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419-377-8113

Drivers: Sue LaFontaine &
 Dennis Oberhauser



Closure notice:

The MSC will be closed on Friday, 11/7, Thursday, 11/27 & Friday, 11/28.

BREAKFAST
With Santa

**SATURDAY,
 DECEMBER 6,
 2025**

9 A.M.-NOON



Join us for a morning where children can share holiday wishes and revel in the magic of the season!
 Enjoy a pancake & sausage breakfast (Additional GF & Vegan Meal Options Available), Take Home Photos with Santa, Make Reindeer Food, Decorate Cookies, Play Games and Receive A Hand-made Stocking.
\$7 for Ages Under 12; \$9 for 12 and Older
MAUMEE SENIOR CENTER, 2430 S. DETROIT AVE., MAUMEE
419.893.1994 or maumeeseniorcenter@gmail.com
 SPONSORED BY: UTOLEDO HEALTH

YOU ARE INVITED TO OUR



**Annual Board
 Christmas Dinner!**

WEDNESDAY, DECEMBER 10TH.
AT 5PM

On the menu: Turkey & Gravy with mashed potatoes, stuffing, green beans, cranberries, roll & butter and beverage.
Please bring cookies to share for dessert

FREE for Booster Members and \$9 for non-members. Entertainment provided.
Space is limited, call 419-893-1994 to reserve your spot today!

Let's Celebrate Together!

Programs and services at the Maumee Senior Center are partially funded by the Older American's Act, the Lucas County Senior Services Levy, City of Maumee, and other state and federal sources, as well as, fundraisers, memberships, sponsorships and donations. Donations to the center for its programs and services are gratefully accepted.

Board, Upcoming Events, Vaccine Clinics

MSC Board of Trustees:

- Joe LaChapelle
- Maria Zapiecki
- Chris Blakely
- Heather Cole
- John Gouttiere
- Genevieve Stults
- Pat Viertelbeck
- Darryl Lycourt
- Doug Swary

Advisory Committee:

Chris Blakely– Chairman,
and Ginny Hiser

The Advisory Committee is a group of representative Senior Center participants.

To offer concerns or questions for the Advisory Committee, contact the Advisory Committee by e-mail at:

mscadvisory@gmail.com or any of the participants.

ATTENTION:

Opinions of guest speakers and advertisements are not necessarily those of the Maumee Senior Center. Although Maumee Senior Center is proud to advertise quality businesses and products, we do not endorse these companies in a mutually exclusive manner.

WEATHER POLICY

The Maumee Senior Center will remain open unless declared a level 3. As always, please use your best judgement for your own safety when leaving your home to travel.



Join Us from 11 a.m.-1 p.m., Nov. 5, 2025 for the MSC Veterans' Appreciation Luncheon! Enjoy lunch, entertainment by our Senior Singers, presentation by Carolyn Nagy and information on local veteran programs, as we say THANK YOU!

On the menu: Hamburger gravy over mashed potatoes, corn, fruited Jell-O and Pie.

Veterans—FREE; Non-Veterans—\$5

For tickets: call 419-893-1994 or stop at MSC. Reservation required by Nov. 1!

SPONSORED BY: Maison-Dardenne-Walker Funeral Homes, Village Caregiving, Redwood Apartment Neighborhoods, Glass Peaks Senior Living & Ann Arbor VA.

Help us “*Stuff the Stocking for Seniors*” by bringing donated canned goods and non-perishable items to the Maumee Senior Center!

Items can be dropped off at the Maumee Senior Center starting on **November 17th—December 19th.**

Monday-Thursday 9-4pm or Friday 9-3pm.



The Holiday Hustle 5K



Northwest Ohio's nighttime holiday race to start the Christmas season AND help benefit the MAUMEE SENIOR CENTER!

SUNDAY EVENING, NOVEMBER 30, 2025

Race Day Registration from 3-5 p.m.
5K Race & 1.5-mile Fun Walk begins at 5:15 p.m. Holiday Parade to Follow.



