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419-377-8113

**Drivers: Sue LaFountaine &
Dennis Oberhauser**



Maumee Senior Center News

2430 S. Detroit Ave. Maumee, OH 43537

♦ Phone (419) 893-1994 ♦
www.maumeseniorcenter.com
www.facebook.com/maumeseniorcenter

**SEPTEMBER
2025**

CLOSURE NOTICE:

The Maumee Senior Center will be closed on Monday, September 1st for the Holiday and Friday, September 5th for our Health Fair. See you there!



Pulled Pork Dinner Drive-Thru



SATURDAY September 27, 2025

**Smoked, Slow-Roasted
Pork Sandwich + Coleslaw +
Beans + Cookie**

BBQ Sauce Available



OR



**VEGAN PULLED JACKFRUIT
MEAL!**

\$10.00 per meal

**UPGRADE TO DOUBLE MEAT
AVAILABLE FOR \$3.00 MORE!**

Add Smoked Queso & Chips For \$5 More

All proceeds support Maumee Senior Center Programs!

WHILE SUPPLIES LAST

3-6 P.M.

WHILE SUPPLIES LAST

TAILGATE MEAL PACKAGES TO GO!

**Pre-Order 5 meals or more to beat the drive-thru rush and
pick up your bulk order beginning at 2 p.m.!**

Pre-Order 10 meals or more & receive FREE DELIVERY!

Call 419-893-1994 to order. Tailgate orders are due by Sept. 19!

MAUMEE SENIOR CENTER, 2430 S. Detroit Ave.

Call 419-893-1994

!! OUR NUMBERS ARE GROWING !!

Please consider carpooling with a friend to the Center to help free up parking spaces so we can continue to serve as many people as possible. Thank you!

Programs and services at the Maumee Senior Center are partially funded by the Older American's Act, the Lucas County Senior Services Levy, City of Maumee, and other state and federal sources, as well as, fundraisers, memberships, sponsorships and donations. Donations to the center for its programs and services are gratefully accepted.

MSC Board of Trustees:

*Joe LaChapelle
Maria Zapiecki
Chris Blakely
Heather Cole
John Gouttiere
Genevieve Stults
Pat Viertlbeck
Darryl Lycourt
Doug Swary*

Advisory Committee:

*Chris Blakely– Chairman,
and Ginny Hiser*

The Advisory Committee is a group of representative Senior Center participants. To offer concerns or questions for the Advisory Committee, contact the Advisory Committee by e-mail at:
mscadvisory@gmail.com or any of the participants.

ATTENTION:

Opinions of guest speakers and advertisements are not necessarily those of the Maumee Senior Center. Although Maumee Senior Center is proud to advertise quality businesses and products, we do not endorse these companies in a mutually exclusive manner.

OUR NUMBERS ARE GROWING!

Please consider carpooling with a friend to the Center to help free up parking spaces so we can continue to serve as many people as possible. Thank you!



Maumee Senior Center's Health & Wellness Fair Returns!

**FRIDAY, SEPTEMBER 5, 2025
9:30 A.M.-1 P.M.**

2430 S. Detroit Ave., Maumee, 419-893-1994

FREE Lunch! FREE Admission!

Chance to win a \$250 Grand Cash Prize!

Be Sure to Stop By for:

- *Alzheimer's Association Educational Presentations*
- *Free Health Screenings*
- *One-on-One Time with Local Professionals*
- *Basket and 50/50 Raffles & More!*

Thank you to our sponsors:

***Maison-Dardenne-Walker Funeral Home,
Maumee Pointe, MediGold and Lakes of Monclova!***



Maumee Senior Center to celebrate National Senior Center's Month with Kerry Patrick Clark!

September is National Senior Center's month and we are having a party!

Join us for lunch and cake on Tuesday, September 16th at 11a.m. for fun and entertainment provided by Kerry Patrick Clark!

*On the menu:
Shepherd's Pie or Pierogi &
Sautéed Onions. Dessert– birthday cake!
Lunch is a suggested donation of \$2.50*



Space is limited! Call 419-893-1994 or stop by the front desk to make your lunch reservation today!

*This is the same day as September member birthday party.

***Entertainment sponsored by: Care Source
Birthday party sponsored by: Glass Peaks Senior Living***

“Wind down your week” with a Sound Bath at the MSC!

Friday, September 12th from 1:30-2:30 p.m.

The next Sound Bath is on Friday, October 10th

Please join us for a deep relaxation Sound Bath experience with Kimberly Post RN, Reiki Master and Sound Healing Practitioner. *Sound Baths are beneficial in assisting the body with clearing negative energy and emotions, which can bring the body back into balance. Attending a sound bath can lift our mood and raise our vibration and allow us to feel more connected to ourselves & the world around us.*

Cost is \$10 per person please call 419-893-1994 in advance to make your reservation. **All ages welcome!**

**If class number does not reach minimum requirement, it may be cancelled. Tickets are non-refundable. Thank you!*



All Media Workshop Class
Thursday, September 18th at 12:30 p.m.

