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## CONTACT US

**Malinda Ruble,**  
Executive Director  
maumeseniorcenter@gmail.com

**Tiffany Peet,**  
Program Coordinator  
mscprogramcoordinator@gmail.com

**Wilma Rice,**  
Dietary Manager  
mscnutrition2430@gmail.com

**Laree Shroyer,**  
Outreach Coordinator  
mscoutreachcoordinator@gmail.com

**Susan Herhold,**  
Office Assistant  
mscassistant1994@gmail.com

## MSC Transportation Office:

419-377-8113

Drivers: Sue LaFountaine &  
Dennis Oberhauser



# Maumee Senior Center News

2430 S. Detroit Ave. Maumee, OH 43537

♦ Phone (419) 893-1994♦

[www.maumeseniorcenter.com](http://www.maumeseniorcenter.com)

[www.facebook.com/maumeseniorcenter](http://www.facebook.com/maumeseniorcenter)

FEBRUARY  
2026

Cooks needed! Call us at  
419-893-1994 to sign up to  
enter your favorite soup!



## You're invited to MSC's annual **SOUPER SOUP LUNCHEON!**

Sample a variety of homemade soups and vote for  
your favorite to elect the 2026 Silver Ladle Winner!

Enjoy bread, desserts, drawings & fun!

(\*There is no nutrition program offered this day)

**February 25 | 11:30 AM | \$8 per person**

**Maumee Senior Center**

RSVP: Call 419-893-1994 or stop by the front desk to  
reserve your spot! Space is limited.



**Let's Cook Up Some Fun!**

**This event is sponsored by:**  
**Arista Home Care and**  
**Athletico Physical Therapy**



**Mark your calendars for our upcoming special events!**

*More information to follow.*

**Breakfast with the Easter Bunny: Saturday, March 28th**

**Retirement Fair: Wednesday, April 29th**

**90+ Birthday Party: Tuesday, May 12th**

Programs and services at the Maumee Senior Center are partially funded by the Older American's Act, the Lucas County Senior Services Levy, City of Maumee, and other state and federal sources, as well as, fundraisers, memberships, sponsorships and donations.

Donations to the center for its programs and services are gratefully accepted.

## Board, New Instructor, Soup Sale

### **MSC Board of Trustees:**

*Joe LaChapelle*

*Maria Zapiecki*

*Chris Blakely*

*Heather Cole*

*John Gouttiere*

*Genevieve Stults*

*Pat Vierlbeck*

*Darryl Lycourt*

*Doug Swary*

### **Advisory Committee:**

*Chris Blakely—Chairman,  
and Ginny Hiser*

The Advisory Committee is a group of representative Senior Center participants.

To offer concerns or questions for the Advisory Committee, contact the Advisory Committee by e-mail at:

[mscadvisory@gmail.com](mailto:mscadvisory@gmail.com) or any of the participants.

### **ATTENTION:**

Opinions of guest speakers and advertisements are not necessarily those of the Maumee Senior Center. Although Maumee Senior Center is proud to advertise quality businesses and products, we do not endorse these companies in a mutually exclusive manner.

### **WEATHER POLICY**

The Maumee Senior Center will typically remain open unless declared a level 3. Center may otherwise close at the directors discretion.

As always, please use your best judgement for your own safety when leaving your home to travel.



### **Please help us welcome our newest fitness instructor, Amber Langley, to the Maumee Senior Center!**

Amber Langley is a health coach and group fitness instructor who believes movement should be joyful, welcoming, and accessible for every body.

Over the past three years, Amber has grown into the instructor she is today through consistency, continued education, and simply showing up. She is licensed in Zumba, Strong Nation HIIT, Mobility, and Silver-Sneakers, and has had the opportunity to teach a wide range of classes—including cardio drumming—at the YMCA, senior centers, churches and community programs serving diverse populations.



Amber is known for creating her choreography and class routines, which led to the creation of Bust a Groove, home of Move It Monday, Hip-Hop Steps, and other creative movement classes. Her teaching style focuses on encouragement, safety, fun, and meeting participants where they are.

Outside of teaching, Amber enjoys spending time with her two sons, Lincoln and Remington. She loves singing, line dancing, working out, exploring festivals, and hiking local trails. She also holds a Bachelor of Science in Business Administration.

Amber is grateful to move with this community and looks forward to supporting health, confidence, and connection—one class at a time.