The Maumee Senior Center Presents:

Elf Fun Run 1K

Sunday, Nov. 30, 2025
Uptown Maumee

4:45 P.M. (Before the Holiday Hustle 5K)

Elf Fun Run 1K Details:

Scan the QR code to register through RunSignup. Registration forms are also available at the front desk of the Maumee Senior Center or on our website at www.maumeeseniorcenter.com For more information call 419-893-1994



FREE Walk-In Vaccine Clinics at the Maumee Senior Center!

- Thursday, November 6th from 11am—1pm: provided by Mercy Hospital while supplies last! *Regular flu shot only, *65+ flu shot not available.*
- Wednesday, November 19th from 10am-1pm: provided by Kroger pharmacy while supplies last! *65+ Flu, COVID and Pneumonia are available.*

**Be sure to have your insurance card on hand during time of vaccine.*



NEW FITNESS & SILVER SNEAKERS CLASSES!

Silver Sneakers BOOM Muscle and Well-Balanced! See page 9 for more details!

Upcoming Programs

Powerful Tools FOR Caregivers

6-Week Series

Presented by the Maumee Senior Center
& the Area Office on Aging of NWO

Powerful Tools for Caregivers classes help caregivers take better care of themselves while caring for a friend or relative. Whether you provide care for a spouse, partner, parent or friend; at home or in a care facility; whether down the block or miles away, then this course is for family caregivers like you!

NOV. 17-DEC. 22, 2025

Location: Maumee Senior Center,
2430 S. Detroit Ave., Maumee
Time: 10 a.m.-11:30 a.m. Mondays
Fee: Free

To Register: Call 419-893-1994 or email
MaumeeSeniorCenter@gmail.com

Registration Deadline: November 11, 2025



The classes give you tools to help:

- Reduce stress
- Manage time, set goals, and solve problems
- Better communicate your feelings
- Improve self-confidence
- Make tough decisions
- Locate helpful resources

This six-week class series gives you the confidence and support to better care for your loved one – and yourself.

"After taking this class I am a more confident caregiver! Having tools to resolve problems is a definite advantage in becoming a better caregiver and a happier, wiser, healthier me...and a healthier 'us'!" - PTC Class Participant



For more information on this class or other family caregiver support activities, please contact the Maumee Senior Center at 419-893-1994 or email us at MaumeeSeniorCenter@gmail.com. Powerful Tools for Caregivers (PTC) and MSC are 501(c)(3) nonprofits.



Are you 55 or older and looking for an opportunity to learn how to stay healthy and meet new people?

Join us, and bring a friend!
Tuesdays, 9:30 am – 11:30 am
at Maumee Senior Center
2430 South Detroit Ave., Maumee, OH
November 18 – December 23 (Six Week Program)

Sign up by November 11th at the front desk or call 419-893-1994

The educational program offers six lessons that cover a wide range of topics. Join us for this fun program, where you'll meet new people and:

- Learn about the aging process and how to make healthy lifestyle choices
- Celebrate this exciting stage of life and all the benefits that come with it
- Discuss risk factors and behaviors you should avoid to stay healthy
- Examine how alcohol, prescription medications and over-the-counter medications affect seniors differently and how you can avoid problems
- Learn how to use simple tools to help you feel more empowered about your health and the healthcare you receive



Free \$50 Kroger gift card upon successful program completion!

(First-time participants only)



The Maumee Senior Center's vehicle fleet has grown a little! We are so excited to add this new bus with a wheelchair lift to our fleet. A huge thank you to ODOT, TESCO, Rotary Club of Maumee and the Area Office on Aging of NWO for making this bus a reality for our seniors!

Our new bus will be ready to be in service here in the near future! **Check out pg. 5 to learn more about our transportation services!**



Come & Create Centerpieces & CELEBRATION

At the Maumee Senior Center
2430 Detroit Avenue, 419-893-1994

MONDAY, DECEMBER 15

Holiday Greens Class 3:30-4:30pm
Tickets are \$25 per person

Centerpieces Workshop 5-7:30pm
Tickets are \$35 per person

Join us for an evening of wine, appetizers and crafting winter décor with live greens! Supplies available or spruce up a container brought from home. Tickets can be purchased at the front desk. Call 419-893-1994 for any questions.



Opportunities to Support the MSC

Are you looking for ways to support the Maumee Senior Center? Below are some ways that you may be able to help us continue to serve area seniors! If you have any questions, please give us a call at 419-893-1994. Thank you!

