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419-377-8113

Drivers: Sue LaFontaine &  
Dennis Oberhauser



# Maumee Senior Center News

2430 S. Detroit Ave. Maumee, OH 43537

♦ Phone (419) 893-1994♦  
www.maumeeseniorcenter.com  
www.facebook.com/maumeeseniorcenter

MARCH  
2026

## YOU'RE INVITED TO BREAKFAST WITH THE EASTER BUNNY

March 28, 2026  
9 a.m.-Noon

MAUMEE SENIOR CENTER  
2430 S. DETROIT AVE.



CHILDREN 12 & UNDER = \$10  
OVER 12 = \$13

**Pancake Breakfast (Regular,  
Vegan & GF options), Coloring,  
Photos with the Easter Bunny,  
Games & Egg Hunt!**

**Sponsored by: Genoa Bank,  
MSC Member Terry Bossert**

CALL 419.893.1994 OR EMAIL MAUMESENIORCENTER@GMAIL.COM TO  
REGISTER & MAKE PAYMENT



## Save the date!

The Maumee Senior Center's Annual  
Booster Member & Volunteer  
Appreciation Dinner is on  
**Tuesday, April 14 @ 4 p.m.**  
*More details to come!*

*Programs and services at the Maumee Senior Center are partially funded by the Older American's Act, the Lucas County Senior Services Levy, City of Maumee, and other state and federal sources, as well as, fundraisers, memberships, sponsorships and donations. Donations to the center for its programs and services are gratefully accepted.*

**MSC Board of Trustees:**

- Joe LaChapelle
- Maria Zapiecki
- Chris Blakely
- Heather Cole
- John Gouttiere
- Genevieve Stults
- Pat Viertelbeck
- Darryl Lycourt
- Doug Swary

**Advisory Committee:**

Chris Blakely– Chairman,  
and Ginny Hiser

The Advisory Committee is a group of representative Senior Center participants.

To offer concerns or questions for the Advisory Committee, contact the Advisory Committee by e-mail at:

[mscadvisory@gmail.com](mailto:mscadvisory@gmail.com) or any of the participants.

**ATTENTION:**

Opinions of guest speakers and advertisements are not necessarily those of the Maumee Senior Center. Although Maumee Senior Center is proud to advertise quality businesses and products, we do not endorse these companies in a mutually exclusive manner.

**WEATHER POLICY**

The Maumee Senior Center will typically remain open unless declared a level 3. Center may otherwise close at the directors discretion.

As always, please use your best judgement for your own safety when leaving your home to travel.



***Dreaming of Retirement?***  
*Make Your Dreams A Reality at the MSC Retirement Fair!*

**Wednesday, April 29, 2026**

**3:30 p.m.-7 p.m.**

**Maumee Senior Center, 2430 Detroit Ave.**

**FREE ADMISSION!**

**3:30-4:30 p.m.: Hot Topic Presentation**

Social Security Expert, Erin Thompson, Public Affairs Specialist from the Social Security Administration, *"Tips for Social Security in 2026."*

**4-7 p.m.: Resource Fair**

Talk 1-on-1 with local agencies on Finances, Medicare, Selling Your Home, Part-Time Jobs & Volunteer Opportunities, Hobbies & More!

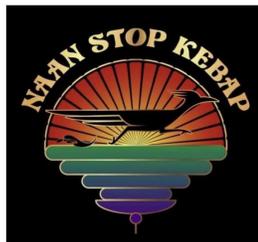
**Plus:**

Food Trucks Available,  
Raffles and a Grand Prize Drawing!

**Sponsored by:**

FOGUTH Financial Group  
and

Walker Funeral Homes & Crematory



For More Info, Call 419.893.1994 or Email: [maumeeseniorcenter@gmail.com](mailto:maumeeseniorcenter@gmail.com)

**Congratulations to our 2026 Silver Ladle winner: Dorothy Cramer!**

Dorothy made her famous Lasagna soup which ended up being the crowd favorite amongst 12 soups that were entered into the contest!

Thank you to all of the cooks and volunteers of this event, it was an enjoyable and filling experience for all!

Hope to see you all again next year!

**Thank you to our sponsors: Athletico Physical Therapy and Arista Home Care!**





Maumee Senior Center 2026 Participant Surveys will be distributed throughout the month of March.

Surveys can be found at the front desk of the MSC— please grab one when you visit. They will also be available electronically and can be accessed by scanning the QR code above.

Completed surveys need to be turned in to the front desk/ or submitted electronically by April 6th.

A lucky winner from the surveys will be randomly drawn to receive a gift card \$\$\$!

These surveys help us better serve you and we hope that you will share your feedback with us!

Plan to attend—Maumee Senior Center’s Annual Membership Meeting on:

**Thursday, April 16th at noon in the dining room.**

See you there!

# Stepping On

## **A FREE 7 Week Workshop with UToledo Health**

Stepping On can help you avoid dangerous falls so you can keep doing the things you love!

