

The MSC will be closed on Friday, July 3rd for the Holiday and will close at 1pm on Friday, July 10th for the 5k Glow Race. The MSC will also be closed on Friday, July 31st for our Summer Party event.

INSIDE THIS ISSUE:

- Pg. 2 WISE Class
- Pg. 3 Upcoming events
- Pg. 4 Ways to support MSC
- Pg. 5 Transportation, Grocery Ordering Assistance
- Pgs. 6-7 Clinics, Support Groups, Legal Aid, Membership
- Pg. 8 Fitness Classes
- Pgs. 9-11 Activities
- Pg. 12 Waterville Programs
- Pg. 13 Summer Party
- Pg. 14 Community Speakers
- Pg. 15 Lunch Menu
- Pg. 16 Wish List, Upcoming Events

CONTACT US

Malinda Ruble,
Executive Director
maumeeseniorcenter@gmail.com

Tiffany Peet,
Program Coordinator
mscpcoordinator@gmail.com

Wilma Rice,
Dietary Manager
mscnutrition2430@gmail.com

Laree Shroyer,
Outreach Coordinator
mscoutreachcoordinator@gmail.com

Susan Herhold,
Office Assistant
msscassistant1994@gmail.com

MSC Transportation Office:

419-377-8113

Drivers: Sue LaFontaine &
 Dennis Oberhauser



MAUMEE GLOW

5K RUN/WALK TO SUPPORT SENIORS

FREE KIDS' GAMES, PRIZES & PIZZA PARTY!

FRIDAY, JULY 10, 2026

Maumee High School, 1147 Saco St. at 6:30 P.M.

COOLING STATION PROVIDED BY MAUMEE FIRE DEPT.

**STEP FORWARD FOR A CAUSE THAT MATTERS –
 EVERY STRIDE BRINGS POSITIVE CHANGE TO SENIORS' LIVES AROUND US.**

COME GET YOUR GLOW ON FOR CHARITY!

FOR MORE INFORMATION
419.893.1994
MaumeeSeniorCenter@gmail.com

**REGISTER AT
WWW.RUNSIGNUP.COM**

Thank you to our sponsors!!



Registration forms can be found at the front desk of the Maumee Senior Center or on our website at: www.maumeeseniorcenter.com

Have you heard the news??

The Maumee Senior Center has added vegan meal options to their nutrition program! These vegan meals will be offered 2 times per month at the same suggested donation rate of \$2.50.

See our menu on page 15 for more information!

Programs and services at the Maumee Senior Center are partially funded by the Older American's Act, the Lucas County Senior Services Levy, City of Maumee, and other state and federal sources, as well as, fundraisers, memberships, sponsorships and donations. Donations to the center for its programs and services are gratefully accepted.

MSC Board of Trustees:

- Joe LaChapelle*
- Maria Zapiecki*
- Chris Blakely*
- Heather Cole*
- John Gouttiere*
- Genevieve Stults*
- Pat Viertelbeck*
- Darryl Lycourt*
- Doug Swary*

Advisory Committee:

- Chris Blakely– Chairman,*
and Ginny Hiser

The Advisory Committee is a group of representative Senior Center participants.

To offer concerns or questions for the Advisory Committee, contact the Advisory Committee by e-mail at:

mscadvisory@gmail.com or any of the participants.

ATTENTION:

Opinions of guest speakers and advertisements are not necessarily those of the Maumee Senior Center. Although Maumee Senior Center is proud to advertise quality businesses and products, we do not endorse these companies in a mutually exclusive manner.

OUR NUMBERS ARE GROWING!

Please consider carpooling with a friend to the Center to help free up parking spaces so we can continue to serve as many people as possible.

Thank you!



Are you 55 or older and looking for an opportunity to learn how to stay healthy and meet new people?

Join us, and bring a friend! Tuesdays, 9:30 am – 11:30 am at Maumee Senior Center

2430 S. Detroit Ave., Maumee, OH

July 14 - August 18 (Six Week Program)

Sign up by calling Maumee Senior Center at 419-893-1994

The educational program offers six lessons that cover a wide range of topics. Join us for this fun program, where you'll meet new people and:

- Learn about the aging process and how to make healthy lifestyle choices
- Celebrate this exciting stage of life and all the benefits that come with it
- Discuss risk factors and behaviors you should avoid to stay healthy
- Examine how alcohol, prescription medications and over-the-counter medications affect seniors differently and how you can avoid problems
- Learn how to use simple tools to help you feel more empowered about your health and the healthcare you receive

Free \$50 Kroger gift card upon successful program completion! (First-time participants only)



For more information

email: HarborPrevention@harbor.org



5/26

Thank you so much!

We want to give a huge "thank you" to the Fort Miami students for the gorgeous birdhouses you built and donated to our senior center.

Your creativity, teamwork, and generosity are something to be proud of. These birdhouses have made our center a more welcoming place for both people and wildlife.

Whenever you are visiting the Maumee Senior Center, you should take a moment to stop by our garden area and side of the building to do some bird watching!