Join us for this 2.5 hour workshop to learn principles of Landscape painting. There will be a demonstration by Mary Jane Erard using pastel at the beginning of class.

This class is suitable for beginners and intermediate painters. Open to all ages!

Cost: \$20- all supplies included

What you need to bring: a color photo, which can be on a phone or iPad. Call 419-893-1994 to register or stop at the front desk.



Creative Card Making Class

Tuesday, September 16th from 10-11:30

All supplies necessary to complete this project are included. We will walk you through each step of the design, which you will place in a hand stamped envelope for mailing to your friends and family. Join us for a fun and creative DIY workshop with Ruth.

Card theme is: Get well soon, autumn greetings!

Cost is \$8 per person which includes 3 cards. Please call 419-893-1994 or stop by the front desk to make your reservation.

All that Jazz

at the Maumee Senior Center



Featuring
Gene Parker

October 17, 2025

Dinner Menu:

**Salisbury Steak with Onion Gravy • Mashed Potatoes •
 Dinner Roll & Butter • Green Beans with Slivered Almonds •
 Dessert**

Beverages Available for a Donation

\$35/Person - Limited Seating; Deadline to Purchase

Tickets is October 10; No Refunds

Doors Open: 5:15 p.m. ~ Dinner Served: 6:15 p.m.

2430 South Detroit Ave. | 419-893-1994

maumeeseniorcenter@gmail.com | www.maumeeseniorcenter.com



Opportunities to Support the MSC

Are you looking for ways to support the Maumee Senior Center? Below are some ways that you may be able to help us continue to serve area seniors! If you have any questions, please give us a call at 419-893-1994. Thank you!



We are looking for Front Desk Volunteers!

*Are you interested in volunteering this fall and winter?
Then this might be the opportunity for you!*

This is a great position for those that enjoy working with people! We need volunteers to greet visitors, answer phones, help with our lunch and special event reservation programs, MSC Café and help complete light office work.

If you are interested, please contact the Maumee Senior Center at 419-893-1994 or send an email to Tiffany at msscprogramcoordinator@gmail.com for more information.

~Legacy of Love~

The Maumee Senior Center welcomes monetary gifts to memorialize family and friends or to honor individuals who are involved in our programs and services. Legacy of Love donations help secure the future of the Maumee Senior Center for older adults. Many lives have been forever changed by the generous contributions of others.

The Maumee Senior Center is grateful for any monetary donations. Please keep the Maumee Senior Center in mind as you think about your future planning so we can continue your Legacy of Love serving seniors in your honor.



The Maumee Senior Center is always looking for volunteers for our fundraising events and daily services!

Our upcoming events with volunteer needs:

Health & Wellness Fair
Friday, 9/5

Pulled Pork Drive-Thru
Saturday, 9/27

Jazz Night
Friday, 10/17



Contact Tiffany or Laree at 419-893-1994 or at msscprogramcoordinator@gmail.com to learn more



**If you would like to make a monetary
donation to help the Maumee Senior Center,
please mail a check to:**
2430 S. Detroit, Maumee, OH 43537
or donate through Paypal by clicking the
[Donate button](#) on our website at
MaumeeSeniorCenter.com

*Monetary donations help the MSC to continue
programs and services.*

THANK YOU!

**The Maumee Senior Center
is registered with Walmart's
Registry for Good Program.**

Walmart

**Type in "Maumee Seniors
Inc" in the search bar at:**
[www.walmart.com/registry/
registryforgood](http://www.walmart.com/registry/registryforgood)



Registry for Good

You can purchase our wish list items right through
the website and it will get sent directly to us!

*Thank you for your consideration in helping the
Maumee Senior Center! We are able to do what we
do because of supporters like you!*

MSC Transportation Service

The Maumee Senior Center offers transportation to those 60 and older to medical appointments, the grocery store and round trips to and from the Maumee Senior Center Monday-Friday!

Do you live in the Maumee, South Toledo, Monclova, Holland, Neapolis, Waterville or Whitehouse areas and need a ride? Give us a call!

Call our driver at 419-377-8113 at least 24-48 hours in advance to schedule a ride. There is no guarantee that transportation will be available at your time of need. Please call as early in advance as possible to reserve your spot.

Costs is \$3 suggested donation for round trip

If you are in need of groceries, see below for our online grocery ordering delivery service.