**Reduce falls by 30%**

- Identify and avoid fall hazards
- Adaptable strength and balance exercises
- Proper vision, hearing, medication and footwear information
- Getting back on your feet

**Every Tuesday at the Maumee Senior Center:**

**March 24th-May 5th,**  
**9:30-11:30 a.m.**

Registration required. Space is limited.  
To register please call the Maumee Senior Center at 419-893-1994

**FIFTY**  
Thrifty Market  
*A Sip & Thrift Event*

**JUNE 27, 2026**

**MAUMEE SENIOR CENTER**  
2430 S. DETROIT AVE., MAUMEE  
419.893.1994

*Come Discover Vintage Finds & Thrift Treasures*  
All Attendees Receive 1 Free Raffle Ticket

**\$5 General Admission 11 a.m.-3 p.m.**  
**\$10 VIP Admission 10 a.m.-3 p.m.**  
*(Includes VIP Early Bird Shopping, 5 Free Raffle Tickets & Mocktail)*

[www.MaumeeSeniorCenter.com](http://www.MaumeeSeniorCenter.com)

## SOUND BATH CLASS



Please join us for a deep relaxation sound bath experience with Kimberly Post, RN, Reiki Master and Sound Healing Practitioner.

Chairs are available. Feel free to bring a yoga mat and a pillow.

Reservations required.  
Call 419-893-1994 to reserve your spot!

**Friday, March 6<sup>th</sup>**  
**&**  
**Friday, May 1<sup>st</sup>**

**1:30-2:30 pm**

**\$10 PER PERSON**  
**ALL AGES WELCOME!**

## Opportunities to Support the MSC

*Are you looking for ways to support the Maumee Senior Center? Below are some ways that you may be able to help us continue to serve area seniors! If you have any questions, please give us a call at 419-893-1994. Thank you!*

### Are you enjoying your time at the Maumee Senior Center?

If your answer is 'yes!' then please consider writing us a review on our Facebook and Google pages! Positive reviews help people find the Maumee Senior Center and to connect them to our valuable services, programs and resources. We appreciate your support! Type in 'Maumee Senior Center' to Facebook and Google to find our pages.

*Give us a follow on Facebook for updates!*



### The Maumee Senior Center is always looking for volunteers for our fundraising events and daily services!

*Our upcoming events with volunteer needs:*

**Breakfast with the Easter Bunny**  
Saturday, 3/28

**Retirement Fair**  
Wednesday, 4/29



Contact Tiffany or Laree at 419-893-1994 or at [mscprogramcoordinator@gmail.com](mailto:mscprogramcoordinator@gmail.com) to learn more about our volunteer opportunities!

*We are in need of small pre-wrapped candy for our Breakfast with The Easter Bunny event on Saturday, March 28th.*

*You can leave donations at the front desk.*

*Deadline is Monday, March 23rd*

*Thank you so much!*



**If you would like to make a monetary donation to help the Maumee Senior Center,** please mail a check to:  
2430 S. Detroit, Maumee, OH 43537  
or donate through Paypal by clicking the [Donate button](#) on our website at [MaumeeSeniorCenter.com](http://MaumeeSeniorCenter.com)

*Monetary donations help the MSC to continue programs and services.*

**THANK YOU!**

### ~Legacy of Love~

*The Maumee Senior Center welcomes monetary gifts to memorialize family and friends or to honor individuals who are involved in our programs and services. Legacy of Love donations help secure the future of the Maumee Senior Center for older adults. Many lives have been forever changed by the generous contributions of others.*

*The Maumee Senior Center is grateful for any monetary donations. Please keep the Maumee Senior Center in mind as you think about your future planning so we can continue your Legacy of Love serving seniors in your honor.*



# MSC Transportation Service: 419-377-8113



The Maumee Senior Center offers transportation to those 60 and older to medical appointments, the grocery store and round trips to and from the Maumee Senior Center Monday-Friday!

Do you live in the Maumee, South Toledo, Monclova, Holland, Neapolis, Waterville or Whitehouse areas and need a ride? Give us a call!

*Call our driver at 419-377-8113 at least 24-48 hours in advance to schedule a ride. There is no guarantee that transportation will be available at your time of need, however we will try our best to schedule you at your preferred time! Please call as early in advance as possible to reserve your spot.*

**Costs is \$3 suggested donation for round trip**

*If you are in need of groceries, see below for our online grocery ordering delivery service.*

## Ways to receive our Monthly Newsletter:

For just \$15 per year you can receive the MSC Newsletter right to your home. You can also receive our newsletter by e-mail or by accessing our website at



www.maumeseniorcenter.com or by subscribing by email at: mscprogramcoordinator@gmail.com

## Senior Centers...

Serve as a gateway to the nation's aging network—connecting older adults to vital community services that can help them stay healthy and independent.

*-National Council on Aging*

*Call us at 419-893-1994 to find a program to join at the Maumee Senior Center today!*



## ADVERTISING SPACE AVAILABLE!

Are you interested in advertising your business in the Maumee Senior Center Newsletter? Then this could be the opportunity for you!

Contact Tiffany at 419-893-1994 for more information regarding our newsletter advertising opportunities.



**GRACE COMMUNION  
MAUMEE**

Do you need a place to go for Easter?