SUMMER SAFETY TIPS FOR SENIORS



DRINK PLENTY OF WATER



EAT FRESH FOOD



AVOID ALCOHOL AND CAFFEINE



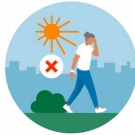
AVOID USING STOVE AND OVEN



STAY AWAY FROM DIRECT SUN EXPOSURE FROM ABOUT 10 AM TO 4 PM



USE SUNSCREEN TO AVOID SUNBURN



AVOID STRENUOUS ACTIVITIES, GET RESTED



KEEP YOUR HOUSE COOL, OR SPEND TIME IN PLACES WITH AIR CONDITIONING



TAKE COOL SHOWERS AND BATHS



PLACE A COOL WASHCLOTH ON THE BACK OF YOUR NECK



WEAR SUNGLASSES OUTDOOR



WEAR LIGHT-COLORED LOOSE CLOTHING

SOUND BATH CLASS



Please join us for a deep relaxation sound bath experience with Kimberly Post, RN, Reiki Master and Sound Healing Practitioner.

Chairs are available. Feel free to bring a yoga mat and a pillow.

Reservations required.
Call 419-893-1994 to reserve your spot!

Friday, July 17th & Friday, August 7th

1:30-2:30 pm

\$10 PER PERSON
ALL AGES WELCOME!

Ellis Huff Memorial Summer Party featuring Dinner & The Gatlin Show

07 31 2026

MAUMEE SENIOR CENTER, 2430 S. DETROIT, 419-893-1994

4:30 p.m. Doors Open; 5 p.m. Dinner; Show to Follow



Menu:

Barbeque Chicken Breast, Coleslaw, Baked Beans, Scalloped Potatoes, Corn Muffin and Butter & Dessert

TICKETS \$35
TICKETS AVAILABLE JUNE 11-JULY 22 OR WHILE SUPPLIES LAST.
SPACE IS LIMITED. PLEASE CARPOOL IF POSSIBLE!

PURCHASE TICKETS BY CALLING 419-893-1994, STOPPING AT THE MSC (PAYING WITH CASH OR CHECK) OR WITH VENMO OR PAYPAL

* DINNER * DANCING * BEVERAGES * DRAWINGS *

Sponsored by: The Turner Family



Maumee Senior Center Visit

The office of **State Senator Paula Hicks-Hudson**, in partnership with the **Maumee Senior Center**, invite you to a conversation about what matters most to our community.

THURSDAY, AUGUST 13TH
10:45AM - 11:45AM

MAUMEE SENIOR CENTER
2430 S. Detroit Ave
Maumee, OH 43537



YOUR VOICE. YOUR COMMUNITY.

Join us for a discussion on state government, the upcoming election, and the issues that are most important to you.

WE HOPE TO SEE YOU THERE!



Opportunities to Support the MSC

Are you looking for ways to support the Maumee Senior Center? Below are some ways that you may be able to help us continue to serve area seniors! If you have any questions, please give us a call at 419-893-1994. Thank you!

Are you enjoying your time at the Maumee Senior Center?

If your answer is 'yes!' then please consider writing us a review on our Facebook and Google pages! Positive reviews help people find the Maumee Senior Center and to connect them to our valuable services, programs and resources. We appreciate your support! Type in 'Maumee Senior Center' to Facebook and Google to find our pages.

Give us a follow on Facebook for updates!



The Maumee Senior Center is always looking for volunteers for our fundraising events and daily services!

Our upcoming events with volunteer needs:

Maumee Glow 5k Rec Race
Friday, 7/10

Ellis Huff Memorial Summer Party
Friday, 7/31



Contact Tiffany or Laree at 419-893-1994 or at mscprogramcoordinator@gmail.com to learn more about our volunteer opportunities!

~Legacy of Love~

The Maumee Senior Center welcomes monetary gifts to memorialize family and friends or to honor individuals who are involved in our programs and services. Legacy of Love donations help secure the future of the Maumee Senior Center for older adults. Many lives have been forever changed by the generous contributions of others.

The Maumee Senior Center is grateful for any monetary donations. Please keep the Maumee Senior Center in mind as you think about your future planning so we can continue your Legacy of Love serving seniors in your honor.



If you would like to make a monetary donation to help the Maumee Senior Center, please mail a check to:
2430 S. Detroit, Maumee, OH 43537
or donate through Paypal by clicking the [Donate button](#) on our website at MaumeeSeniorCenter.com

Monetary donations help the MSC to continue programs and services.

THANK YOU!



MSC Transportation Service: 419-377-8113



The Maumee Senior Center offers transportation to those 60 and older to medical appointments, the grocery store and round trips to and from the Maumee Senior Center Monday-Friday!

Do you live in the Maumee, South Toledo, Monclova, Holland, Neapolis, Waterville or Whitehouse areas and need a ride? Give us a call!

Call our driver at 419-377-8113 at least 24-48 hours in advance to schedule a ride. There is no guarantee that transportation will be available at your time of need, however we will try our best to schedule you at your preferred time! Please call as early in advance as possible to reserve your spot.

Costs is \$3 suggested donation for round trip

If you are in need of groceries, see below for our online grocery ordering delivery service.

Ways to receive our Monthly Newsletter:

For just \$15 per year you can receive the MSC Newsletter right to your home. You can also receive our newsletter by e-mail or by accessing our website at



www.maumeseniorcenter.com or by subscribing by email at: mscprogramcoordinator@gmail.com

Senior Centers...