We are looking for Front Desk Volunteers!

Are you interested in volunteering this winter? Then this might be the opportunity for you!

This is a great position for those that enjoy working with people! We need volunteers to greet visitors, answer phones, help with our lunch and special event reservation programs, MSC Café and help complete light office work.

If you are interested, please contact the Maumee Senior Center at 419-893-1994 or send an email to Tiffany at mscprogramcoordinator@gmail.com for more information.

The Maumee Senior Center is always looking for volunteers for our fundraising events and daily services!

Our upcoming events with volunteer needs:

Veteran's Luncheon
Wednesday, 11/5

Holiday Hustle
Sunday, 11/30

Breakfast with Santa
Saturday, 12/6



Contact Tiffany or Laree at 419-893-1994 or at mscprogramcoordinator@gmail.com to learn more about our volunteer opportunities!

Are you enjoying your time at the Maumee Senior Center?

If your answer is 'yes!' then please consider writing us a review on our Facebook and Google page!

Positive reviews help people find the Maumee Senior Center and to connect them to our valuable services, programs and resources. We appreciate your support! Type in Maumee Senior Center to Facebook and Google to find our pages!



If you would like to make a monetary donation to help the Maumee Senior Center, please mail a check to:
2430 S. Detroit, Maumee, OH 43537
or donate through Paypal by clicking the *Donate button* on our website at MaumeeSeniorCenter.com

Monetary donations help the MSC to continue programs and services.

THANK YOU!

~Legacy of Love~

The Maumee Senior Center welcomes monetary gifts to memorialize family and friends or to honor individuals who are involved in our programs and services. Legacy of Love donations help secure the future of the Maumee Senior Center for older adults. Many lives have been forever changed by the generous contributions of others.

The Maumee Senior Center is grateful for any monetary donations. Please keep the Maumee Senior Center in mind as you think about your future planning so we can continue your Legacy of Love serving seniors in your honor.

The Maumee Senior Center is registered with Walmart's Registry for Good Program.

Walmart

Type in "**Maumee Seniors Inc**" in the search bar at: www.walmart.com/registry/registryforgood



Registry for Good

You can purchase our wish list items right through the website and it will get sent directly to us!

Thank you for your consideration in helping the Maumee Senior Center! We are able to do what we do because of supporters like you!

MSC Transportation Service: 419-377-8113



The Maumee Senior Center offers transportation to those 60 and older to medical appointments, the grocery store and round trips to and from the Maumee Senior Center Monday-Friday!

Do you live in the Maumee, South Toledo, Monclova, Holland, Neapolis, Waterville or Whitehouse areas and need a ride? Give us a call!

Call our driver at 419-377-8113 at least 24-48 hours in advance to schedule a ride. There is no guarantee that transportation will be available at your time of need, however we will try our best to schedule you at your preferred time! Please call as early in advance as possible to reserve your spot.

Costs is \$3 suggested donation for round trip

If you are in need of groceries, see below for our online grocery ordering delivery service.

Ways to receive our Monthly Newsletter:

For just \$15 per year you can receive the MSC Newsletter right to your home. You can also receive our newsletter by e-mail or by accessing our website at



www.maumeseniorcenter.com or by subscribing by email at: mscprogramcoordinator@gmail.com

Senior Centers...

Serve as a gateway to the nation's aging network—connecting older adults to vital community services that can help them stay healthy and independent.

-National Council on Aging

Call us at 419-893-1994 to find a program to join at the Maumee Senior Center today!



Online Grocery Ordering Delivery Service

Are you in need of groceries and are unable to leave your home? Then give the Maumee Senior Center a call to assist you with ordering your groceries online and to get them delivered right to your door!

All you will need before calling the MSC is:

- ♦ A credit or debit card on hand— **you must be comfortable with a MSC staff member receiving your card information to order your groceries for you**
- ♦ Written out grocery list for time efficiency— **limit of 20 grocery items**

Call the Maumee Senior Center about 24-48 hours before you know you will be in need of these grocery items to ensure you will receive your items in a timely manner.

There is no guarantee for day of grocery delivery.