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OH OFFICE: (419) 866-8888
MI OFFICE: (734) 847-6702

Ways to receive our Monthly Newsletter:

For just \$12 per year you can receive the MSC Newsletter right to your home. You can also receive our newsletter by e-mail or by accessing our website at www.maumeseniorcenter.com or by subscribing by email at: mscprogramcoordinator@gmail.com



**GRACE COMMUNION
MAUMEE**

A small Christian church that meets every Sunday at 10:30 a.m. in the Maumee Senior Center Dining Room.

All are welcome!



Web site: www.gcmaumee.org

Senior Centers...

Serve as a gateway to the nation's aging network—connecting older adults to vital community services that can help them stay healthy and independent.

-National Council on Aging

Call us at 419-893-1994 to find a program to join at the Maumee Senior Center today!



Online Grocery Ordering Delivery Service

Are you in need of groceries and are unable to leave your home? Then give the Maumee Senior Center a call to assist you with ordering your groceries online and to get them delivered right to your door!

All you will need before calling the MSC is:

- ♦ A credit or debit card on hand— **you must be comfortable with a MSC staff member receiving your card information to order your groceries for you**
- ♦ Written out grocery list for time efficiency— **limit of 20 grocery items**

Call the Maumee Senior Center about 24-48 hours before you know you will be in need of these grocery items to ensure you will receive your items in a timely manner.

There is no guarantee for day of grocery delivery.

Call: 419-893-1994



Outreach—Clinics, Support Group, Assistance

Free Walk-In Health Screenings at the Maumee Senior Center!

The first Thursday of every month, Mercy Health will offer a free Glucose and Blood Pressure clinic.

The upcoming Mercy Health Clinics will be:

Thursday, September 4th

**Thursday, October 2nd
11am-1 p.m.**



The third Tuesday of every month, UToledo Health will offer a free Blood Pressure clinic.

The next UToledo Health Clinic will be:

Tuesday, September 16th

**Tuesday, October 21st
10am-11:30am**



Balance Screening— Registration Required!

The next Med1Care Balance Screening will be:
**Wednesday, October 22nd
11am-12pm**

Please call 419-893-1994 or stop at the front desk to register!

Take control of your health and be sure to take advantage of these free walk-in clinics at the Maumee Senior Center!

Mobile Foot Care Clinic

The Maumee Senior Center has partnered with Caring Sole Foot Wellness, LLC to have a monthly foot care clinic here at the Maumee Senior Center!

The upcoming clinics are scheduled for:

**Tuesday, September 23rd &
Tuesday, October 28th**

They specialize in: Nail Trimming, Callus and Corn Removal, Foot Massage, Moisturizing Treatments, Assessments for potential issues, Diabetic Foot Care, Nail Painting (if you'd like!)

Appointments cost \$30 per person for first time visit.
All visits after that are \$40.

Registration is required. Call 419-893-1994 or stop by the front desk to secure your spot!

MSC Caregiver Support Group

Tuesday, October 28th at 10 AM

Caring for a loved one can be stressful and we want to support you! Please join us to share your story and ideas and to meet other people in similar situations.



Register by calling 419-893-1994 or email—
mscoutreachcoordinator@gmail.com

Tiny Tools Loan Program

(MSC Assistive Devices Available on Loan to Make Life Easier)



The Maumee Senior Center now offers a loan program specifically for assistive devices.

Items include:

Adaptable Seat Devices
Foot Peddler Machines for Circulation
Magnifying Glasses
Low Vision Lights
Other Low Vision Devices
Card Holders for Arthritic Hands
Grabber Sticks for low or high placed items
Assistive Bottle Openers
Writing Assistive Tools for Arthritic Hands
Assistive Eating Utensils for Arthritic Hands
**Tablets with Audio Books from the
Toledo Lucas County Public Library**

Try It Before You Buy It!

**To borrow a device, stop and see Laree or
any staff person.**

Please, return the item in the same or better condition

Legal Assistance available at the Maumee Senior Center!

The upcoming date for Legal Consultations are:

**Tuesday, September 2nd
And Tuesday, October 7th**

Schedule your 30 minute appointment with
the Attorney by calling the MSC at
419-893-1994



MSC MEMBERSHIP INFORMATION

MSC Booster Club membership dues are \$30 for 12 months.

FOR JUST \$30 A YEAR YOU WILL RECEIVE:

- *Deep gratification in knowing that you are helping support an effort to help other seniors in the community through the Maumee Senior Center.
- *1 FREE Dinner in the spring and 1 FREE Holiday Dinner at the Maumee Senior Center. Value=\$40
- *FREE recognition in MSC newsletter's birthday section and at the birthday party of your birthday month, MSC makes the suggested lunch donation in your honor. Value=\$2.50
- *Discounted fee for a classified listing in the MSC newsletter.
- *Exclusive Booster Club Member Only Mailings & Specials.
- *Special discount on day trips with Malinda.
- *Friends, Fun, & Fellowship.
- *Ask us how you can get 25% off your new membership!