Serve as a gateway to the nation's aging network—connecting older adults to vital community services that can help them stay healthy and independent.

-National Council on Aging

Call us at 419-893-1994 to find a program to join at the Maumee Senior Center today!



ADVERTISING SPACE AVAILABLE!

Are you interested in advertising your business in the Maumee Senior Center Newsletter? Then this could be the opportunity for you!

Contact Tiffany at 419-893-1994 for more information regarding our newsletter advertising opportunities.



**GRACE COMMUNION
M A U M E E**

A small Christian church that meets every Sunday at 10:30 a.m. in the Maumee Senior Center Dining Room.

All are welcome!



Web site: www.gcmaumee.org

Online Grocery Ordering Delivery Service

Are you in need of groceries and are unable to leave your home? Then give the Maumee Senior Center a call to assist you with ordering your groceries online and to get them delivered right to your door!

All you will need before calling the MSC is:

- ◆ A credit or debit card on hand— **you must be comfortable with a MSC staff member receiving your card information to order your groceries for you**
- ◆ Written out grocery list for time efficiency— **limit of 20 grocery items**

Call the Maumee Senior Center about 24-48 hours before you know you will be in need of these grocery items to ensure you will receive your items in a timely manner.

There is no guarantee for day of grocery delivery.

Call: 419-893-1994



Outreach—Clinics, Support Group, Assistance

Free Walk-In Health Screenings at the Maumee Senior Center!

The first Thursday of every month, Mercy Health will offer a free Glucose and Blood Pressure clinic.

The upcoming Mercy Health Clinics will be:

Thursday, July 2nd
Thursday, August 6th
11am-1 p.m.



The third Tuesday of every month, UToledo Health will offer a free Blood Pressure clinic.

The next UToledo Health Clinic will be:

Tuesday, July 21st
Tuesday, August 18th
10-11:30am



NEW! The Maumee Senior Center has partnered with Sam's Club Hearing Center to offer a free hearing screening clinic.

The next Hearing Clinic will be:

Wednesday, July 8th
11am-1pm



**Caregiver Support Group
Tuesday, July 28th at 10 a.m.**

Caring for a loved one can be stressful and we want to support you! Please join us to share your story and ideas and to meet other people in similar situations.



Register by calling 419-893-1994 or email—
mscoutreachcoordinator@gmail.com

Free Legal Consultations

The upcoming date for Legal Consultations are:

Tuesday, July 7th
And Tuesday, August 4th

Schedule your 30 minute appointment with the Attorney by calling the MSC at 419-893-1994



Tiny Tools Loan Program

(MSC Assistive Devices Available on Loan to Make Life Easier)



The Maumee Senior Center now offers a loan program specifically for assistive devices.

Items include:

- Adaptable Seat Devices**
- Foot Peddler Machines for Circulation**
- Magnifying Glasses**
- Low Vision Lights**
- Other Low Vision Devices**
- Card Holders for Arthritic Hands**
- Grabber Sticks for low or high placed items**
- Assistive Bottle Openers**
- Writing Assistive Tools for Arthritic Hands**
- Assistive Eating Utensils for Arthritic Hands**
- Tablets with Audio Books from the Toledo Lucas County Public Library**

Try It Before You Buy It!

To borrow a device, stop and see Laree or any staff person.

Please, return the item in the same or better condition



Safer Driving May Save You Money

Take the AARP Smart Driver™ classroom course and you could save money on your car insurance!*

**There's a course near you!
Sign up today!**

Date: Tuesday, August 11, 2026
Time: Registration 8:30, Class 9:00-1:00

Location:
Maumee Senior Center
2460 Detroit Avenue
Bring your Drivers License and AARP card, if applicable.

To Register:
419-893-1994
Laree Shroyer, LSW
-- or -- www.aarp.info/c47109

- Refresh your driving skills and explore the latest traffic laws.
- Understand the importance of proper maintenance of your vehicle.
- Learn research-based driving strategies to help you stay safe behind the wheel.

CLASSROOM COURSE	TO FIND A COURSE NEAR YOU:
\$20 for AARP members \$25 for non-members	Call 1-888-773-7160 or visit www.aarp.org/driving44

* Upon completion you may be eligible to receive an auto insurance discount. Other restrictions may apply. Consult your agent for details.

Booster Membership Information

MSC Booster Club membership dues are \$30 for 12 months.

FOR JUST \$30 A YEAR YOU WILL RECEIVE:

- *Deep gratification in knowing that you are helping support an effort to help other seniors in the community through the Maumee Senior Center.
- *1 FREE Dinner in the spring and 1 FREE Holiday Dinner at the Maumee Senior Center. Value=\$40
- *FREE recognition in MSC newsletter's birthday section and at the birthday party of your birthday month, MSC makes the suggested lunch donation in your honor. Value=\$2.50
- *Discounted fee for a classified listing in the MSC newsletter.
- *Exclusive Booster Club Member Only Mailings & Specials.
- *Special discount on day trips with Malinda.
- *Friends, Fun, & Fellowship.
- *Ask us how you can get 25% off your new membership!

Be a Booster!