*Amber will be teaching SilverSneakers Circuit starting on  
Tuesday, February 17th. See page 9 for more details!*



*Maumee Senior Center's*

### **Souper Soup Sale 4 Seniors February Soups**

**Soup Orders placed by Wednesday  
are Available for Pick-up the  
following Tuesday.**

**Enjoy Wilma's hearty soups at home for  
just \$10 each!**

**All 16-ounce soups come frozen with a cornbread  
muffin and cookie.**

**Available soups this month:**

**Loaded Baked Potato Soup, Stuffed Pepper Soup,  
Chicken & Rice Soup and Chicken & Vegetable Soup**

**Order forms can be found at the front desk or our website:  
[www.maumeeseniorcenter.com](http://www.maumeeseniorcenter.com)**



**NEW! MOBILE FOOT CARE CLINIC AT THE MSC**  
*See page 6 for more information!*



## Upcoming Events

YOU'RE INVITED TO  
**BREAKFAST WITH THE  
 EASTER BUNNY**  
**March 28, 2026**  
**9 a.m.-Noon**  
**MAUMEE SENIOR CENTER**  
**2430 S. DETROIT AVE.**



**CHILDREN 12 & UNDER = \$10**  
**OVER 12 = \$13**

**Pancake Breakfast (Regular, Vegan & GF options), Coloring, Photos with the Easter Bunny, Games & Egg Hunt!**

**Sponsored by: Genoa Bank,  
 MSC Member Terry Bossert**

CALL 419.893.1994 OR EMAIL [MAUMESENIORCENTER@GMAIL.COM](mailto:MAUMESENIORCENTER@GMAIL.COM) TO  
 REGISTER & MAKE PAYMENT

# Stepping On



## A FREE 7 Week Workshop with UT Toledo Health

Stepping On can help you avoid dangerous falls so you can keep doing the things you love!

### **Reduce falls by 30%**

- Identify and avoid fall hazards
- Adaptable strength and balance exercises
- Proper vision, hearing, medication and footwear information
- Getting back on your feet

**Every Tuesday at the Maumee Senior Center:**  
**March 31st-May 12th,**  
**9:30-11:30 a.m.**

Registration required. Space is limited.  
 To register please call the Maumee Senior Center  
 at 419-893-1994

***Deadline to sign up is Friday, March 27th.***



**WIFTY**  
**Thrifty Market**  
*A Sip & Thrift Event*

**JUNE 27, 2026**  
**MAUMEE SENIOR CENTER**  
 2430 S. DETROIT AVE., MAUMEE  
**419.893.1994**

*Come Discover Vintage Finds & Thrift Treasures*  
 All Attendees Receive 1 Free Raffle Ticket

**\$5 General Admission 11 a.m.-3 p.m.**  
**\$10 VIP Admission 10 a.m.-3 p.m.**  
*(Includes VIP Early Bird Shopping, 5 Free Raffle Tickets & Mocktail)*

[www.MaumeeSeniorCenter.com](http://www.MaumeeSeniorCenter.com)



**SOUND  
 BATH CLASS**

Please join us for a deep relaxation sound bath experience with Kimberly Post, RN, Reiki Master and Sound Healing Practitioner.

Chairs are available. Feel free to bring a yoga mat and a pillow.

Reservations required. Call 419.893.1994 to reserve your spot!

**Friday, February 6<sup>th</sup>  
 &  
 Friday, March 6<sup>th</sup>**  
**1:30-2:30 pm**  
**\$10 PER PERSON**  
**ALL AGES WELCOME!**

## Opportunities to Support the MSC

*Are you looking for ways to support the Maumee Senior Center? Below are some ways that you may be able to help us continue to serve area seniors! If you have any questions, please give us a call at 419-893-1994. Thank you!*

### Are you enjoying your time at the Maumee Senior Center?

If your answer is 'yes!' then please consider writing us a review on our Facebook and Google pages! Positive reviews help people find the Maumee Senior Center and to connect them to our valuable services, programs and resources. We appreciate your support!

Type in 'Maumee Senior Center' to Facebook and Google to find our pages.

*Give us a follow on Facebook for updates!*



*We are in need of small pre-wrapped candy for our Breakfast with The Easter Bunny event on Saturday, March 28th.*



*You can leave donations at the front desk.*

*Deadline is Monday, March 23rd*

*Thank you so much!*

**The Maumee Senior Center is always looking for volunteers for our fundraising events and daily services!**

*Our upcoming events with volunteer needs:*

#### **Super Soup Luncheon**

Wednesday, 2/25

#### **Breakfast with the Easter Bunny**

Saturday, 3/28



Contact Tiffany or Laree at 419-893-1994 or at [mscprogramcoordinator@gmail.com](mailto:mscprogramcoordinator@gmail.com) to learn more about our volunteer opportunities!