Be a Booster!

Join today by calling 419-893-1994 for a new member form!



Birthday Lunches for Booster Members!!

September Birthday lunch is on Tuesday the 16h!

The Maumee Senior Center will celebrate your birthday by making a lunch donation for you and providing birthday cake!
Call 419-893-1994 to make your birthday lunch reservation!

We Proudly welcome our New MSC Booster Members:

Barb Warner

Cheryl Crawford

Ron Crawford



**We had 18 people renew their memberships this
month— thank you so much for your support!!**

***Happy Birthday to
all of our
September MSC
Members!***



| | | |
|-------------|----------|------|
| Trettin | Patricia | 9/1 |
| Breault | Sandra | 9/3 |
| Hames | Martin | 9/4 |
| Randall | Sandra | 9/8 |
| Barrera | Lina | 9/10 |
| Kowalski | Robert | 9/11 |
| Cramer | Kenneth | 9/13 |
| Crawford | Ron | 9/13 |
| Moser | Mary | 9/14 |
| Rambo | Regina | 9/14 |
| Sweeney | Vicki | 9/17 |
| Pontius | MaryAnn | 9/20 |
| Cheney | Patricia | 9/22 |
| Dodds | Gary | 9/23 |
| Quackenbush | Jim | 9/28 |
| Aberl | Mike | 9/29 |
| Harbert | Bevely | 9/29 |
| Lohmeyer | Karen | 9/29 |

MSC Virtual ZOOM Programs

Silver Sneakers classes with Sheila Brown

Cardio & Tone

Mondays at 10 a.m.

This is an intermediate exercise class for the active older adult. Low impact cardio movements will raise the heart rate, while light resistance equipment will be used to strengthen the muscles. **Cost is \$3 per class for non SS members.*

Stretch & Balance

Thursdays at 10 a.m.

This is a low impact class with dynamic movements and stretches that are the foundation of this class. A chair will be utilized for appropriately half of the exercises making it well suited for beginners! **Cost is \$3 per class for non SS members.*

These classes are virtual, online from the comfort of your home, through ZOOM. Please contact program coordinator, Tiffany Peet at 419-893-1994 or mscprogramcoordinator@gmail.com for more information on how to join these classes. Registration required.

Jazzercise Lo with Christy Owed

Mondays, Wednesdays and
Fridays at 11 a.m.

Jazzercise lo is a low impact energetic workout that combines dance cardio, with strength, balance and core work.

If you love music and love to dance, Jazzercise lo is a great way to workout while feeling like you're at a dance party with friends!

Join us for your first class free!

For any questions at all or regarding pricing please contact Christy Owed directly at 419-460-1734



Line Dancing Classes at the MSC!

Line Dancing is a great form of exercise that helps to improve strength, muscle function and balance! Sharpen your mind and your coordination and join in the fun with Line Dancing Classes at the MSC— and bring a friend too! Check out these classes below!

Line Dancing Classes with Belinda Cytlak

COMING SOON!

Men's Only Ultra-Beginner's Line Dancing Mondays in October at 1:15 p.m.

Join in on this 4-week men's only line dancing class!

This class will meet for 25 minutes before the Beginner's Line Dancing Class.

Every Monday in October: 6th, 13th, 20th and 27th.

Call 419-893-1994 to reserve your spot!

**Cost is \$12 for the 4-week session payable to instructor at the door.*

Beginner's Line Dancing Mondays at 2 p.m.

This class is for those that are familiar with the basic line dancing steps and dances. Are you ready to build onto those skills? Then this class is for you! Join in on this Beginner's level Line Dancing class that will focus on building onto the basics with incorporating new steps and dances. New participants are welcome!

**Cost is \$3 payable to instructor at the door.*

Line Dancing Class with Michael Gurtzweiler

Regular Line Dancing

Wednesdays at 9 a.m. & Thursdays at 9:45 a.m.

This class is for participants familiar with most frequently used line dance steps. Turns and brisk footwork are included. Dancers will expand their repertoire of dances at all levels: from beginner/improver to the intermediate levels. Waltzes, in triple time, will also be part of the repertoire. New Participants are welcome!

**Cost is \$3 payable to instructor at the door.*

Do you have Silver Sneakers? Then check out these classes listed below!



Silver Sneakers classes with Gavin Pitt:

Tai Chi

Wednesdays and Thursdays at 11 a.m.

Tai Chi for Health has a focus on moving and balancing and safety. Whether you are a first time person or have done Tai Chi before, you are welcome! We will learn several forms which are easy to learn and very beneficial to the body, mind and Spirit. A chair is used for seated Tai Chi movements as well. Come check it out!