**Good Friday service - April 3rd at 6:30pm** in the Maumee Senior Center Activity room.

**Easter Service - April 5th at 10:30am** in the Maumee Senior Center Dining Room.

We are a small church that meets every Sunday at 10:30am in the M. S. Dining Room.

Web site: [www.gmaumee.org](http://www.gmaumee.org)



## Online Grocery Ordering Delivery Service

Are you in need of groceries and are unable to leave your home? Then give the Maumee Senior Center a call to assist you with ordering your groceries online and to get them delivered right to your door!

*All you will need before calling the MSC is:*

- ◆ A credit or debit card on hand— **you must be comfortable with a MSC staff member receiving your card information to order your groceries for you**
- ◆ Written out grocery list for time efficiency— **limit of 20 grocery items**

Call the Maumee Senior Center about 24-48 hours before you know you will be in need of these grocery items to ensure you will receive your items in a timely manner.

**There is no guarantee for day of grocery delivery.**

**Call: 419-893-1994**



Outreach—Clinics, Support Group, Assistance

**Free Walk-In Health Screenings at the Maumee Senior Center!**

The first Thursday of every month, Mercy Health will offer a free Glucose and Blood Pressure clinic.

The upcoming Mercy Health Clinics will be:

Thursday, March 5th  
Thursday, April 2nd  
11am-1 p.m.



The third Tuesday of every month, UToledo Health will offer a free Blood Pressure clinic.

The next UToledo Health Clinic will be:

Tuesday, March 17th: 2-3pm  
Tuesday, April 21st: 10-11:30am



*Take control of your health and be sure to take advantage of these free clinics at the MSC!*



**Caregiver Support Group  
Tuesday, March 24th at 10 a.m.**

Caring for a loved one can be stressful and we want to support you! Please join us to share your story and ideas and to meet other people in similar situations.



Register by calling 419-893-1994 or email—[mscoutreachcoordinator@gmail.com](mailto:mscoutreachcoordinator@gmail.com)

**Free Legal Consultations**

The upcoming date for Legal Consultations are:

Tuesday, March 3rd  
And Tuesday, April 7th

Schedule your 30 minute appointment with the Attorney by calling the MSC at 419-893-1994



**NEW! Mobile Foot Care Clinic**

The Maumee Senior Center has partnered with Dr. Kim Carlson, DPM to have monthly 45 minute appointment foot care clinics here at the MSC!

The upcoming foot clinic are scheduled for:

Tuesday, March 17th and Tuesday, April 21st

*Dr. Kim Carlson, DPM specializes in: basic toenail clipping, toenail and callus debridement. These gentle and effective procedures will help reduce discomfort and improve overall foot health. Perfect for individuals with nail conditions, mobility challenges, or those seeking preventative care. Free foot assessment with every visit!*

**Benefits:**

- Relieves pressure and pain
- Improves nail appearance and hygiene
- Helps prevent infections



Appointments cost \$45 per person payable to Dr. Kim on the day of appointment by cash, check, card.

Registration is required. Call 419-893-1994 or stop by the front desk to reserve your spot!

**Tiny Tools Loan Program**

*(MSC Assistive Devices Available on Loan to Make Life Easier)*



The Maumee Senior Center now offers a loan program specifically for assistive devices.

**Items include:**

- Adaptable Seat Devices**
- Foot Peddler Machines for Circulation**
- Magnifying Glasses**
- Low Vision Lights**
- Other Low Vision Devices**
- Card Holders for Arthritic Hands**
- Grabber Sticks for low or high placed items**
- Assistive Bottle Openers**
- Writing Assistive Tools for Arthritic Hands**
- Assistive Eating Utensils for Arthritic Hands**
- Tablets with Audio Books from the Toledo Lucas County Public Library**

***Try It Before You Buy It!***

**To borrow a device, stop and see Laree or any staff person.**

**Please, return the item in the same or better condition**

**Booster Membership Information**

MSC Booster Club membership dues are \$30 for 12 months.

**FOR JUST \$30 A YEAR YOU WILL RECEIVE:**

- \*Deep gratification in knowing that you are helping support an effort to help other seniors in the community through the Maumee Senior Center.
- \*1 FREE Dinner in the spring and 1 FREE Holiday Dinner at the Maumee Senior Center. Value=\$40
- \*FREE recognition in MSC newsletter's birthday section and at the birthday party of your birthday month, MSC makes the suggested lunch donation in your honor. Value=\$2.50
- \*Discounted fee for a classified listing in the MSC newsletter.
- \*Exclusive Booster Club Member Only Mailings & Specials.
- \*Special discount on day trips with Malinda.
- \*Friends, Fun, & Fellowship.
- \*Ask us how you can get 25% off your new membership!

***Be a Booster!***

*Join today by calling 419-893-1994 for a new member form!*



***Birthday Lunches for Booster Members!!***

**March Birthday lunch is on Tuesday the 31st**

The Maumee Senior Center will celebrate your birthday by making a lunch donation for you and providing birthday cake!  
Call 419-893-1994 to make your birthday lunch reservation!