**If you would like to make a monetary donation to help the Maumee Senior Center, please mail a check to:**  
2430 S. Detroit, Maumee, OH 43537  
or donate through Paypal by clicking the [Donate button](#) on our website at [MaumeeSeniorCenter.com](http://MaumeeSeniorCenter.com)

*Monetary donations help the MSC to continue programs and services.*

**THANK YOU!**

**~Legacy of Love~**

*The Maumee Senior Center welcomes monetary gifts to memorialize family and friends or to honor individuals who are involved in our programs and services. Legacy of Love donations help secure the future of the Maumee Senior Center for older adults. Many lives have been forever changed by the generous contributions of others.*

*The Maumee Senior Center is grateful for any monetary donations. Please keep the Maumee Senior Center in mind as you think about your future planning so we can continue your Legacy of Love serving seniors in your honor.*

**Alone we can do so little; together we can do so much.**

**Helen Keller**

# **MSC Transportation Service: 419-377-8113**



The Maumee Senior Center offers transportation to those 60 and older to medical appointments, the grocery store and round trips to and from the Maumee Senior Center Monday-Friday!

Do you live in the Maumee, South Toledo, Monclova, Holland, Neapolis, Waterville or Whitehouse areas and need a ride? Give us a call!

*Call our driver at 419-377-8113 at least 24-48 hours in advance to schedule a ride. There is no guarantee that transportation will be available at your time of need, however we will try our best to schedule you at your preferred time! Please call as early in advance as possible to reserve your spot.*

***Costs is \$3 suggested donation for round trip***

*If you are in need of groceries, see below for our online grocery ordering delivery service.*

## ***Ways to receive our Monthly Newsletter:***

For just \$15 per year you can receive the MSC Newsletter right to your home. You can also receive our newsletter by e-mail or by accessing our website at



[www.maumeseniorcenter.com](http://www.maumeseniorcenter.com) or by subscribing by email at: [mscprogramcoordinator@gmail.com](mailto:mscprogramcoordinator@gmail.com)

## **YOUR AD COULD BE HERE!**

Are you interested in advertising your business in the Maumee Senior Center Newsletter? Then this could be the opportunity for you!

Contact Tiffany at 419-893-1994 for more information regarding our newsletter advertising opportunities.



A small Christian church that meets every Sunday at 10:30 a.m. in the Maumee Senior Center Dining Room.

All are welcome!

Web site: [www.gcmaumee.org](http://www.gcmaumee.org)



## ***Senior Centers...***

Serve as a gateway to the nation's aging network—connecting older adults to vital community services that can help them stay healthy and independent.

*-National Council on Aging*

*Call us at 419-893-1994 to find a program to join at the Maumee Senior Center today!*



## **Online Grocery Ordering Delivery Service**

Are you in need of groceries and are unable to leave your home? Then give the Maumee Senior Center a call to assist you with ordering your groceries online and to get them delivered right to your door!

*All you will need before calling the MSC is:*

- ◆ A credit or debit card on hand— **you must be comfortable with a MSC staff member receiving your card information to order your groceries for you**
- ◆ Written out grocery list for time efficiency— **limit of 20 grocery items**

Call the Maumee Senior Center about 24-48 hours before you know you will be in need of these grocery items to ensure you will receive your items in a timely manner.

**There is no guarantee for day of grocery delivery.**

**Call: 419-893-1994**



## Free Walk-In Health Screenings at the Maumee Senior Center!

The first Thursday of every month, Mercy Health will offer a free Glucose and Blood Pressure clinic.

### The upcoming Mercy Health Clinics will be:

Thursday, February 5th

Thursday, March 5th

11am-1 p.m.



The third Tuesday of every month, UToledo Health will offer a free Blood Pressure clinic.

### The next UToledo Health Clinic will be:

Tuesday, February 17th: 12-1pm

Tuesday, March 17th: 2-3pm



### **Balance Screening– Registration Required!**

The next Med1Care Balance Screening will be:

Wednesday, February 25th

11am-12:30pm

Please call 419-893-1994 or stop at the front desk to register!

*Take control of your health and be sure to take advantage of these free clinics at the MSC!*

### Caregiver Support Group Tuesday, February 24th at 10 a.m.

Caring for a loved one can be stressful and we want to support you! Please join us to share your story and ideas and to meet other people in similar situations.



Register by calling 419-893-1994 or email—[mscoutreachcoordinator@gmail.com](mailto:mscoutreachcoordinator@gmail.com)

### Free Legal Consultations

The upcoming date for Legal Consultations are:

Tuesday, February 3rd  
And Tuesday, March 3rd

Schedule your 30 minute appointment with the Attorney by calling the MSC at 419-893-1994



## NEW! Mobile Foot Care Clinic

The Maumee Senior Center has partnered with Dr. Kim Carlson, DPM to have monthly 45 minute appointment foot care clinics here at the MSC!

The upcoming clinics are scheduled for:

**Tuesday, February 3rd & Tuesday, February 17th**

*Dr. Kim Carlson, DPM specializes in: basic toenail clipping, toenail and callus debridement. These gentle and effective procedures will help reduce discomfort and improve overall foot health. Perfect for individuals with nail conditions, mobility challenges, or those seeking preventative care. Free foot assessment with every visit!*

### **Benefits:**

- Relieves pressure and pain
- Improves nail appearance and hygiene
- Helps prevent infections



**Appointments cost \$45 per person payable to Dr. Kim on the day of appointment by cash, check, card.**

Registration is required. Call 419-893-1994 or stop by the front desk to reserve your spot!