Call: 419-893-1994



*Now offering:
Seasonal
Power washing*

Heaven Scent
Cleaning & Window Service
567-201-5555

Commercial • Residential • Insured
Cleaning on your schedule—weekly, biweekly, monthly, or move-in/move-out. We also clean windows (inside & out: screens, tracks, sills) and blinds.



A small Christian church that meets every Sunday at 10:30 a.m. in the Maumee Senior Center Dining Room.

All are welcome!



Web site: www.gcmaumee.org

Outreach—Clinics, Support Group, Assistance

Free Walk-In Health Screenings at the Maumee Senior Center!

The first Thursday of every month, Mercy Health will offer a free Glucose and Blood Pressure clinic.

The upcoming Mercy Health Clinics will be:

Thursday, November 6th
Thursday, December 4th
11am-1 p.m.



The third Tuesday of every month, UToledo Health will offer a free Blood Pressure clinic.

The next UToledo Health Clinic will be:

Tuesday, November 18th
Tuesday, December 16th
10am-11:30am



Free Walk-In Vaccine Clinic at the Maumee Senior Center!

See pg. 2 for more information.



Caregiver Support Group Tuesday, November 25th at 10 a.m.

Caring for a loved one can be stressful and we want to support you! Please join us to share your story and ideas and to meet other people in similar situations.



Register by calling 419-893-1994 or email—mscoutreachcoordinator@gmail.com

Free Legal Consultations

The upcoming date for Legal Consultations are:

Tuesday, November 4th
And Tuesday, December 2nd

Schedule your 30 minute appointment with the Attorney by calling the MSC at 419-893-1994



Free benefits counseling offered at the Maumee Senior Center!

Medicare Open Enrollment:
October 15th December 7^h, 2023

It's that time of year again when people who are on Medicare, as well as any Medicare Advantage plan can check to make sure they're receiving the best benefits for them!

We urge all people who receive these benefits to take advantage of this time period to make sure that you have the best plan for you!

If you are interested, please contact Outreach Coordinator, Laree Shroyer at 419-893-1994 to schedule a consultation.

In requesting assistance from the Maumee Senior Center for benefits counseling, the participant understands that the information presented is unbiased and is the most accurate information available at the present time based on the participant's information provided. The participant is responsible for making his/her own informed choice without any influence from the Maumee Senior Center and holds the Maumee Senior Center harmless of any and all discrepancies or liability claims.

Tiny Tools Loan Program

(MSC Assistive Devices Available on Loan to Make Life Easier)



The Maumee Senior Center now offers a loan program specifically for assistive devices.

Items include:

- Adaptable Seat Devices**
- Foot Peddler Machines for Circulation**
- Magnifying Glasses**
- Low Vision Lights**
- Other Low Vision Devices**
- Card Holders for Arthritic Hands**
- Grabber Sticks for low or high placed items**
- Assistive Bottle Openers**
- Writing Assistive Tools for Arthritic Hands**
- Assistive Eating Utensils for Arthritic Hands**
- Tablets with Audio Books from the Toledo Lucas County Public Library**

Try It Before You Buy It!

To borrow a device, stop and see Laree or any staff person.

Please, return the item in the same or better condition

Booster Membership Information

MSC Booster Club membership dues are \$30 for 12 months.

FOR JUST \$30 A YEAR YOU WILL RECEIVE:

- *Deep gratification in knowing that you are helping support an effort to help other seniors in the community through the Maumee Senior Center.
- *1 FREE Dinner in the spring and 1 FREE Holiday Dinner at the Maumee Senior Center. Value=\$40
- *FREE recognition in MSC newsletter’s birthday section and at the birthday party of your birthday month, MSC makes the suggested lunch donation in your honor. Value=\$2.50
- *Discounted fee for a classified listing in the MSC newsletter.
- *Exclusive Booster Club Member Only Mailings & Specials.
- *Special discount on day trips with Malinda.
- *Friends, Fun, & Fellowship.
- *Ask us how you can get 25% off your new membership!

Be a Booster!

Join today by calling 419-893-1994 for a new member form!



Birthday Lunches for Booster Members!!

November Birthday lunch is on Tuesday the 25th

The Maumee Senior Center will celebrate your birthday by making a lunch donation for you and providing birthday cake!
Call 419-893-1994 to make your birthday lunch reservation!