**We Proudly welcome our New MSC Booster Members:**



*Deborah Rudicil  
Joy Sweet  
Mary Fowler  
Ken & Donna Dulinski  
Lori Schroeder  
Ron & Marti Butcher  
Sandra Poto  
Thomas Lance  
Katy Harrison*

*Kathy Ciminillo  
Barbara Burmeister  
Pat Peace  
Bonnie Schmeltz  
Mary Schmeltz  
Linda Zwierlein  
Christine Ryan  
Cathleen Norman  
Thomas Lance  
Lynne Rawlins*

**We had 17 people renew their memberships this month—thank you so much for your support!!**

*Happy Birthday to all of our March MSC Booster Members!*



|            |           |      |
|------------|-----------|------|
| Nigrovic   | Elisabeth | 3/3  |
| Birt       | Richard   | 3/4  |
| Byrne      | Cherie    | 3/5  |
| Cedargren  | Deanna    | 3/5  |
| Monnin     | Julie     | 3/5  |
| Panek      | Virginia  | 3/5  |
| Dunn       | Sharon    | 3/7  |
| Poznanski  | Kathryn   | 3/8  |
| Washtak    | Gail      | 3/9  |
| Opaczewski | Mary      | 3/11 |
| Macklin    | Barb      | 3/13 |
| Raftery    | Shirley   | 3/13 |
| Utterback  | Terry     | 3/13 |
| Porter     | Georgia   | 3/14 |
| Damrauer   | Bev       | 3/16 |
| Dunn       | Judy      | 3/20 |
| Munger     | Michael   | 3/21 |
| Sharp      | Carolyn   | 3/21 |
| King       | Renee     | 3/22 |
| Unger      | Karen     | 3/22 |
| Shadle     | Tom       | 3/23 |
| Yost       | Shelley   | 3/23 |
| Walsh      | Meng      | 3/24 |
| Hanrahan   | Elisabeth | 3/25 |
| Broadway   | Deanna    | 3/26 |
| Rambo      | Glenn     | 3/28 |
| Jarabek    | Donald    | 3/29 |
| Heban      | Rick      | 3/31 |

## MSC Virtual ZOOM Programs

### Silver Sneakers classes with Sheila Brown

#### *Cardio & Tone* Mondays at 10 a.m.

This is an intermediate exercise class for the active older adult. Low impact cardio movements will raise the heart rate, while light resistance equipment will be used to strengthen the muscles. \*\$3 for non-SS members.

#### *Stretch & Balance* Thursdays at 10 a.m.

This is a low impact class with dynamic movements and stretches that are the foundation of this class. A chair will be utilized for appropriately half of the exercises making it well suited for beginners! \*\$3 for non-SS members.

These classes are virtual, online from the comfort of your home, through ZOOM. Please contact Tiffany at 419-893-1994 or [mscprogramcoordinator@gmail.com](mailto:mscprogramcoordinator@gmail.com) for more information on how to join these classes. Registration required.

## MSC Fitness Room

Equipped with treadmills, bikes, weights & lifting machines, elliptical, pool table, air hockey table, ping pong table, corn hole boards, large TV, fan, and more! All of the equipment is for you to use for free during our business hours!

Come and go as you please, no reservations are required. \*\*\**Equipment use is at your own risk.*

**\*\*Ping pong paddles and air hockey pucks, etc. can be checked out at the front desk.\*\***

### Jazzercise Lo with Christy Owed

#### Mondays, Wednesdays & Fridays at 11 a.m.

Jazzercise lo is a low impact energetic workout that combines dance cardio, with strength, balance and core work. If you love music and love to dance, Jazzercise lo is a great way to workout while feeling like you're at a dance party with friends!

*Join us for your first class free!*

For any questions at all or regarding pricing please contact Christy Owed directly at 419-460-1734



## Line Dancing Classes at the MSC!

Line Dancing is a great form of exercise that helps to improve strength, muscle function and balance! Sharpen your mind and your coordination and join in the fun with Line Dancing Classes at the MSC—and bring a friend too! Check out these classes below!

### Line Dancing Classes with Belinda Cytlak



**Men's Beginner's Line Dancing: Mondays at 1:20 p.m.**

**Beginner's Line Dancing: Mondays at 2 p.m.**

This class is for those that are familiar with the basic line dancing steps and dances. Are you ready to build onto those skills? Then this class is for you! Join in on this Beginner's level Line Dancing class that will focus on building onto the basics with incorporating new steps and dances. New participants are welcome!

*\*Cost is \$3 payable to instructor at the door.*

### Line Dancing Class with Michael Gurtzweiler

#### **Regular Line Dancing**

Wednesdays at 9 a.m. & Thursdays at 9:45 a.m.

This class is for participants familiar with most frequently used line dance steps. Turns and brisk footwork are included. Dancers will expand their repertoire of dances at all levels: from beginner/improver to the intermediate levels. Waltzes, in triple time, will also be part of the repertoire. New Participants are welcome!

*\*Cost is \$3 payable to instructor at the door.*

***Do you have Silver Sneakers?  
Then check out these classes listed below!***



### **Silver Sneakers classes with Gavin Pitt:**

#### ***Tai Chi***

Wednesdays and Thursdays at 11 a.m.