## Tiny Tools Loan Program

(MSC Assistive Devices Available on Loan to Make Life Easier)



The Maumee Senior Center now offers a loan program specifically for assistive devices.

### Items include:

**Adaptable Seat Devices**

**Foot Peddler Machines for Circulation**

**Magnifying Glasses**

**Low Vision Lights**

**Other Low Vision Devices**

**Card Holders for Arthritic Hands**

**Grabber Sticks for low or high placed items**

**Assistive Bottle Openers**

**Writing Assistive Tools for Arthritic Hands**

**Assistive Eating Utensils for Arthritic Hands**

**Tablets with Audio Books from the**

**Toledo Lucas County Public Library**

***Try It Before You Buy It!***

**To borrow a device, stop and see Laree or any staff person.**

**Please, return the item in the same or better condition**

## Booster Membership Information

MSC Booster Club membership dues are \$30 for 12 months.

### FOR JUST \$30 A YEAR YOU WILL RECEIVE:

\*Deep gratification in knowing that you are helping support an effort to help other seniors in the community through the Maumee Senior Center.

\*1 FREE Dinner in the spring and 1 FREE Holiday Dinner at the Maumee Senior Center. Value=\$40

\*FREE recognition in MSC newsletter's birthday section and at the birthday party of your birthday month, MSC makes the suggested lunch donation in your honor. Value=\$2.50

\*Discounted fee for a classified listing in the MSC newsletter.

\*Exclusive Booster Club Member Only Mailings & Specials.

\*Special discount on day trips with Malinda.

\*Friends, Fun, & Fellowship.

\*Ask us how you can get 25% off your new membership!

### ***Be a Booster!***

*Join today by calling 419-893-1994 for a new member form!*



### ***Birthday Lunches for Booster Members!!***

#### **February Birthday lunch is on Tuesday the 24th**

The Maumee Senior Center will celebrate your birthday by making a lunch donation for you and providing birthday cake! Call 419-893-1994 to make your birthday lunch reservation!

### **We Proudly welcome our New MSC Booster Members:**



*Tina Hanna  
Shelly Bogdanski  
Sandy Johnston  
Mabel Forbes  
Suzanne Gardner*

*Joyce Rupley  
Scott Fowler  
Art Smith  
Janet Young  
David Miller*

**We had 11 people renew their memberships this month—  
thank you so much for your support!!**

**Happy Birthday to  
all of our  
February MSC  
Booster Members!**



Kahle	Michael	2/1
Savage	Elaine	2/2
Radey Forgette	Susan	2/2
Thomasson	Sue	2/9
Vallejo	Armando	2/13
Jacobs	Carol	2/17
Henning	Mary	2/19
Nimr	Sue	2/20
Hahler	Barbara	2/23
Klein Walsh	Linda	2/23
Luginbuhl	Jim	2/28
Cuddeback	Stephen	2/29

## MSC Virtual ZOOM Programs

### **Silver Sneakers classes with Sheila Brown**

#### ***Cardio & Tone***

Mondays at 10 a.m.

This is an intermediate exercise class for the active older adult. Low impact cardio movements will raise the heart rate, while light resistance equipment will be used to strengthen the muscles. \*\$3 for non-SS members.

#### ***Stretch & Balance***

Thursdays at 10 a.m.

This is a low impact class with dynamic movements and stretches that are the foundation of this class. A chair will be utilized for appropriately half of the exercises making it well suited for beginners! \*\$3 for non-SS members.

**These classes are virtual, online from the comfort of your home, through ZOOM. Please contact Tiffany at 419-893-1994 or [mscprogramcoordinator@gmail.com](mailto:mscprogramcoordinator@gmail.com) for more information on how to join these classes.**

**Registration required.**

### **MSC Fitness Room**

Equipped with treadmills, bikes, weights & lifting machines, elliptical, pool table, air hockey table, ping pong table, corn hole boards, large TV, fan, and more! All of the equipment is for you to use for free during our business hours!

Come and go as you please, no reservations are required. \*\*\**Equipment use is at your own risk.*

**\*\*Ping pong paddles and air hockey pucks, etc. can be checked out at the front desk.\*\***

### **Jazzercise Lo with Christy Owed**

Mondays, Wednesdays & Fridays at 11 a.m.

Jazzercise lo is a low impact energetic workout that combines dance cardio, with strength, balance and core work. If you love music and love to dance, Jazzercise lo is a great way to workout while feeling like you're at a dance party with friends!