We Proudly welcome our New MSC Booster Members:



Sandy Browning

Nancy Deeds

Linda Timmerman

Larry Tafelski

Mary Ann Root

Gina Bertolina

Jane Walther

Judy Hersch

We had 20 people renew their memberships this month—thank you so much for your support!!

Happy Birthday to all of our November MSC Booster Members!



Jan	Schiel	11/1
Agnes	Heckman	11/3
Ken	Rothenstine	11/4
Joette	Rozanski	11/4
Vickie	Geha	11/5
Alan	Rizzo	11/5
Bonnie	Strayer	11/5
Arlene	Krosky	11/6
Jim	Steedman	11/6
Judy	Dusseau	11/7
Jenny	Struck	11/7
Julie	Goff	11/10
Gerry	Steiner	11/10
Jerry	Finfera	11/11
Terry	Seeman	11/11
David	Drescher	11/13
Peter	Jacobsen	11/13
Peggy	Erhart	11/14
Josette	Freeman	11/17
Cindy	Miller	11/17
Alan	Geha	11/19
Thomas	Stapleton	11/21
Sue	Osborne	11/23
Ninoska	Martinez	11/30

MSC Virtual ZOOM Programs

Silver Sneakers classes with Sheila Brown

Cardio & Tone

Mondays at 10 a.m.

This is an intermediate exercise class for the active older adult. Low impact cardio movements will raise the heart rate, while light resistance equipment will be used to strengthen the muscles. *\$3 for non-SS members.

Stretch & Balance

Thursdays at 10 a.m.

This is a low impact class with dynamic movements and stretches that are the foundation of this class. A chair will be utilized for appropriately half of the exercises making it well suited for beginners! *\$3 for non-SS members.

These classes are virtual, online from the comfort of your home, through ZOOM. Please contact Tiffany at 419-893-1994 or mscprogramcoordinator@gmail.com for more information on how to join these classes. Registration required.

MSC Fitness Room

Equipped with treadmills, bikes, weights & lifting machines, elliptical, pool table, air hockey table, ping pong table, corn hole boards, large TV, fan, and more! All of the equipment is for you to use for free during our business hours!

Come and go as you please, no reservations are required. ****Equipment use is at your own risk.*

****Ping pong paddles and air hockey pucks, etc. can be checked out at the front desk.****

Jazzercise Lo with Christy Owed

Mondays, Wednesdays & Fridays at 11 a.m.

Jazzercise lo is a low impact energetic workout that combines dance cardio, with strength, balance and core work. If you love music and love to dance, Jazzercise lo is a great way to workout while feeling like you're at a dance party with friends!

Join us for your first class free!

For any questions at all or regarding pricing please contact Christy Owed directly at 419-460-1734



Line Dancing Classes at the MSC!

Line Dancing is a great form of exercise that helps to improve strength, muscle function and balance! Sharpen your mind and your coordination and join in the fun with Line Dancing Classes at the MSC—and bring a friend too! Check out these classes below!

Line Dancing Classes with Belinda Cytlak

Men's Only Ultra-Beginner's Line Dancing

Mondays at 1:15 p.m.

Join in on this 4-week men's only line dancing class! This class will meet for 25 minutes before the Beginner's Line Dancing Class.

Mondays in November: 3rd, 10th, 17th & 24th.

Call 419-893-1994 to reserve your spot!

**Cost is \$12 for the 4-week session payable to instructor at the door.*

Beginner's Line Dancing

Mondays at 2 p.m.

This class is for those that are familiar with the basic line dancing steps and dances. Are you ready to build onto those skills? Then this class is for you! Join in on this Beginner's level Line Dancing class that will focus on building onto the basics with incorporating new steps and dances. New participants are welcome!

**Cost is \$3 payable to instructor at the door.*

Line Dancing Class with Michael Gurtzweiler

Regular Line Dancing

Wednesdays at 9 a.m. & Thursdays at 9:45 a.m.

This class is for participants familiar with most frequently used line dance steps. Turns and brisk footwork are included. Dancers will expand their repertoire of dances at all levels: from beginner/improver to the intermediate levels. Waltzes, in triple time, will also be part of the repertoire. New Participants are welcome!