Tai Chi for Health has a focus on moving and balancing and safety. Whether you are a first time person or have done Tai Chi before, you are welcome! A chair is used for seated Tai Chi movements as well.

*The cost is \$3 for non silver sneakers members*

#### ***Sitting & Standing Yoga***

Tuesdays at 11:15 a.m.

Move through classic yoga poses to increase flexibility, balance and range of motion. The classic poses are adapted to being seated, although there is some standing.

Come check it out!

*The cost is \$3 for non silver sneakers members*

#### ***Well-Balanced***

Tuesdays at 10 a.m.

This class is designed to improve balance, agility, mobility and power. It is slow paced and does not include cardio.

If you are looking to strengthen your core and improve your balance and mobility, then this class is for you!

Give it a try! *The cost is \$3 for non silver sneakers members*

### **Silver Sneakers Classes with Angie Mourton:**

#### ***BOOM Muscle***

Mondays at 12:15 p.m. & Thursdays at 1:15 p.m.

This class incorporates athletic-based exercises that improve upper body conditioning. You'll move through several "blocks," which are groups of exercises that focus on strengthening different muscle groups.

*The cost is \$3 for non silver sneakers members*

#### ***Chair Yoga***

Wednesdays at 1:15 p.m. & Fridays at 12:15

This class is a fusion of flexibility, endurance and balance that we all can use over time. It also helps with stress management. This class is primarily done in a chair but may have some standing.

*The cost is \$3 for non silver sneakers members*

### **Silver Sneakers Circuit with Amber Langley:**

Tuesdays at 10:15 a.m. and Wednesdays at 12:15 p.m.

This is an intermediate, standing fitness class that blends low-impact aerobic choreography with strength training, utilizing handheld weights, elastic tubing and a ball to build cardiovascular endurance, muscle strength and improve overall functional fitness. Equipment is limited, you are encouraged to bring your own.

*The cost is \$5 for non silver sneakers members payable to instructor at the door.*

### **Chair Zumba with Vickie Geha**

Mondays and Thursdays at 9 a.m.

Wednesdays at 10 a.m.

This class incorporates movements taken from Latin dances like the merengue, salsa, and cha cha to create an exhilarating program that aims to improve overall energy, core stability, muscular strength, cardiovascular endurance, and motor skills. New participants welcome!

*\$2 per class payable to instructor at the door*



### **Cardio Drumming with Vickie Geha**

Tuesdays at 3 p.m. and Wednesdays at 9 a.m.

This class takes a simple movement - drumming - and turns it into a full-body workout that will leave you smiling, sweating, and feeling great! It brings together drumsticks, an exercise ball, and an exercise ball stand to create one of the most fun workouts you'll ever do. Equipment is limited, but provided on a first come first-served basis. Feel free to bring your own!

*\$2 per class payable to instructor at the door*



## MSC Daily Activities

Lunch is served daily Monday-Friday at 11:45 a.m.

### Mondays:

9 a.m. – Chair Zumba with Vickie Geha  
 10 a.m. – VIRTUAL SS Cardio & Tone with Sheila Brown  
 11 a.m. – Jazzercise Lo with Christy Owed  
 12:15 p.m. – SS BOOM Muscle with Angie Mourton  
 12:30 p.m. – Duplicate Bridge  
 12:30 p.m. – Hand & Foot  
 12:30 p.m. – Mahjong  
 2 p.m. – Beginner's Line Dancing with Belinda Cytlak

### Tuesdays:

10 a.m. – SS Well-Balanced with Gavin Pitt  
 10:15 a.m. – SS Circuit with Amber Langley  
 11:15 a.m. – SS Seated & Standing Yoga with Gavin Pitt  
 12:30 p.m. – Art Class with Mary Jane Erard  
 12:30 p.m. – 4-Handed Euchre  
 1 p.m. – Senior Singers Choir  
 3 p.m. – Cardio Drumming with Vickie Geha

### Wednesdays:

9 a.m. – Cardio Drumming with Vickie Geha  
 9 a.m. – Regular Line Dancing with Michael Gurtzweiler  
 10 a.m. – Chair Zumba with Vickie Geha  
 10:30 a.m. – Pokeno  
 11 a.m. – SS Tai Chi with Gavin Pitt  
 11 a.m. – Jazzercise Lo with Christy Owed  
 12:15 p.m. – SS Circuit with Amber Langley  
 12:45 p.m. – BINGO  
 1 p.m. – Knitting  
 1:15 p.m. – SS Chair Yoga with Angie Mourton

### Thursdays:

9 a.m. – Chair Zumba with Vickie Geha  
 9:45 a.m. – Regular Line Dancing with Michael Gurtzweiler  
 10 a.m. – VIRTUAL SS Stretch & Balance with Sheila Brown  
 11 a.m. – SS Tai Chi with Gavin Pitt  
 12:30 p.m. – 6-Handed Euchre & 4-Handed Euchre  
 12:30 p.m. – Duplicate Bridge  
 1:15 p.m. – SS BOOM Muscle with Angie Mourton

### Fridays:

11 a.m. – Jazzercise Lo with Christy Owed  
 12:15 p.m. – SS Chair Yoga with Angie Mourton  
 12:30 p.m. – Pinochle  
 12:30 p.m. – Skip Bo

## BINGO! Wednesdays at 12:45 p.m.

Join in on the fun at the Maumee Senior Center with our weekly Bingo! Come for lunch and stay for Bingo! See you there!  
 Call 419-893-1994 for any questions.