*Join us for your first class free!*

For any questions at all or regarding pricing please contact Christy Owed directly at 419-460-1734



## ***Line Dancing Classes at the MSC!***

**Line Dancing is a great form of exercise that helps to improve strength, muscle function and balance! Sharpen your mind and your coordination and join in the fun with Line Dancing Classes at the MSC—and bring a friend too! Check out these classes below!**

### **Line Dancing Classes with Belinda Cytlak**



**Men's Beginner's Line Dancing: Mondays at 1:20 p.m.**

**Beginner's Line Dancing: Mondays at 2 p.m.**

This class is for those that are familiar with the basic line dancing steps and dances. Are you ready to build onto those skills? Then this class is for you! Join in on this Beginner's level Line Dancing class that will focus on building onto the basics with incorporating new steps and dances. New participants are welcome!

*\*Cost is \$3 payable to instructor at the door.*

### **Line Dancing Class with Michael Gurtzweiler**

#### **Regular Line Dancing**

Wednesdays at 9 a.m. & Thursdays at 9:45 a.m.

This class is for participants familiar with most frequently used line dance steps. Turns and brisk footwork are included. Dancers will expand their repertoire of dances at all levels: from beginner/improver to the intermediate levels. Waltzes, in triple time, will also be part of the repertoire. New Participants are welcome!

*\*Cost is \$3 payable to instructor at the door.*



**Do you have Silver Sneakers or Renew Active?  
Then check out these classes listed below!**



### Silver Sneakers classes with Gavin Pitt:

#### **Tai Chi**

Wednesdays and Thursdays at 11 a.m.

Tai Chi for Health has a focus on moving and balancing and safety. Whether you are a first time person or have done Tai Chi before, you are welcome! A chair is used for seated Tai Chi movements as well.

*The cost is \$3 for non silver sneakers members*

#### **Sitting & Standing Yoga**

Tuesdays at 11:15 a.m.

Move through classic yoga poses to increase flexibility, balance and range of motion. The classic poses are adapted to being seated, although there is some standing. Come check it out!

*The cost is \$3 for non silver sneakers members*

#### **Well-Balanced**

Tuesdays at 10 a.m.

This class is designed to improve balance, agility, mobility and power. It is slow paced and does not include cardio.

If you are looking to strengthen your core and improve your balance and mobility, then this class is for you!

Give it a try! *The cost is \$3 for non silver sneakers members*

### Silver Sneakers Classes with Angie Mourton:

#### **BOOM Muscle**

Mondays at 12:15 p.m. & Thursdays at 1:15 p.m.

This class incorporates athletic-based exercises that improve upper body conditioning. You'll move through several "blocks," which are groups of exercises that focus on strengthening different muscle groups.

*The cost is \$3 for non silver sneakers members*

#### **Chair Yoga**

Wednesdays at 1:15 p.m. & Fridays at 12:15

This class is a fusion of flexibility, endurance and balance that we all can use over time. It also helps with stress management. This class is primarily done in a chair but may have some standing.

*The cost is \$3 for non silver sneakers members*

### **NEW! Starts 2/17 Silver Sneakers Circuit with Amber Langley:**

Tuesdays at 10:15 a.m. and Wednesdays at 12:15 p.m.

This is an intermediate, standing fitness class that blends low-impact aerobic choreography with strength training, utilizing handheld weights, elastic tubing and a ball to build cardiovascular endurance, muscle strength and improve overall functional fitness. Equipment is limited, you are encouraged to bring your own.

*The cost is \$5 for non silver sneakers members payable to instructor at the door.*

### Chair Zumba with Vickie Geha

Mondays and Thursdays at 9 a.m.

Wednesdays at 10 a.m.

This class incorporates movements taken from Latin dances like the merengue, salsa, and cha cha to create an exhilarating program that aims to improve overall energy, core stability, muscular strength, cardiovascular endurance, and motor skills. New participants welcome!

*\$2 per class payable to instructor at the door*



**ZUMBA®**

### Cardio Drumming with Vickie Geha

Tuesdays at 3 p.m. and Wednesdays at 9 a.m.

This class takes a simple movement - drumming - and turns it into a full-body workout that will leave you smiling, sweating, and feeling great! It brings together drumsticks, an exercise ball, and an exercise ball stand to create one of the most fun workouts you'll ever do. Equipment is limited, but provided on a first come first-served basis. Feel free to bring your own!

*\$2 per class payable to instructor at the door*



## Activities

# MSC Daily Activities

Lunch is served daily Monday-Friday at 11:45 a.m.