The cost is \$3 for non silver sneakers members payable to instructor at the door.

Sitting & Standing Yoga

Tuesdays at 11 a.m.

Move through classic yoga poses to increase flexibility, balance and range of motion. The classic poses are adapted to being seated, although there is some standing. The focus is on doing the poses with intention and awareness of one's body.

The cost is \$3 for non silver sneakers members payable to instructor at the door.

Silver Sneakers Chair Yoga with Angie Mourton:

Wednesdays at 1 p.m. and Fridays at 12:15

This class is a fusion of flexibility, endurance and balance that we all can use over time. It also helps with stress management. This class is primarily done in a chair but may have some standing with modification moves shown by the instructor. All are welcome, come give it a try!

The cost is \$3 for non silver sneakers members payable to instructor at the door.

Silver Sneakers Classic with Lina Barrera:

Wednesdays at 2:30 p.m.

This class focuses on strengthening muscles and increasing range of movement for daily life activities. Participants can use hand-held weights, elastic tubing with handles and a Silver Sneakers ball. Often a chair is used for seated exercises or standing support. Equipment is limited, you are encouraged to bring your own.

The cost is \$3 for non silver sneakers members payable to instructor at the door.

Chair Zumba with Vickie Geha

Mondays and Thursdays at 9 a.m.

Wednesdays at 10 a.m.

This class incorporates movements taken from Latin dances like the merengue, salsa, and cha cha to create an exhilarating program that aims to improve overall energy, core stability, muscular strength, cardiovascular endurance, and motor skills. New participants welcome!

\$2 per class payable to instructor at the door



Cardio Drumming with Vickie Geha

Tuesdays at 3 p.m. and Wednesdays at 9 a.m.

This class takes a simple movement - drumming - and turns it into a full-body workout that will leave you smiling, sweating, and feeling great! It brings together drumsticks, an exercise ball, and an exercise ball stand to create one of the most fun workouts you'll ever do. Equipment is limited, but provided on a first come first-served basis. Feel free to bring your own!

\$2 per class payable to instructor at the door



BINGO! Wednesdays at 12:45 p.m.

Join in on the fun at the Maumee Senior Center with our weekly Bingo! Come for lunch and stay for Bingo! See you there!
Call 419-893-1994 for any questions.



Maumee Senior Center Singers Tuesdays at 1 p.m.

The Maumee Senior Center Singers are led by Director Jim Burns. The choir has presented over 500 performances in Northwest Ohio.

Love to Sing? Come to singers practice sessions
Tuesday afternoons at 12:30 p.m. at the Senior Center! Beginners welcome!

For more information: Call 419-893-1994



Hooks, Yarn & Needles between Friends Wednesdays at 1 p.m.

This group is open to knitters of all abilities! Whether you are new, or have been at it for years, whether you quilt, knit, crochet, loom, needle point, cross stitch or do embroidery, this group is for you! There are needles and some practice yarn available.
Beginners are welcome, come check it out!



Art Classes with Mary Jane Erard Tuesdays and Thursdays at 12:30 p.m.

Class days and times are subject to change, check page 3 for schedule of special art workshops

Mary Jane is a well known regional artist and is represented by the Toledo Museum of Art. All students regardless of your experience with art are welcomed to join Mary Jane on Tuesdays and Thursdays!

Mary Jane can assist you with a variety of different mediums included but not limited to: water color, pastel, oils, acrylics, colored pencil, painting, drawing, etc.

If you have any questions or would like to meet the instructor, stop by class anytime on Tuesdays or Thursdays.

Cost is \$7-\$10* per class payable to the instructor at the door. *costs may vary



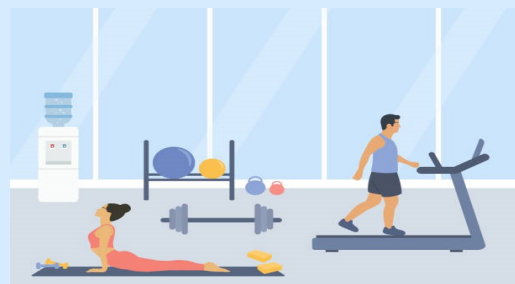
MSC Fitness Room

Check out our **NEW** and improved fitness room equipped with a brand new ping pong table, air hockey table, corn hole boards, TV, fan, weight lifting machine, recumbent bike, treadmills, elliptical and more!

All of the equipment is for you to use for free! Come and go as you please, no reservations are required.

*****Equipment use is at your own risk.**

****Ping pong paddles and air hockey pucks, etc. can be checked out at the front desk.****



Staying active physically and mentally can enhance your quality of life, improve your overall health and well being and can help you to maintain your independence as you age.