## Hooks, Yarn & Needles between Friends Wednesdays at 1 p.m.

This group is open to knitters of all abilities! Whether you are new, or have been at it for years, whether you quilt, knit, crochet, loom, needle point, cross stitch or do embroidery, this group is for you! There are needles and some practice yarn available.  
 Beginners are welcome, come check it out!



## Art Classes with Mary Jane Erard Tuesdays at 12:30 p.m. and Special Thursdays as noted below:

Mary Jane is a well known regional artist and is represented by the Toledo Museum of Art. All students regardless of your experience with art are welcomed to join Mary Jane on Tuesdays and Thursdays!

*Mary Jane can assist you with a variety of different mediums included but not limited to: water color, pastel, oils, acrylics, colored pencil, painting, drawing, etc.*

*If you have any questions or would like to meet the instructor, stop by class anytime on Tuesdays.*



**Cost is \$7 per class payable to the instructor at the door.**

### Thursday, March 12th

Acrylic or Pastel Seascapes

### Thursday, March 26th

Watercolor or Pastel Maumee River or Magee Marsh

Join us for these 2.5 hour workshop classes to learn about watercolors, pastels and acrylics to create your own beautiful scenes! These classes are suitable for beginners and intermediate painters. Come check it out!

Open to all ages

**Cost: \$25- all supplies included**

Call 419-893-1994 to reserve your space today!

**Maumee Senior Center Singers  
Tuesdays at 1 p.m.**

The Maumee Senior Center Singers are led by Director Jim Burns. The choir has presented hundreds of performances in Northwest Ohio.

**Love to Sing?** Come to singers practice sessions

**Tuesday afternoons at 1 p.m.** at the Senior Center! Beginners welcome!

**For more information: Call 419-893-1994**



**Creative Card Making Classes**

Tuesday, March 24th from 10-11:30

All supplies necessary to complete this project are included. We will walk you through each step of the design, which you will place in a hand stamped envelope for mailing to your friends and family. Join us for a fun and creative DIY workshop with Ruth.

**Card theme is: St. Patrick's Day & Spring !**

**Cost is \$8 per person** which includes 3 cards.

Please call 419-893-1994 or stop by the front desk to make your reservation.

**MSC Book Club with Jane Berger  
Monday, March 9th**

For March, the MSC Book Club is discussing:

**The Most Fun We Ever Had  
By: Claire Lombardo**

For April, the MSC Book Club will be discussing:

**Tom Lake  
By: Ann Patchett**

This group is always looking for new participants and typically meets on the second Monday of every month. Some dates may be subject to change. Call 419-893-1994 if you have any questions.



**MSC Cards and Games of Strategy!**

- Mondays 12:30 pm: **Duplicate Bridge**
- Mondays 12:30 pm: **Hand & Foot**
- Mondays 12:30 pm: **Mahjong**
- Tuesdays 12:30 pm: **4 Handed Euchre**
- Wednesdays 10:30 am: **Pokeno**
- Wednesdays 12:45 am: **BINGO**
- Thursdays 12:30 pm: **6 & 4 Handed Euchre**
- Thursdays 12:30 pm: **Duplicate Bridge**
- Fridays 12:30 pm: **Pinocle**
- Fridays 12:30 pm: **Skip Bo**

**Puzzles, Books, Magazines and Board Games are available daily in the library!**

Don't see a card game that you're interested in?  
Let's start a new game!  
Contact 419-893-1994 to share your ideas!

**FREE!**

**MOVIE MATINEE AT THE MSC!**

**Friday March 20th  
At 12:45pm**

Snacks available for purchase in MSC Cafe!  
Call 419-893-1994 to reserve your seat today!

CINEMA TICKET ADMIT ONE 9891102

POP CORN

## Waterville Library Programs

We have expanded our senior programs and services to the Waterville Public Library! Stop by the Waterville Library or check out our website at [www.maumesenior.com](http://www.maumesenior.com) for more information regarding the meal program and services offered.

### Senior Mondays & Fridays

#### Maumee Senior Center At The Waterville Branch Library

March 2026

#### Meal & Program Information

Meals Provided By The Maumee Senior Center. Menu And Meal Dates Subject To Change. Ingredient Information Available Upon Request. Major Food Allergens Used As Ingredients Include: **Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soy, and Sesame.** Please Notify A Food Employee For More Information.