**Mondays:**

9 a.m. – Chair Zumba with Vickie Geha  
 10 a.m. – VIRTUAL SS Cardio & Tone with Sheila Brown  
 11 a.m. – Jazzercise Lo with Christy Owed  
 12:15 p.m. – SS BOOM Muscle with Angie Mourton  
 12:30 p.m. – Duplicate Bridge  
 12:30 p.m. – Hand & Foot  
 12:30 p.m. – Mahjong  
 2 p.m. – Beginner's Line Dancing with Belinda Cytlak

**Tuesdays:**

10 a.m. – SS Well-Balanced with Gavin Pitt  
 10:15 a.m. – SS Circuit with Amber Langley (**Starts 2/17**)  
 11:15 a.m. – SS Seated & Standing Yoga with Gavin Pitt  
 12:30 p.m. – Art Class with Mary Jane Erard  
 12:30 p.m. – 4-Handed Euchre  
 1 p.m. – Senior Singers Choir  
 3 p.m. – Cardio Drumming with Vickie Geha

**Wednesdays:**

9 a.m. – Cardio Drumming with Vickie Geha  
 9 a.m. – Regular Line Dancing with Michael Gurtzweiler  
 10 a.m. – Chair Zumba with Vickie Geha  
 10:30 a.m. – Pokeno  
 11 a.m. – SS Tai Chi with Gavin Pitt  
 11 a.m. – Jazzercise Lo with Christy Owed  
 12:15 p.m. – SS Circuit with Amber Langley (**Starts 2/18**)  
 12:45 p.m. – BINGO  
 1 p.m. – Knitting  
 1:15 p.m. – SS Chair Yoga with Angie Mourton

**Thursdays:**

9 a.m. – Chair Zumba with Vickie Geha  
 9:45 a.m. – Regular Line Dancing with Michael Gurtzweiler  
 10 a.m. – VIRTUAL SS Stretch & Balance with Sheila Brown  
 11 a.m. – SS Tai Chi with Gavin Pitt  
 12:30 p.m. – 6-Handed Euchre & 4-Handed Euchre  
 12:30 p.m. – Duplicate Bridge  
 1:15 p.m. – SS BOOM Muscle with Angie Mourton

**Fridays:**

11 a.m. – Jazzercise Lo with Christy Owed  
 12:15 p.m. – SS Chair Yoga with Angie Mourton  
 12:30 p.m. – Pinochle  
 12:30 p.m. – Skip Bo

## Art Classes with Mary Jane Erard

**Tuesdays at 12:30 p.m. and Special Thursdays as noted below:**

Mary Jane is a well known regional artist and is represented by the Toledo Museum of Art. All students regardless of your experience with art are welcomed to join Mary Jane on Tuesdays and Thursdays!

*Mary Jane can assist you with a variety of different mediums included but not limited to: water color, pastel, oils, acrylics, colored pencil, painting, drawing, etc.*

*If you have any questions or would like to meet the instructor, stop by class anytime on Tuesdays.*



**Cost is \$7 per class payable to the instructor at the door.**

## BINGO! Wednesdays at 12:45 p.m.

Join in on the fun at the Maumee Senior Center with our weekly Bingo! Come for lunch and stay for Bingo! See you there!

Call 419-893-1994 for any questions.



## Hooks, Yarn & Needles between Friends Wednesdays at 1 p.m.

This group is open to knitters of all abilities! Whether you are new, or have been at it for years, whether you quilt, knit, crochet, loom, needle point, cross stitch or do embroidery, this group is for you! There are needles and some practice yarn available.

Beginners are welcome, come check it out!



## Thursday, February 26th

Floral still life in Acrylic, watercolor or pastels

Join us for this 2.5 hour workshop class to learn about watercolors to create your own beautiful floral still life! These classes are suitable for beginners and intermediate painters. Come check it out! Open to all ages

**Cost: \$25- all supplies included**

Call 419-893-1994 to reserve your space today!



## Maumee Senior Center Singers Tuesdays at 1 p.m.

The Maumee Senior Center Singers are led by Director Jim Burns. The choir has presented hundreds of performances in Northwest Ohio.

**Love to Sing?** Come to singers practice sessions **Tuesday afternoons at 1 p.m.** at the Senior Center! Beginners welcome!

**For more information: Call 419-893-1994**



## Creative Card Making Classes

Tuesday, February 3rd from 10-11:30  
Tuesday, February 17th from 10-11:30

All supplies necessary to complete this project are included. We will walk you through each step of the design, which you will place in a hand stamped envelope for mailing to your friends and family. Join us for a fun and creative DIY workshop with Ruth.

**Card theme is: Birthday, Valentine's Day, St. Patrick's Day & Spring Flowers!**

**Cost is \$8 per person** which includes 3 cards.  
Please call 419-893-1994 or stop by the front desk to make your reservation.