Join today by calling 419-893-1994 for a new member form!



Birthday Lunches for Booster Members!!

July Birthday lunch is on Tuesday the 28th

The Maumee Senior Center will celebrate your birthday by making a lunch donation for you and providing birthday cake!

Call 419-893-1994 to make your birthday lunch reservation!

**We Proudly welcome our
New MSC
Booster Members:**



Marcie Overlees

Mark Echler

Arthur Cravens

Perri Bolander

Sherry Echler

**We had 5 people renew their memberships this month—
thank you so much for your support!!**

*Happy Birthday to
all of our
July MSC
Booster Members!*



Carol	Erford	1-Jul
Jane	Wagner	3-Jul
Irene	Zbierajewski	3-Jul
Mary Lou	Dennis	5-Jul
Ginny	Hiser	6-Jul
Joyce	Fitch	7-Jul
Jane	Hansen	7-Jul
Julie	Baron	8-Jul
Margaret	King	9-Jul
Perri	Bolander	11-Jul
Faith	Gauger	13-Jul
Diana	Schwind	15-Jul
Sherri	Wise	20-Jul
Russell	Shugg	21-Jul
Charlotte	Steinman	21-Jul
Julia	Colnar	22-Jul
Dorothy	Cramer	23-Jul
Mary	Bottoni	24-Jul
Delia	Parker	25-Jul
Suzanne	Slovinsky	25-Jul
Diana	Duquette	27-Jul
Flo	Metzger	27-Jul
Robert	Jones	28-Jul
John	McCabe	28-Jul
Mark	Echler	29-Jul
Cynthia	Skiver	31-Jul

MSC Virtual ZOOM Programs

Silver Sneakers classes with Sheila Brown

Cardio & Tone Mondays at 10 a.m.

This is an intermediate exercise class for the active older adult. Low impact cardio movements will raise the heart rate, while light resistance equipment will be used to strengthen the muscles. *\$3 for non-SS members.

Stretch & Balance Thursdays at 10 a.m.

This is a low impact class with dynamic movements and stretches that are the foundation of this class. A chair will be utilized for appropriately half of the exercises making it well suited for beginners! *\$3 for non-SS members.

These classes are virtual, online from the comfort of your home, through ZOOM. Please contact Tiffany at 419-893-1994 or mscprogramcoordinator@gmail.com for more information on how to join these classes. Registration required.

MSC Fitness Room

Equipped with treadmills, bikes, weights & lifting machines, elliptical, pool table, air hockey table, ping pong table, corn hole boards, large TV, fan, and more! All of the equipment is for you to use for free during our business hours!

Come and go as you please, no reservations are required. ****Equipment use is at your own risk.*

****Ping pong paddles and air hockey pucks, etc. can be checked out at the front desk.****

Jazzercise Lo with Christy Owed

Mondays, Wednesdays & Fridays at 11 a.m.

Jazzercise lo is a low impact energetic workout that combines dance cardio, with strength, balance and core work. If you love music and love to dance, Jazzercise lo is a great way to workout while feeling like you're at a dance party with friends!

Join us for your first class free!

For any questions at all or regarding pricing please contact Christy Owed directly at 419-460-1734



Line Dancing Classes at the MSC!

Line Dancing is a great form of exercise that helps to improve strength, muscle function and balance! Sharpen your mind and your coordination and join in the fun with Line Dancing Classes at the MSC—and bring a friend too! Check out these classes below!

Line Dancing Classes with Belinda Cytlak



Men's Beginner's Line Dancing: Mondays at 1:20 p.m.

Beginner's Line Dancing: Mondays at 2 p.m.

This class is for those that are familiar with the basic line dancing steps and dances. Are you ready to build onto those skills? Then this class is for you! Join in on this Beginner's level Line Dancing class that will focus on building onto the basics with incorporating new steps and dances. New participants are welcome!

**Cost is \$3 payable to instructor at the door.*

Line Dancing Class with Michael Gurtzweiler

Regular Line Dancing

Wednesdays at 9 a.m. & Thursdays at 9:45 a.m.

This class is for participants familiar with most frequently used line dance steps. Turns and brisk footwork are included. Dancers will expand their repertoire of dances at all levels: from beginner/improver to the intermediate levels. Waltzes, in triple time, will also be part of the repertoire. New Participants are welcome!

**Cost is \$3 payable to instructor at the door.*

*Do you have Silver Sneakers?
Then check out these classes listed below!*



Silver Sneakers classes with Gavin Pitt:

Tai Chi

Wednesdays and Thursdays at 11 a.m.

Tai Chi for Health has a focus on moving and balancing and safety. Whether you are a first time person or have done Tai Chi before, you are welcome! A chair is used for seated Tai Chi movements as well.

The cost is \$3 for non silver sneakers members

Sitting & Standing Yoga

Tuesdays at 11:15 a.m.

Move through classic yoga poses to increase flexibility, balance and range of motion. The classic poses are adapted to being seated, although there is some standing.

Come check it out!

The cost is \$3 for non silver sneakers members

Silver Sneakers Classes with Angie Mourton:

BOOM Muscle

Mondays at 12:15 p.m. & Thursdays at 1:15 p.m.