Contact Program Coordinator, Tiffany at 419-893-1994 or mscprogramcoordinator@gmail.com to schedule a tour and to see how you can get involved!



MSC Daily Activities

Lunch is served daily Monday-Friday at 11:45 a.m.

Mondays:

- 9 a.m. - Chair Zumba with Vickie Geha
- 10 a.m. - VIRTUAL Silver Sneakers Cardio & Tone with Sheila Brown
- 11 a.m. - Jazzercise with Christy Owed
- 12:30 p.m. - Duplicate Bridge
- 12:30 p.m. - Hand & Foot
- 12:30 p.m. - Mahjong
- 2 p.m. - Beginner's Line Dancing with Belinda Cytlak

Tuesdays:

- 11 a.m. - Silver Sneakers Seated & Standing Yoga with Gavin Pitt
- 12:30 p.m. - Art Class with Mary Jane Erard
- 12:30 p.m. - 4-Handed Euchre
- 1 p.m. - Senior Singers Choir
- 3 p.m. - Cardio Drumming with Vickie Geha

Wednesdays:

- 9 a.m. - Cardio Drumming with Vickie Geha
- 9 a.m. - Regular Line Dancing with Michael Gurtzweiler
- 10 a.m. - Chair Zumba with Vickie Geha
- 10:30 a.m. - Pokeno
- 11 a.m. - Silver Sneakers Tai Chi with Gavin Pitt
- 11 a.m. - Jazzercise with Christy Owed
- 12:45 p.m. - BINGO
- 1 p.m. - Knitting
- 1 p.m. - Silver Sneakers Chair Yoga with Angie Mourtou
- 2:30 p.m. - Silver Sneakers Classic with Lina

Thursdays:

- 9 a.m. - Chair Zumba with Vickie Geha
- 9:45 a.m. - Regular Line Dancing with Michael Gurtzweiler
- 10 a.m. - VIRTUAL Silver Sneakers Stretch & Balance with Sheila Brown
- 11 a.m. - Silver Sneakers Tai Chi with Gavin Pitt
- 12:30 p.m. - Art Class with Mary Jane Erard
- 12:30 p.m. - 6-Handed Euchre & 4-Handed Euchre
- 12:30 p.m. - Duplicate Bridge

Fridays:

- 11 a.m. - Jazzercise with Christy Owed
- 12:15 p.m. - Silver Sneakers Chair Yoga with Angie Mourtou
- 12:30 p.m. - Pinochle
- 12:30 p.m. - Skip Bo

MSC Book Club with Jane Berger Monday, September 8th at 10 a.m.

This month, the MSC Book Club is discussing:

How the Caged Bird Sings
By: Maya Angelou

This group is always looking for new participants and typically meets on the second Monday of every month.

Some dates may be subject to change.

Call 419-893-1994 if you have any questions.



MSC Cards and Games of Strategy!

- Mondays 12:30 pm: **Duplicate Bridge**
- Mondays 12:30 pm: **Hand & Foot**
- Mondays 12:30 pm: **Mahjong**
- Tuesdays 12:30 pm: **4 Handed Euchre**
- Wednesdays 10:30 am: **Pokeno**
- Wednesdays 12:45 am: **BINGO**
- Thursdays 12:30 pm: **6 & 4 Handed Euchre**
- Thursdays 12:30 pm: **Duplicate Bridge**
- Fridays 12:30 pm: **Pinochle**
- Fridays 12:30 pm: **Skip Bo**

Puzzles, Books, Magazines and Board Games are available daily in the library!

Don't see a card game that you're interested in?

Let's start a new game!

Contact 419-893-1994 to share your ideas!

We have expanded our senior programs and services to the Waterville Public Library!

Stop by the Waterville Library or check out our website at www.maumeesenior.com for more information regarding the meal program and services offered.

SENIOR MONDAYS & FRIDAYS WITH **THE MAUMEE SENIOR CENTER** **At The Waterville Branch Library**

SEPTEMBER 2025

**Dates Subject to Change*

GENERALLY, ACTIVITIES BEGIN AT 11 A.M!



MON., SEPT. 1

NO PROGRAMS
OR MEALS

FRI., SEPT. 5

NO PROGRAMS
OR MEALS

MON., SEPT 8
GUESS WHO?

BRING A CHILDHOOD
PHOTO OF YOURSELF
TO PLAY GUESS WHO!

FRI., SEPT. 12
MANAGING FEAR
OF CANCER
RECURRENCE

HEAR FROM DR. MARK
KRAUTHEIM, OF MERCY
HEALTH, TO LEARN TIPS
TO ASSIST WITH
MANAGING FEAR.

MON., SEPT. 15
FACT OR FICTION
GAME

TRY YOUR LUCK ON
DETERMING THE TRUTH
FROM FICTION.