**Meal Reservations:** Call 419-893-1994 At Least 24 Hours Before Pick-Up Date. **Meal Pick-Up:** 12:15–1:00 Pm (Mondays & Fridays) **Activities:** 12:45–1:45 Pm

| DATE             | MEAL & PROGRAM  |
|------------------|---|
| MONDAY, MARCH 2  | <b>MEAL:</b> SMOKED SAUSAGE ON BUN, PEAS, MIXED FRUIT, MILK<br><b>PROGRAM:</b> STORY TIME & SHARE A LIFE STORY  |
| FRIDAY, MARCH 6  | <b>MEAL:</b> PIEROGI WITH SAUTÉED ONIONS, LIMA BEANS, PEACHES, WHEAT BREAD, MILK<br><b>PROGRAM:</b> METROPARKS UPDATE — PRESENTATION BY TOLEDO METROPARKS   |
| MONDAY, MARCH 9  | <b>MEAL:</b> CHEESE TORTELLINI, GREEN BEANS, MIXED FRUIT, WHEAT BREAD, MILK<br><b>PROGRAM:</b> YOUR HOME, YOUR NEXT CHAPTER — DANBERRY REALTOR PRESENTATION |
| FRIDAY, MARCH 13 | <b>MEAL:</b> CHEESE PIZZA, ONION RINGS, PINEAPPLE, MILK<br><b>PROGRAM:</b> CRAFT DAY WITH OTTERBEIN   |
| MONDAY, MARCH 16 | <b>MEAL:</b> SMOKED SAUSAGE, MIXED VEGETABLES, CINNAMON APPLES, WHEAT BREAD, MILK<br><b>PROGRAM:</b> ST. PATTY'S DAY PARTY WITH GAMES                       |
| FRIDAY, MARCH 20 | <b>MEAL:</b> TUNA CASSEROLE, GREEN BEANS, MIXED FRUIT, WHEAT BREAD, MILK<br><b>PROGRAM:</b> MAKE & TAKE: BEADED KEY CHAIN                                   |
| MONDAY, MARCH 23 | <b>MEAL:</b> GOULASH, CORN, MANDARIN ORANGES, WHEAT BREAD, MILK<br><b>PROGRAM:</b> SEED STARTING 101 — START SEEDS IN EGG CARTONS FOR SPRING PLANTING       |
| FRIDAY, MARCH 27 | <b>MEAL:</b> CHICKEN AND STUFFING, BEETS, APPLESAUCE, WHEAT BREAD, MILK<br><b>PROGRAM:</b> BINGO SPONSORED BY COMFORT KEEPERS                               |
| MONDAY, MARCH 30 | <b>MEAL:</b> SWEDISH MEATBALLS, PEAS, PEARS, WHEAT BREAD, MILK<br><b>PROGRAM:</b> GAME DAY: LOGO AND TAG LINE TRIVIA WITH PRIZES                            |

# MYSTERY

# DAY Trip

**TUES., APRIL 21, 2026**  
**DEPART 9 A.M.**  
**RETURN 4 P.M.**

[WWW.MAUMEESENIORCENTER.COM](http://WWW.MAUMEESENIORCENTER.COM)

**TICKETS ON SALE  
NOW!**

**MSC MEMBER:**

**\$105**

**NON-MEMBER:**

**\$125**

Minimum 40 people required. See a Staff Member to purchase. No refunds.

## LEVEL 1

LEVEL 1: Minimal walking through parking lots & drop off locations. Standing while waiting in line and for entrance to tours. Will include steps & uneven surfaces throughout day.



**MSC Community Speakers:****Wednesday, March 11th at 11 a.m.***“Music Trivia”**By: Sandy***Wednesday, March 18th at 11 a.m.***“Learn about Senior Scams”**By: Better Business Bureau***Wednesday, March 25th at 11 a.m.***“Learn about available resources”**By: Ability Center*

These presentations are right before lunch and we would love to have you join us! Call 419-893-1994 to make your lunch reservation.

KNOWledgE  
IS POWER 

***Help us restock Wilma’s Cupboard!***

Thanks to the generosity of our seniors and the community, the Maumee Senior Center is able to offer delicious and nutritious meals to seniors on a daily basis. However, in order to help reduce costs, we are asking for donations to help stock Wilma’s cupboards.

This is a great way to support the Maumee Senior Center and to help further to support seniors and services.

***We are in need of:***

- Canned fruit (large cans)
- Frozen Vegetables
- Napkins
- Brown Paper Bags size: 5” 1/8 x 3” 1/8 x 10” 5/8



**Please leave donations at the front desk. Thank you!!**

**LUCK OF THE IRISH PARTY****Tuesday, March 17th at 11am****COME GET LUCKY AT THE MAUMEE SENIOR CENTER!***Enjoy lunch, dessert, trivia and drawings!***WEAR YOUR LUCKY GREEN FOR THE MOST GREEN CONTEST!****Sign up at the front desk today!**