This class incorporates athletic-based exercises that improve upper body conditioning. You'll move through several "blocks," which are groups of exercises that focus on strengthening different muscle groups.

The cost is \$3 for non silver sneakers members

Chair Yoga

Wednesdays at 1:15 p.m. & Fridays at 12:15

This class is a fusion of flexibility, endurance and balance that we all can use over time. It also helps with stress management. This class is primarily done in a chair but may have some standing.

The cost is \$3 for non silver sneakers members

Chair Zumba with Vickie Geha

Mondays and Thursdays at 9 a.m.

Wednesdays at 10 a.m.

This class incorporates movements taken from Latin dances like the merengue, salsa, and cha cha to create an exhilarating program that aims to improve overall energy, core stability, muscular strength, cardiovascular endurance, and motor skills. New participants welcome!

\$2 per class payable to instructor at the door



Cardio Drumming with Vickie Geha

Tuesdays at 3 p.m. and Wednesdays at 9 a.m.

This class takes a simple movement - drumming - and turns it into a full-body workout that will leave you smiling, sweating, and feeling great! It brings together drumsticks, an exercise ball, and an exercise ball stand to create one of the most fun workouts you'll ever do. Equipment is limited, but provided on a first come first-served basis. Feel free to bring your own!

\$2 per class payable to instructor at the door



Did you know???

That in order to participate in Maumee Senior Center's programs and services....

- You do not need to live in Maumee
- You do not need to be a booster club member
 - You can be as young as 50

Call us today at 419-893-1994 to see how you can get involved!

MSC Daily Activities

Lunch is served daily Monday-Friday at 11:45 a.m.

Mondays:

- 9 a.m. – Chair Zumba with Vickie Geha
- 10 a.m. – VIRTUAL SS Cardio & Tone with Sheila Brown
- 11 a.m. – Jazzercise Lo with Christy Owed
- 12:15 p.m. – SS BOOM Muscle with Angie Mourton
- 12:30 p.m. – Duplicate Bridge
- 12:30 p.m. – Hand & Foot
- 12:30 p.m. – Mahjong
- 1:20 p.m. – Men's Line Dancing with Belinda Cytlak
- 2 p.m. – Beginner's Line Dancing with Belinda Cytlak

Tuesdays:

- 11:15 a.m. – SS Seated & Standing Yoga with Gavin Pitt
- 12:30 p.m. – Art Class with Mary Jane Erard
- 12:30 p.m. – 4-Handed Euchre
- 1 p.m. – Senior Singers Choir
- 3 p.m. – Cardio Drumming with Vickie Geha

Wednesdays:

- 9 a.m. – Cardio Drumming with Vickie Geha
- 9 a.m. – Regular Line Dancing with Michael Gurtzweiler
- 10 a.m. – Chair Zumba with Vickie Geha
- 10:30 a.m. – Pokeno
- 11 a.m. – SS Tai Chi with Gavin Pitt
- 11 a.m. – Jazzercise Lo with Christy Owed
- 12:45 p.m. – BINGO
- 1 p.m. – Knitting
- 1:15 p.m. – SS Chair Yoga with Angie Mourton

Thursdays:

- 9 a.m. – Chair Zumba with Vickie Geha
- 9:45 a.m. – Regular Line Dancing with Michael Gurtzweiler
- 10 a.m. – VIRTUAL SS Stretch & Balance with Sheila Brown
- 11 a.m. – SS Tai Chi with Gavin Pitt
- 12:30 p.m. – 6-Handed Euchre & 4-Handed Euchre
- 12:30 p.m. – Duplicate Bridge
- 1:15 p.m. – SS BOOM Muscle with Angie Mourton

Fridays:

- 11 a.m. – Jazzercise Lo with Christy Owed
- 12:15 p.m. – SS Chair Yoga with Angie Mourton
- 12:30 p.m. – Pinochle
- 12:30 p.m. – Skip Bo

MAUMEE SENIOR CENTER
CORNHOLE OPEN PLAY
 FRIDAYS AT 10:30
 THINK YOU'VE GOT THE BEST TOSS IN TOWN? PROVE IT!
 FREE!!
 FUN, FRIENDLY COMPETITION, AND GREAT VIBES!
 JOIN US ON FRIDAYS FROM 10:30-11:30AM
 REGISTRATION NOT REQUIRED
 HOPE TO SEE YOU THERE!

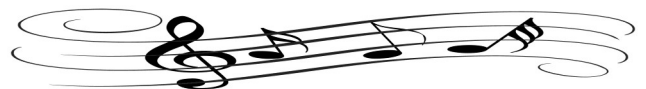
Maumee Senior Center Singers Tuesdays at 1 p.m.

This group will take a break from 6/23-7/28

The Maumee Senior Center Singers are led by Director Jim Burns. The choir has presented hundreds of performances in Northwest Ohio.

Love to Sing? Come to singers practice sessions **Tuesday afternoons at 1 p.m.** at the Senior Center! Beginners welcome!

For more information: Call 419-893-1994



Art Classes with Mary Jane Erard Tuesdays at 12:30 p.m. and Special Thursdays as noted below:

Mary Jane is a well known regional artist and is represented by the Toledo Museum of Art. All students regardless of your experience with art are welcomed to join Mary Jane on Tuesdays and Thursdays!