FRI., SEPT. 19
GAME DAY

TRY YOUR LUCK AT
BINGO FOR PRIZES &
PRIDE!

MON., SEPT. 22

MAKE & TAKE

LET YOUR CREATIVITY
LOOSE AS YOU MAKE A
FALL LEAF GARLAND!

FRI., SEPT. 26
LOVE NOTE DAY

WRITE A LOVE NOTE
WHILE LEARNING THE
HISTORY OF LOVE
NOTES

MON., SEPT. 29
MOVIE DAY

WATCH SILENT FILMS
WITH POPCORN &
SNACKS!

FALL MYSTERY DAY TRIP WITH MALINDA

Maumee Senior Center
2430 S. Detroit Ave., Maumee, OH 43537
419-893-1994

TUESDAY, OCTOBER 21, 2025

Depart 9 a.m.; Return 5 p.m.

**Be prepared to enjoy a day
away with friends,
Where Every Minute is an
Adventure!**

Tickets: \$100 per person (MSC members)
\$120 per person (non-MSC members)

Tickets include snacks, lunch, luxury transportation, games and fun!
The public is welcome.

Tickets can be purchased by seeing Malinda
or a staff person beginning Sept. 2, 2025!

Tickets must be purchased by Oct. 6, 2025. Must have a minimum of 35 people to go!

TRAVEL LEVEL: 1

USE THESE ACTIVITY LEVELS TO JUDGE YOUR ABILITY TO ENJOY THIS TRIP:

LEVEL 1: Minimal walking through parking lots & drop off locations. Standing while waiting in line and for entrance to tours. Will include steps & uneven surfaces throughout day.

LEVEL 2: Moderate walking/standing, up to half a mile, may include stairs and/or uneven terrain.

LEVEL 3: Lots of walking/standing for multiple hours, may include flights of stairs and/or uneven terrain.

LEVEL 4: Extensive walking/standing, climbing stairs or hilly walkways and/or extended weather exposure.

**For more information, call 419-893-1994 or email
maumeeseniiorcenter@gmail.com**

Community Speakers, Grill & Chill

MSC Community Speakers:**Wednesday, September 10th at 11 a.m.***"Music Trivia"**By: Sandy***Tuesday, September 23rd at 11 a.m.***"Skin Health"**By: Mercy St. Luke's Pharmacy*

These presentations are right before lunch and we would love to have you join us! Call 419-893-1994 to make your lunch reservation.

KNOWLEDGE
IS POWER 

Help us restock Wilma's Cupboard!

Thanks to the generosity of our seniors and the community, the Maumee Senior Center is able to offer delicious and nutritious meals to seniors on a daily basis. However, in order to help reduce costs, we are asking for donations to help stock Wilma's cupboards.

This is a great way to support the Maumee Senior Center and to help our dollars to go further to support seniors and services.

We are in need of:

- Canned fruit (large cans)
- Frozen Vegetables
- Napkins
- Brown Paper Bags size: 5" 1/8 x 3" 1/8 x 10" 5/8



Please leave donations at the front desk. Thank you!!

MSC Classified Listing***2025 International Festival!***

Hosted by: Toledo
Sister Cities International, Inc.

Saturday, September 13th
11am-8pm

201 S. Erie St. Toledo, OH 43604

FREE ADMISSION!

*"Join us for cross-cultural performances,
food and market vendors."*

**LAST GRILLIN' & CHILLIN' OF
THE SEASON!**

Join us for the last
Grillin' & Chillin'
of the season!



TUESDAY,
SEPT. 30
11:30 A.M.

Menu: Option 1: Hamburger
Option 2: Hot Dog
Baked Beans, Fruit & Milk

**Reserve your seat at the table
today!**

Ice Cream Sponsored by: BG Manor











Schedule your tour today and discover our limited-time move-in specials! Explore our beautiful 2 & 3 bedroom homes!

AVAILABLE NOW AND WAITING FOR YOU TO SETTLE IN!

CONTACT US TODAY!

 (419) 385-3793  961 S. Reynolds Rd.