## MSC Book Club with Jane Berger Monday, March 9th

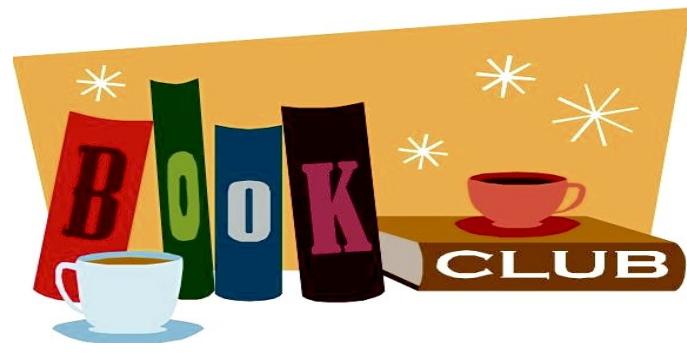
For March, the MSC Book Club is discussing:

**The Most Fun We Ever Had**  
By: Claire Lombardo

For April, the MSC Book Club will be discussing:

**Tom Lake**  
By: Ann Patchett

This group is always looking for new participants and typically meets on the second Monday of every month. Some dates may be subject to change. Call 419-893-1994 if you have any questions.



## MSC Cards and Games of Strategy!

- Mondays 12:30 pm: **Duplicate Bridge**
- Mondays 12:30 pm: **Hand & Foot**
- Mondays 12:30 pm: **Mahjong**
- Tuesdays 12:30 pm: **4 Handed Euchre**
- Wednesdays 10:30 am: **Pokeno**
- Wednesdays 12:45 am: **BINGO**
- Thursdays 12:30 pm: **6 & 4 Handed Euchre**
- Thursdays 12:30 pm: **Duplicate Bridge**
- Fridays 12:30 pm: **Pinochle**
- Fridays 12:30 pm: **Skip Bo**

Puzzles, Books, Magazines and Board Games are available daily in the library!

Don't see a card game that you're interested in?  
Let's start a new game!  
Contact 419-893-1994 to share your ideas!

## Waterville Library Programs

We have expanded our senior programs and services to the Waterville Public Library!

Stop by the Waterville Library or check out our website at [www.maumeesenior.com](http://www.maumeesenior.com) for more information regarding the meal program and services offered.

# **SENIOR MONDAYS & FRIDAYS WITH** **THE MAUMEE SENIOR CENTER** **At The Waterville Branch Library** **FEBRUARY 2026**

*\*Dates Subject to Change*

**ACTIVITIES BEGIN AT 12:45 P.M.**

CALL 419-893-1994 TO REGISTER FOR AN ACTIVITY.

<b><u>DATE</u></b>	<b><u>ACTIVITY</u></b>
FEB. 2	MOVIE DAY: THE SECRET LIFE OF WALTER MITTY
FEB. 6	COOKING SUPERBOWL SNACKS
FEB. 9	MAKE & TAKE: NO SEW HEART PILLOW
FEB. 13	VALENTINE'S DAY PARTY & GAMES
FEB. 16	RANDOM ACTS OF KINDNESS DAY: CREATE CARDS TO BE PASSED OUT AT THE LIBRARY
FEB. 20	BINGO DAY: SPONSORED BY COMFORT KEEPERS
FEB. 23	GAME DAY: BRING YOUR CARDS & PLAY!
FEB. 27	PRESENTATION: <u>FRAUD PREVENTION</u> PRESENTED BY F & M BANK

# MYSTERY DAY Trip

TICKETS ON SALE  
NOW!

MSC MEMBER:

\$105

NON-MEMBER:

\$125

Minimum 40 people required. See a Staff Member to purchase. No refunds.

**LEVEL 1**

TUES., APRIL 21, 2026  
DEPART 9 A.M.  
RETURN 4 P.M.

[WWW.MAUMEESENIORCENTER.COM](http://WWW.MAUMEESENIORCENTER.COM)



LEVEL 1: Minimal walking through parking lots & drop off locations. Standing while waiting in line and for entrance to tours. Will include steps & uneven surfaces throughout day.

## Community Speakers

### ***MSC Community Speakers:***

**Wednesday, February 11th at 11 a.m.**

***“Lunch & Learn”***

By: Arista Home Care

**Wednesday, February 18th at 11 a.m.**

***“How to avoid Utility Scams”***

By: Office of the Ohio Consumers' Counsel

These presentations are right before lunch and we would love to have you join us! Call 419-893-1994 to make your lunch reservation.

**KNOWledge  
is POWeR**

### ***Help us restock Wilma's Cupboard!***

Thanks to the generosity of our seniors and the community, the Maumee Senior Center is able to offer delicious and nutritious meals to seniors on a daily basis. However, in order to help reduce costs, we are asking for donations to help stock Wilma's cupboards.

This is a great way to support the Maumee Senior Center and to help our dollars to go further to support seniors and services.

