUCK OF THE IRISH PARTY

Tuesday, March 17th at 11am

COME GET LUCKY AT THE MAUMEE SENIOR CENTER!

Enjoy lunch, dessert, trivia and drawings!

WEAR YOUR LUCKY GREEN FOR THE MOST GREEN CONTEST!

Sign up at the front desk today!

MSC March 2026 Menu

The following major food allergens are used as ingredients: *Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soy and Sesame.* Please notify a staff member for more information.

****INGREDIENT INFO AVAILABLE UPON REQUEST****

Monday	Tuesday	Wednesday	Thursday	Friday
2 Smoked Sausage **OR** Potato, Beef & Cheese Casserole, peas, mixed fruit, bread & milk	**3** Loaded Potato Soup **OR** Baked Chicken, cauliflower, pineapple, bread & milk	**4** Bratwurst **OR** Vegetable Lasagna, corn, applesauce, bread & milk	**5** Hamburger Gravy over Mashed Potatoes **OR** Chicken Vegetable Soup, carrots, banana, corn muffin & milk	**6** Pierogi w/Sautéed Onions **OR** Ham & Cheese Sandwich, lima beans, peaches, bread & milk
9 Cheese Tortellini **OR** Meatball Sub, green beans, mixed fruit, bread & milk	**10** Cream Chipped Beef over Texas Toast **OR** Ham Sandwich, peas, mandarin oranges, bread & milk	**11** Smothered Pork Chop **OR** Chicken Vegetable Soup, corn, pears, bread & milk	**12** Open Face Turkey & Gravy Sandwich **OR** Beef & Broccoli Stir Fry w/Rice, broccoli, peaches, bread & milk	**13** Cheese Pizza w/Onion Rings **OR** Beef Lasagna, beets, pineapple, bread & milk
16 Smoked Sausage w/Sauerkraut **OR** Chicken Patty Sandwich, mixed vegetables, cinnamon apples, bread & milk	**17** Baked Pork Chop **OR** Green Bean, Potato & Smoked Sausage Casserole, peas, pineapple, bread & milk	**18** Ravioli **OR** Taco Boat, corn, peaches, bread & milk	**19** Chicken Stir Fry, **OR** Beef & Mushrooms, rice, carrots, mandarin oranges, bread & milk	**20** Tuna Noodle Casserole **OR** Loaded Baked Potato, green beans, mixed fruit, bread & milk
23 Goulash **OR** Grilled Cheese w/Tomato Soup, corn, mandarin oranges, bread & milk	**24** Bratwurst on Bun **OR** Egg Salad Sandwich, broccoli, peaches & milk	**25** Beef Stroganoff **OR** Beans & Weenies, cabbage, pears, bread & milk	**26** Open Face Garlic Toast Sloppy Joe **OR** Pizza Bun, green beans, grapes, bread & milk	**27** Chicken & Stuffing **OR** Tortellini & Sauce, beets, applesauce, bread & milk
30 Swedish Meatballs w/Rice **OR** Quiche, peas, pears, bread & milk	**31** Scalloped Potatoes & Ham OR Mexican Cornbread, corn, mixed fruit, bread & milk **Birthday Cake**	**1**	**2**	**3**

Call **419-893-1994** to reserve your dine-in meal. Suggested senior donation is $2.50. Dine-in is at 11:45 a.m.
Please call 24-48 hours in advance if you would like to be added to our dine-in reservation list.
Menu items subject to change.

Maumee Senior Center
2430 S. Detroit Ave.
Maumee, OH 43537
Phone: (419) 893-1994

Facebook.com/maumeeseniorcenter
www.maumeeseniorcenter.com

MISSION STATEMENT:
The mission of the Maumee Senior Center is to create an atmosphere which affirms the dignity and self -worth of the older population by serving their physical, emotional and economic well-being while encouraging their independence and continued participation in the community.

The Maumee Senior Center is here to serve you. However, as a non-profit organization, we must be frugal. Please consider donating new or used items on our wish list.

Cleaning Supplies:
Clorox or Lysol wipes
Hand Sanitizer
Hand Soap

Gift Cards:
Gift cards, cash gift cards and gas cards

Miscellaneous/Kitchen:
8.5x11 and 11x17 paper
Napkins and paper towels
Coffee Filters (12 cup)
Canned coffee grounds (reg & decaf)
Round knitting looms
Loom knit hooks
Crochet needle hooks
Christmas fabric

Check out our Walmart Registry!
https://www.walmart.com/registry/RR/09a8abbb-0113-4b38-999a-3e9c9095aca4

We greatly appreciate your support!

UPCOMING EVENTS!

March 6:
Sound Bath Class

March 12:
Art Workshop

March 24:
Card Making Class

March 26:
Art Workshop

March 28:
Breakfast with the Easter Bunny