yescommunities.com

MSC September 2025 Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|
| 1 <u>CLOSED FOR HOLIDAY</u> | 2 <u>Scalloped Potatoes & Ham</u> OR <u>Mexican Cornbread</u> , corn, pears, bread & milk | 3 <u>Swedish Meatballs</u> OR <u>Sweet Chili Chicken</u> , green beans, grapes, bread & milk | 4 <u>Stuffed Pepper Ring w/Sauce</u> OR <u>Tuna Salad on Croissant</u> , O'Brien potatoes, apples, bread & milk | 5 <u>CLOSED FOR HEALTH FAIR</u> |
| 8 <u>Sweet & Sour Chicken</u> OR <u>Beef & Rice Casserole</u> , brussels sprouts, pears, bread & milk | 9 <u>Beef Stew</u> OR <u>Hot Open Face Turkey & Gravy on Texas Toast</u> , carrots, fruit cocktail, corn muffin & milk | 10 <u>Fish Patty</u> OR <u>Pork Chop</u> , brussels sprouts, banana, bread & milk | 11 <u>Taco Lasagna</u> OR <u>Chili Dog on Bun</u> , corn, apples bread & milk | 12 <u>Sloppy Joe on Bun</u> OR <u>Chicken Stir Fry</u> , broccoli, peaches, bread & milk |
| 15 <u>Sausage & Pasta</u> OR <u>Creamed Chipped Beef on Texas Toast</u> , peas, mixed fruit, bread & milk | 16 <u>Shepherd's Pie</u> OR <u>Pierogi & Sautéed Onions</u> , green beans, banana, bread & milk Birthday Cake | 17 <u>Chicken Patty</u> OR <u>Sausage & Peppers w/Rice</u> , peas & carrots, applesauce, bread & milk | 18 <u>Hamburger Gravy over Mashed Potatoes</u> OR <u>Baked Chicken</u> , corn, pineapple, bread & milk | 19 <u>Chicken & Rice Casserole</u> OR <u>Cold Ham & Cheese Sandwich</u> , carrots, peaches, bread & milk |
| 22 <u>Beef Tips & Mushrooms</u> OR <u>Goulash</u> , green beans, mixed fruit, bread & milk | 23 <u>Beef & Cabbage</u> OR <u>Pork Chop</u> , lima beans, mandarin oranges, corn muffin & milk | 24 <u>Quiche</u> OR <u>Chicken & Pasta</u> , corn, pears, bread & milk | 25 <u>Macaroni & Cheese</u> OR <u>Beef & Broccoli Stir Fry w/Rice</u> , stewed tomatoes, peaches, bread & milk | 26 <u>Open Face Turkey & Gravy on Texas Toast</u> OR <u>Meatball Sub w/Sauce</u> , peas, pineapple, & milk |
| 29 <u>Pork & Apples</u> OR <u>Cold Turkey & Cheese Sandwich</u> , mixed vegetables, cinnamon apples, bread & milk | 30 <u>Cheeseburger</u> OR <u>Hot Dog on Bun</u> , watermelon, baked beans & milk Grillin' & Chillin' | 1 <u>Sausage, Potato & Green Bean Casserole</u> OR <u>Cold Roast Beef Sandwich</u> , corn, beaches & milk | 2 <u>Fish Patty Sandwich</u> OR <u>Tuna Noodle Casserole</u> , carrots, mandarin oranges, bread & milk | 3 <u>Beef Patty & Gravy</u> OR <u>Smoked Sausage w/Rice & Peppers</u> , green beans, mixed fruit & milk |

The following major food allergens are used as ingredients:
Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soy and Sesame.
 Please notify a staff member for more information.

****INGREDIENT INFO AVAILABLE UPON REQUEST****

Call 419-893-1994 to reserve your dine-in meal. Suggested senior donation is \$2.50. Dine-in is at 11:45 a.m.

Please call 24-48 hours in advance if you would like to be added to our dine-in reservation list.

Menu items subject to change.

Maumee Senior Center
2430 S. Detroit Ave.
Maumee, OH 43537
Phone: (419) 893-1994

Facebook.com/maumeeseniorecenter
www.maumeeseniorecenter.com

MISSION STATEMENT:

The mission of the Maumee Senior Center is to create an atmosphere which affirms the dignity and self-worth of the older population by serving their physical, emotional and economic well-being while encouraging their independence and continued participation in the community.



Maumee Senior Center's **WISH LIST**

The Maumee Senior Center is here to serve you. However, as a non-profit organization, we must be frugal. Consider donating new or used items on our Wish List.

Cleaning Supplies:

Clorox or Lysol wipes
Hand Sanitizer
Hand Soap

Gift Cards:

Gift cards, cash gift cards and gas cards

Miscellaneous/Kitchen:

Bottles/boxes of Wine(Chardonnay)
Small Trash Bags size 13 gallon
8.5x11 and 11x17 paper
Napkins and paper towels

Check out our Walmart Registry!

<https://www.walmart.com/registry/RR/09a8abbb-0113-4b38-999a-3e9c9095aca4>

We greatly appreciate your support!

UPCOMING EVENTS!

September 5:
Health Fair

September 12:
Sound Bath Class

September 16:
National Senior Center's month party
featuring Kerry Patrick Clark and
Birthday Party Celebration

September 16:
Card making class

September 18:
Art Workshop Class

September 30:
Last Grill & Chill