Mary Jane can assist you with a variety of different mediums included but not limited to: water color, pastel, oils, acrylics, colored pencil, painting, drawing, etc.

If you have any questions or would like to meet the instructor, stop by class anytime on Tuesdays.



Cost is \$7 per class payable to the instructor at the door.

Thursday, July 30th at 12:30pm

Pet Portraits or mountain scene in any medium

Join us for this 2.5 hour workshop class to learn about watercolors, pastels and acrylics to create your own beautiful scenes! This class is suitable for beginners and intermediate painters.

Come check it out!

Open to all ages

Cost: \$25- all supplies included



Call 419-893-1994 to reserve your space today!

Mahjong Mondays and Tuesdays at 12:30 p.m.

Join in on the fun of Mahjong! Any level of experience is welcome. The National Mahjongg card is needed to play.



BINGO! Wednesdays at 12:45 p.m.

Join in on the fun at the Maumee Senior Center with our weekly Bingo! Come for lunch and stay for Bingo! See you there! Call 419-893-1994 for any questions.



Hooks, Yarn & Needles between Friends Wednesdays at 1 p.m.

This group is open to knitters of all abilities! Whether you are new, or have been at it for years, whether you quilt, knit, crochet, loom, needle point, cross stitch or do embroidery, this group is for you! There are needles and some practice yarn available. Beginners are welcome, come check it out!



Creative Card Making Classes

Tuesday, July 14th from 10-11:30

All supplies necessary to complete this project are included. We will walk you through each step of the design, which you will place in a hand stamped envelope for mailing to your friends and family. Join us for a fun and creative DIY workshop with Ruth.

Cost is \$8 per person which includes 3 cards.
Please call 419-893-1994 or stop by the front desk to make your reservation.

MSC Book Club with Jane Berger Monday, July 13th at 10 a.m.

For July, the MSC Book Club is discussing:

All the Light we cannot see
By: Anthony Doerr

For August, the MSC Book Club will be discussing:

The Library Book
By: Susan Orlean

This group is always looking for new participants and typically meets on the second Monday of every month. Some dates may be subject to change. Call 419-893-1994 if you have any questions.



MSC Cards and Games of Strategy!

- Mondays 12:30 pm: **Duplicate Bridge**
- Mondays 12:30 pm: **Hand & Foot**
- Mondays & Tuesdays 12:30 pm: **Mahjong**
- Tuesdays 12:30 pm: **4 Handed Euchre**
- Wednesdays 10:30 am: **Pokeno**
- Wednesdays 12:45 am: **BINGO**
- Thursdays 12:30 pm: **6 & 4 Handed Euchre**
- Thursdays 12:30 pm: **Duplicate Bridge**
- Fridays 12:30 pm: **Pinocle**
- Fridays 12:30 pm: **Skip Bo**

Puzzles, Books, Magazines and Board Games are available daily in the library!

Don't see a card game that you're interested in?
Let's start a new game!
Contact 419-893-1994 to share your ideas!

Waterville Library Programs

We have expanded our senior programs and services to the Waterville Public Library! Stop by the Waterville Library or check out our website at www.maumesenior.com for more information regarding the meal program and services offered.



July 2026 * NO MEALS OR PROGRAMS ON FRIDAY JULY 3RD, FRIDAY JULY 10TH OR FRIDAY JULY 31ST
Meal & Program Information

Meals Provided By The Maumee Senior Center. Menu And Meal Dates Subject To Change. Ingredient Information Available Upon Request. Major Food Allergens Used As Ingredients Include: **Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soy, Sesame.** Please Notify A Food Employee For More Information.

Meal Reservations: Call 419-893-1994 At Least 24 Hours Before Pick-Up Date.

Meal Pick-Up: 12:15–1:00 PM (Mondays & Fridays) **Dine In:** 12:15-12:45 **Activities:** 12:45–1:45 Pm

DATE	MEAL & PROGRAM
Fri July 3	NO MEALS OR PROGRAMS Closed For Holiday
Mon July 6	MEAL: Option 1: Bratwurst on Bun-Cabbage-Mixed Fruit-Milk-Bread Option 2: Cheeseburger Pie-Cabbage-Mixed Fruit-Milk-Bread PROGRAM: Game Day, Cards! Bring your cards and friends and Play Cards !
Fri July 10	NO MEALS OR PROGRAMS MAUMEE SENIOR CENTER GLOW RACE
Mon July 13	Option 1: Cheese Tortellini-Green Beans-Peaches-Bread-Milk Option 2: Chicken Over Biscuit-Green Beans-Peaches-Milk PROGRAM: Make and Take: Flower Press Tea Towel
Fri July 17	MEAL: Option 1: Sloppy Joes-Stewed Tomatoes-Mandarin Oranges-Milk-Bread Option 2: Meatballs with Sauce-Stewed Tomatoes-Mandarin Oranges-Milk-Bread PROGRAM: Swap and Shop Second Hand Exchange
Mon July 20	MEAL: Option 1: Baked Pork Chop-Mixed Vegetables-Cinnamon Apples-Milk-Bread Option 2: Chicken Patty-Mixed Vegetables-Cinnamon Apples-Milk-Bread PROGRAM: Make and Take Macrame Plant Holder
Fri July 24	MEAL: Option 1: Smoked Sausage and Cabbage-Pears-Milk-Bread Option 2: Cheese Ravioli-Green Beans-Pears-Milk-Bread PROGRAM: Bingo *Sponsored By Alexis Gardens
Mon July 27	MEAL: Option 1: Goulash-Corn-Mandarin Oranges-Milk-Bread Option 2: Italian Baked Chicken-Corn-Mandarin Oranges-Milk-Bread PROGRAM: Ohio Consumers Council Presentation on Energy Saving!
Fri July 31	NO MEALS OR PROGRAMS The Gatlin Show! Get Tickets by calling The Maumee Senior Center