# MSC March 2026 Menu

|  | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  |
|--|--|---|--|---|---|
|  | <p><b>2</b> <u>Smoked Sausage OR Potato, Beef &amp; Cheese Casserole</u>, peas, mixed fruit, bread &amp; milk</p>                  | <p><b>3</b> <u>Loaded Potato Soup OR Baked Chicken</u>, cauliflower, pineapple, bread &amp; milk</p>  | <p><b>4</b> <u>Bratwurst OR Vegetable Lasagna</u>, corn, applesauce, bread &amp; milk</p>            | <p><b>5</b> <u>Hamburger Gravy over Mashed Potatoes OR Chicken Vegetable Soup</u>, carrots, banana, corn muffin &amp; milk</p>            | <p><b>6</b> <u>Pierogi w/Sautéed Onions OR Ham &amp; Cheese Sandwich</u>, lima beans, peaches, bread &amp; milk</p> |
|  | <p><b>9</b> <u>Cheese Tortellini OR Meatball Sub</u>, green beans, mixed fruit, bread &amp; milk</p>                               | <p><b>10</b> <u>Cream Chipped Beef over Texas Toast OR Ham Sandwich</u>, peas, mandarin oranges, bread &amp; milk</p>   | <p><b>11</b> <u>Smothered Pork Chop OR Chicken Vegetable Soup</u>, corn, pears, bread &amp; milk</p> | <p><b>12</b> <u>Open Face Turkey &amp; Gravy Sandwich OR Beef &amp; Broccoli Stir Fry w/Rice</u>, broccoli, peaches, bread &amp; milk</p> | <p><b>13</b> <u>Cheese Pizza w/Onion Rings OR Beef Lasagna</u>, beets, pineapple, bread &amp; milk</p>              |
|  | <p><b>16</b> <u>Smoked Sausage w/Sauerkraut OR Chicken Patty Sandwich</u>, mixed vegetables, cinnamon apples, bread &amp; milk</p> | <p><b>17</b> <u>Baked Pork Chop OR Green Bean, Potato &amp; Smoked Sausage Casserole</u>, peas, pineapple, bread &amp; milk</p>   | <p><b>18</b> <u>Ravioli OR Taco Boat</u>, corn, peaches, bread &amp; milk</p>                        | <p><b>19</b> <u>Chicken Stir Fry, OR Beef &amp; Mushrooms</u>, rice, carrots, mandarin oranges, bread &amp; milk</p>                      | <p><b>20</b> <u>Tuna Noodle Casserole OR Loaded Baked Potato</u>, green beans, mixed fruit, bread &amp; milk</p>    |
|  | <p><b>23</b> <u>Goulash OR Grilled Cheese w/Tomato Soup</u>, corn, mandarin oranges, bread &amp; milk</p>                          | <p><b>24</b> <u>Bratwurst on Bun OR Egg Salad Sandwich</u>, broccoli, peaches &amp; milk</p>  | <p><b>25</b> <u>Beef Stroganoff OR Beans &amp; Weenies</u>, cabbage, pears, bread &amp; milk</p>     | <p><b>26</b> <u>Open Face Garlic Toast Sloppy Joe OR Pizza Bun</u>, green beans, grapes, bread &amp; milk</p>                             | <p><b>27</b> <u>Chicken &amp; Stuffing OR Tortellini &amp; Sauce</u>, beets, applesauce, bread &amp; milk</p>       |
|  | <p><b>30</b> <u>Swedish Meatballs w/Rice OR Quiche</u>, peas, pears, bread &amp; milk</p>  | <p><b>31</b> <u>Scalloped Potatoes &amp; Ham OR Mexican Cornbread</u>, corn, mixed fruit, bread &amp; milk</p> <p style="text-align: center;"><b>Birthdays Cake</b></p> | <p style="text-align: center;"><b>1</b></p>  | <p style="text-align: center;"><b>2</b></p>   | <p style="text-align: center;"><b>3</b></p>   |



The following major food allergens are used as ingredients:  
 Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soy and Sesame.  
 Please notify a staff member for more information.

**\*\*INGREDIENT INFO AVAILABLE UPON REQUEST\*\***

Call 419-893-1994 to reserve your dine-in meal. Suggested senior donation is \$2.50. Dine-in is at 11:45 a.m. Please call 24-48 hours in advance if you would like to be added to our dine-in reservation list.  
*Menu items subject to change.*

**Maumee Senior Center**  
**2430 S. Detroit Ave.**  
**Maumee, OH 43537**  
**Phone: (419) 893-1994**

Facebook.com/maumeeseniorcenter  
www.maumeeseniorcenter.com

**MISSION STATEMENT:**

The mission of the Maumee Senior Center is to create an atmosphere which affirms the dignity and self-worth of the older population by serving their physical, emotional and economic well-being while encouraging their independence and continued participation in the community.



Maumee Senior  
Center's

## WISH LIST

The Maumee Senior Center is here to serve you. However, as a non-profit organization, we must be frugal. Please consider donating new or used items on our wish list.

**Cleaning Supplies:**

Clorox or Lysol wipes  
Hand Sanitizer  
Hand Soap

**Gift Cards:**

Gift cards, cash gift  
cards and gas cards

**Miscellaneous/Kitchen:**

8.5x11 and 11x17 paper  
Napkins and paper towels  
Coffee Filters (12 cup)  
Canned coffee grounds (reg & decaf)  
Round knitting looms  
Loom knit hooks  
Crochet needle hooks  
Christmas fabric

***Check out our Walmart Registry!***

<https://www.walmart.com/registry/RR/09a8abbb-0113-4b38-999a-3e9c9095aca4>

**We greatly appreciate your support!**

## UPCOMING EVENTS!

**March 6:**

Sound Bath Class

**March 24:**

Card Making Class

**February 26:**

Art Workshop

**March 28:**

Breakfast with the Easter Bunny