#### ***We are in need of:***

- Canned fruit (large cans)
- Frozen Vegetables
- Napkins
- Brown Paper Bags size: 5" 1/8 x 3" 1/8 x 10" 5/8



**Please leave donations at the front desk. Thank you!!**

## BE OUR **Valentine Party!**

**FEBRUARY 10TH AT 11AM**

Join us for lunch on Tuesday, February 10<sup>th</sup> at 11am for a fun and festive Valentine's Party! Enjoy lunch, trivia and raffles. Wear pink or red--the most festive outfit will win a prize!

Call 419-893-1994 or stop by the front desk to reserve your spot today.

**Please bring a Valentine's dessert to share!**

# MSC February 2026 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2 Pork &amp; Apples OR Chicken Patty Sandwich</b> , mixed vegetables, cinnamon apples, bread & milk	<b>3 Beef &amp; Cabbage OR Sausage Potato &amp; Green Bean Casserole</b> , peas, pineapple, bread & milk	<b>4 Ravioli OR Taco Boat</b> , corn, peaches, bread & milk	<b>5 Baked Chicken OR Beef &amp; Mushrooms</b> , cabbage & noodles, mandarin oranges, bread & milk	<b>6 Tuna Noodle Casserole OR Baked Potato</b> , green beans, mixed fruit, bread & milk
<b>9 Goulash OR Grilled Cheese &amp; Tomato Soup</b> , corn, mandarin oranges, bread & milk	<b>10 Pork Chop OR Egg Salad Sandwich</b> , broccoli, peaches, bread & milk	<b>11 Beef Stroganoff OR Beans &amp; Weenies</b> , carrots, pears, bread & milk	<b>12 Bratwurst on Bun OR Pork &amp; Potatoes</b> , green beans, grapes, bread & milk	<b>13 Chicken &amp; Stuffing OR Tortellini &amp; Sauce</b> , beets, applesauce, bread & milk
<b>16 Swedish Meatballs w/Rice OR Quiche</b> , peas, pears, bread & milk	<b>17 Scalloped Potatoes &amp; Ham OR Mexican Cornbread</b> , corn, mixed fruit, bread & milk	<b>18 Chili OR Beef &amp; Peppers over Rice</b> , green beans, grapes, corn muffin & milk	<b>19 Stuffed Pepper w/Sauce OR Tuna Salad Sandwich on Croissant</b> , O'Brien Potatoes, apples, bread & milk	<b>20 Baked Potato &amp; Cheese OR Baked Chicken</b> , broccoli, mandarin oranges, bread & milk
<p>The following major food allergens are used as ingredients:  <i>Milk, Egg, Fish, Crustacean, Shellfish, Tree Nuts, Peanuts, Wheat, Soy and Sesame.</i></p> <p>Please notify a staff member for more information.</p>		<b>24 Beef Stew OR Hot Open Face Turkey &amp; Gravy on Texas Toast</b> , carrots, fruit cocktail, corn muffin & milk	<b>25 SOUPER SOUP LUNCHEON</b> <b>Birthday Cake</b>	<b>26 Taco Lasagna OR Pork Chop</b> , corn, apples, bread & milk
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>

Call **419-893-1994** to reserve your dine-in meal. Suggested senior donation is \$2.50. Dine-in is at 11:45 a.m.

Please call 24-48 hours in advance if you would like to be added to our dine-in reservation list.

**Menu items subject to change.**

**\*\*INGREDIENT INFO AVAILABLE UPON REQUEST\*\***

**Maumee Senior Center  
2430 S. Detroit Ave.  
Maumee, OH 43537  
Phone: (419) 893-1994**

Facebook.com/maumeeseniorcenter  
www.maumeeseniorcenter.com

#### MISSION STATEMENT:

The mission of the Maumee Senior Center is to create an atmosphere which affirms the dignity and self-worth of the older population by serving their physical, emotional and economic well-being while encouraging their independence and continued participation in the community.



The Maumee Senior Center is here to serve you. However, as a non-profit organization, we must be frugal. Please consider donating new or used items on our wish list.

**Cleaning Supplies:**

Clorox or Lysol wipes  
Hand Sanitizer  
Hand Soap

**Gift Cards:**

Gift cards, cash gift cards and gas cards

**Miscellaneous/Kitchen:**

8.5x11 and 11x17 paper  
Napkins and paper towels  
Coffee Filters (12 cup)  
Canned coffee grounds (reg & decaf)  
Round knitting looms  
Loom knit hooks  
Crochet needle hooks  
Christmas fabric

**Check out our Walmart Registry!**

<https://www.walmart.com/registry/RR/09a8abbb-0113-4b38-999a-3e9c9095aca4>

**We greatly appreciate your support!**

#### **UPCOMING EVENTS!**

**February 3:**  
Card Making Class

**February 6:**  
Sound Bath Class

**February 25:**  
Soup Luncheon Fundraiser

**February 26:**  
Art Workshop

**March 28:**  
Breakfast with the Easter Bunny

  
*Mark your calendar!*