TRAVEL PREVIEW OF COLLETTE'S 2027 TRIPS!

Christmas in Canada Tour, French Riviera Trip & Southern Charm in Charleston, South Carolina Tour

10 A.M. MONDAY, SEPT. 14, 2026

MAUMEE SENIOR CENTER, 2430 S. DETROIT AVE., MAUMEE



SOUTHERN CHARM—APRIL 5-11, 2027



FRENCH RIVIERA—SEPT. 9-17, 2027



CHRISTMAS MARKETS IN CANADA—DEC. 15-21, 2027

LEARN ALL OF THE DETAILS ABOUT THESE TRIPS BY ATTENDING THE TRAVEL PREVIEW!

RESERVE YOUR SEAT BY CALLING 419-893-1994 OR EMAILING MAUMEESENIORCENTER@GMAIL.COM!

Golden Panther Card

If you are a Maumee City Schools resident age 60 or older, you are eligible for a Golden Panther Card—your pass to:

FREE admission to Maumee High School & Maumee Middle School **HOME** athletic events*, MHS & MMS Drama Department plays and musicals!

Pick up your Golden Panther Card at:
Maumee City Schools Administration Office
716 Askin St., Maumee

Please bring:

A driver's license or photo ID showing your address within the Maumee City Schools district.



*Passes are not valid for tournament games hosted by Maumee.

Community conversation

Maumee City Schools invites the community to a Community Conversation on **July 14 from 7:30 - 8:30 a.m.** at **Biggy Coffee** (Parkway Plaza - 2675 S. Detroit Ave. Maumee)

There is no set agenda - just an opportunity to connect, ask questions, and share your thoughts. This is the third in a series of Community Conversations Maumee City Schools plans to host in the coming months.

Joining Superintendent Steve Lee and Treasurer Paul Brotzki will be Michelle Shafer, Director of Teaching & Learning. Michelle will answer questions about teaching, learning, and the ways that Maumee City Schools is developing future-ready students!

We look forward to seeing you there!



Community Speakers

MSC Community Speakers:

Wednesday, July 8th at 11 a.m.

“Tips on how to beat the summer heat”

By: Office of the Ohio Consumers’ Counsel

Tuesday, July 28th at 11 a.m.

“Lunch & Learn”

By: Bright Path Homecare

Wednesday, July 29th at 11 a.m.

“Reducing the risks of falls”

By: Mercy Family Medicine

These presentations are right before lunch and we would love to have you join us! Call 419-893-1994 to make your lunch reservation.



Check out these FREE Maumee Community band concerts!

*Support your local musicians!
Summer schedule listed below:*

Maumee 4th of July Celebration:

Friday, July 3rd @ 7:30 p.m.
Maumee Middle School Courtyard

Music on the lawn:

Tuesday, August 4th @ 7 p.m.
Maumee Branch Library

Music Under the Stars:

Sunday, July 19th @ 7:30 p.m.
Toledo Zoo Amphitheater

Rhythm on the River

Sunday, September 13th @ 4p.m.
M.J. Wright Pavilion on the Towpath
Grand Rapids, OH



Help us restock Wilma’s Cupboard!

Thanks to the generosity of our seniors and the community, the Maumee Senior Center is able to offer delicious and nutritious meals to seniors on a daily basis. However, in order to help reduce costs, we are asking for donations to help stock Wilma’s cupboards.

This is a great way to support the Maumee Senior Center and to help further to support seniors and services.

We are in need of:

- Canned fruit (large cans)
- Frozen Vegetables
- Napkins
- Brown Paper Bags size: 5” 1/8 x 3” 1/8 x 10” 5/8



Thank you for your support!!

GRILL & CHILL
Party at the MSC!

◆ Free Ice Cream Sundaes Sponsored by Three Meadows Post Acute ◆ Music ◆ Fun

Savor the Smoke, Enjoy the Music

**JULY 21
2026
AT 11:15 AM**
MAUMEE SENIOR CENTER



On the menu:
Hamburger or Hot Dog
with baked beans,
watermelon and milk.

◆ Call 419-893-1994 to register ◆ Suggested donation \$2.50

MSC July 2026 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6 <u>Bratwurst on Bun</u> <u>OR Cheeseburger</u> Pie, cabbage, mixed fruit, bread & milk</p>	<p>7 <u>Pierogi & Onions</u> <u>OR Baked Chicken</u> w/ Gravy, peas, pineapple, bread & milk</p>	<p>1 <u>Ravioli</u> OR <u>**Black Bean & Corn Rice Bowl</u>, peas, sliced oranges, bread & milk</p>	<p>2 <u>Liver & Onions</u> <u>OR Veal Patty & Gravy</u>, mashed potatoes, green beans, apples, bread & milk</p>	<p>3 CLOSED FOR HOLIDAY</p>
<p>6 <u>Bratwurst on Bun</u> <u>OR Cheeseburger</u> Pie, cabbage, mixed fruit, bread & milk</p>	<p>7 <u>Pierogi & Onions</u> <u>OR Baked Chicken</u> w/ Gravy, peas, pineapple, bread & milk</p>	<p>8 <u>Cottage Cheese Fruit Plate</u> OR <u>Cold Turkey Sandwich</u>, cucumber & tomato salad, peaches, bread & milk</p>	<p>9 <u>Hamburger Gravy over Mashed Potatoes</u> OR <u>Grilled Cheese Sandwich w/Tomato Soup</u>, applesauce, bread & milk</p>	<p>10 <u>Orange Glazed Chicken</u> OR <u>Macaroni & Cheese</u>, carrots, pears, bread & milk</p>
<p>13 <u>Cheese Tortellini Alfredo</u> OR <u>Creamed Chicken over Biscuit</u>, green beans, peaches, bread & milk</p>	<p>14 <u>Cream Chipped Beef on Texas Toast</u> OR <u>Chicken & Noodles</u>, carrots, pineapple, bread & milk</p>	<p>15 <u>Goulash</u> OR <u>**Pasta Primavera</u>, broccoli, pears, bread & milk</p>	<p>16 <u>Baked Spaghetti</u> OR <u>Cold Ham Sandwich</u>, pea salad, fruit cocktail, bread & milk</p>	<p>17 <u>Sloppy Joe on Bun</u> OR <u>Meatballs w/Sauce</u>, stewed tomatoes, mandarin oranges, bread & milk</p>
<p>20 <u>Baked Pork Chop</u> OR <u>Chicken Patty</u>, mixed vegetables, cinnamon apples, bread & milk</p>	<p>21 <u>Hamburger on Bun</u> OR <u>Hot Dog on Bun</u>, baked beans, watermelon & milk Grillin' & Chillin'</p>	<p>22 <u>Chicken w/ Mushroom Sauce</u> OR <u>Tuna salad plate</u>, corn, peaches, bread & milk</p>	<p>23 <u>Beef Stir Fry over Rice</u> OR <u>Fish Sandwich</u>, coleslaw, mandarin oranges, bread & milk</p>	<p>24 <u>Smoked Sausage & Cabbage</u> OR <u>Cheese Ravioli</u>, green beans, pears, bread & milk</p>
<p>27 <u>Goulash</u> OR <u>Italian Baked Chicken</u>, corn, mandarin oranges, bread & milk</p>	<p>28 <u>Hot Turkey & Gravy</u> OR <u>Egg Salad Sandwich</u>, broccoli, peaches, bread & milk Birthday Cake</p>	<p>29 <u>Ground Beef Stroganoff</u> OR <u>Grilled Cheese</u>, peas, pears, bread & milk</p>	<p>30 <u>Open Face Sloppy Joe</u> on <u>Texas Toast</u> OR <u>Beef & Mushrooms</u>, green beans, grapes, bread & milk</p>	<p>31 CLOSED FOR SPECIAL EVENT</p>



The following major food allergens are used as ingredients:
 Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soy and Sesame.
 Please notify a staff member for more information.

INGREDIENT INFO IS AVAILABLE UPON REQUEST

****Indicates Vegan Option**

Call 419-893-1994 to reserve your dine-in meal. Suggested senior donation is \$2.50. Meals are served at 11:45 a.m. but are generally available from 11:30-12:30. Please call 24-48 hours in advance if you would like to be added to our dine-in reservation list. Walk-ins are welcome, but may receive a different entrée.

Menu items subject to change.

Maumee Senior Center
2430 S. Detroit Ave.
Maumee, OH 43537
Phone: (419) 893-1994

Facebook.com/maumeeseniorcenter
www.maumeeseniorcenter.com

MISSION STATEMENT:

The mission of the Maumee Senior Center is to create an atmosphere which affirms the dignity and self-worth of the older population by serving their physical, emotional and economic well-being while encouraging their independence and continued participation in the community.



Maumee Senior
Center's

WISH LIST

The Maumee Senior Center is here to serve you. However, as a non-profit organization, we must be frugal. Please consider donating any items below.

Cleaning Supplies:

Clorox or Lysol wipes
Hand Sanitizer
Toilet Bowl Cleaner
Awesome cleaner
Spray air freshener
Lysol Spray

Gift Cards:

Gift cards, cash gift
cards and gas cards

Miscellaneous/Kitchen:

8.5x11 and 11x17 paper
Dish soap
Foam dessert plates
Foam clam shell containers 9x6x3

We greatly appreciate your support!

UPCOMING EVENTS!

July 10:

Glow Race/Walk

July 14

Card Making Class

July 17

Sound Bath Class

July 21:

Grill & Chill

July 30

Art Workshop

July 31:

Ellis Huff Memorial Summer Party