**Cost is \$3 payable to instructor at the door.*

***Do you have Silver Sneakers?
Then check out these classes listed below!***



Silver Sneakers classes with Gavin Pitt:

Tai Chi

Wednesdays and Thursdays at 11 a.m.

Tai Chi for Health has a focus on moving and balancing and safety. Whether you are a first time person or have done Tai Chi before, you are welcome! A chair is used for seated Tai Chi movements as well.

The cost is \$3 for non silver sneakers members

Sitting & Standing Yoga

Tuesdays at 11 a.m.

Move through classic yoga poses to increase flexibility, balance and range of motion. The classic poses are adapted to being seated, although there is some standing.

Come check it out!

The cost is \$3 for non silver sneakers members

NEW! Well-Balanced

Tuesdays at 10 a.m.

This class is designed to improve balance, agility, mobility and power. It is slow paced and does not include cardio.

If you are looking to strengthen your core and improve your balance and mobility, then this class is for you!

Give it a try! *The cost is \$3 for non silver sneakers members*

Silver Sneakers Classes with Angie Mourton:

NEW! BOOM Muscle

Mondays at 12:15 p.m. and Thursdays at 1 p.m.

Muscle incorporates athletic-based exercises that improve upper body conditioning. You'll move through several "blocks," which are groups of exercises that focus on strengthening different muscle groups.

The cost is \$3 for non silver sneakers members

Chair Yoga

Wednesdays at 1 p.m. and Fridays at 12:15

This class is a fusion of flexibility, endurance and balance that we all can use over time. It also helps with stress management. This class is primarily done in a chair but may have some standing.

The cost is \$3 for non silver sneakers members

Silver Sneakers Classic with Lina Barrera:

Wednesdays at 2:30 p.m.

This class focuses on strengthening muscles and increasing range of movement for daily life activities. Participants can use hand-held weights, elastic tubing with handles and a Silver Sneakers ball. Often a chair is used for seated exercises or standing support. Equipment is limited, you are encouraged to bring your own.

The cost is \$3 for non silver sneakers members payable to instructor at the door.

Chair Zumba with Vickie Geha

Mondays and Thursdays at 9 a.m.

Wednesdays at 10 a.m.

This class incorporates movements taken from Latin dances like the merengue, salsa, and cha cha to create an exhilarating program that aims to improve overall energy, core stability, muscular strength, cardiovascular endurance, and motor skills. New participants welcome!

\$2 per class payable to instructor at the door



Cardio Drumming with Vickie Geha

Tuesdays at 3 p.m. and Wednesdays at 9 a.m.

This class takes a simple movement - drumming - and turns it into a full-body workout that will leave you smiling, sweating, and feeling great! It brings together drumsticks, an exercise ball, and an exercise ball stand to create one of the most fun workouts you'll ever do. Equipment is limited, but provided on a first come first-served basis. Feel free to bring your own!

\$2 per class payable to instructor at the door



Activities

MSC Daily Activities

Lunch is served daily Monday-Friday at 11:45 a.m.

Mondays:

- 9 a.m. - ChairZumba with Vickie Geha
- 10 a.m. - VIRTUAL SS Cardio & Tone with Sheila Brown
- 11 a.m. - Jazzercise with Christy Owed
- 12:15 p.m. - SS BOOM Muscle with Angie Mourton
- 12:30 p.m. - Duplicate Bridge
- 12:30 p.m. - Hand & Foot
- 12:30 p.m. - Mahjong
- 2 p.m. - Beginner's Line Dancing with Belinda Cytlak

Tuesdays:

- 10 a.m. - SS Well-Balanced with Gavin Pitt
- 11 a.m. - SS Seated & Standing Yoga with Gavin Pitt
- 12:30 p.m. - Art Class with Mary Jane Erard
- 12:30 p.m. - 4-Handed Euchre
- 1 p.m. - Senior Singers Choir
- 3 p.m. - Cardio Drumming with Vickie Geha

Wednesdays:

- 9a.m. - Cardio Drumming with Vickie Geha
- 9a.m. - Regular Line Dancing with Michael Gurtzweiler
- 10a.m. - Chair Zumba with Vickie Geha
- 10:30 a.m. - Pokeno
- 11a.m. - SS Tai Chi with Gavin Pitt
- 11a.m. - Jazzercise with Christy Owed
- 12:45 p.m. - BINGO
- 1p.m. - Knitting
- 1p.m. - SS Chair Yoga with Angie Mourton
- 2:30 p.m. - SS Classic with Lina

Thursdays:

- 9a.m. - Chair Zumba with Vickie Geha
- 9:45 a.m. - Regular Line Dancing with Michael Gurtzweiler
- 10a.m. - VIRTUAL SS Stretch & Balance with Sheila Brown
- 11a.m. - SS Tai Chi with Gavin Pitt
- 12:30 p.m. - 6-Handed Euchre & 4-Handed Euchre
- 12:30 p.m. - Duplicate Bridge
- 1 p.m. - SS BOOM Muscle with Angie Mourton

Fridays:

- 11a.m. - Jazzercise with Christy Owed
- 12:15 p.m. - SS Chair Yoga with Angie Mourton
- 12:30 p.m. - Pinochle
- 12:30 p.m. - Skip Bo

BINGO! Wednesdays at 12:45 p.m.

Join in on the fun at the Maumee Senior Center with our weekly Bingo! Come for lunch and stay for Bingo!
See you there!
Call 419-893-1994 for any questions.



Hooks, Yarn & Needles between Friends Wednesdays at 1 p.m.

This group is open to knitters of all abilities! Whether you are new, or have been at it for years, whether you quilt, knit, crochet, loom, needle point, cross stitch or do embroidery, this group is for you! There are needles and some practice yarn available.
Beginners are welcome, come check it out!



Art Classes with Mary Jane Erard Tuesdays at 12:30 p.m. and Special Thursdays as noted below:

Mary Jane is a well known regional artist and is represented by the Toledo Museum of Art. All students regardless of your experience with art are welcomed to join Mary Jane on Tuesdays and Thursdays!

Mary Jane can assist you with a variety of different mediums included but not limited to: water color, pastel, oils, acrylics, colored pencil, painting, drawing, etc.

If you have any questions or would like to meet the instructor, stop by class anytime on Tuesdays.

Cost is \$7 per class payable to the instructor at the door.



Thursday, November 13th

Special Landscape Workshop Class

Join us for this 2.5 hour workshop class to learn about watercolors, acrylics and pastels to create your own beautiful landscape! These classes are suitable for beginners and intermediate painters.

Open to all ages!

Cost: \$20- all supplies included

Call 419-893-1994 to reserve your space today!



Maumee Senior Center Singers Tuesdays at 1 p.m.

The Maumee Senior Center Singers are led by Director Jim Burns. The choir has presented over 500 performances in Northwest Ohio.

Love to Sing? Come to singers practice sessions **Tuesday afternoons at 12:30 p.m.** at the Senior Center! Beginners welcome!

For more information: Call 419-893-1994



Creative Card Making Class

Tuesday, November 18th from 10-11:30

All supplies necessary to complete this project are included. We will walk you through each step of the design, which you will place in a hand stamped envelope for mailing to your friends and family. Join us for a fun and creative DIY workshop with Ruth.

Card theme is: Thanksgiving & Christmas!

Cost is \$8 per person which includes 3 cards. Please call 419-893-1994 or stop by the front desk to make your reservation.

MSC Book Club with Jane Berger Monday, November 10th at 10 a.m.

This month, the MSC Book Club is discussing:

Bonfire of the Vanities
By: Tom Wolfe

Next month, the MSC Book Club will be discussing:

The American Wife
By: Curtis Sittenfeld

This group is always looking for new participants and typically meets on the second Monday of every month. Some dates may be subject to change. Call 419-893-1994 if you have any questions.



MSC Cards and Games of Strategy!

- Mondays 12:30 pm: **Duplicate Bridge**
- Mondays 12:30 pm: **Hand & Foot**
- Mondays 12:30 pm: **Mahjong**
- Tuesdays 12:30 pm: **4 Handed Euchre**
- Wednesdays 10:30 am: **Pokeno**
- Wednesdays 12:45 am: **BINGO**
- Thursdays 12:30 pm: **6 & 4 Handed Euchre**
- Thursdays 12:30 pm: **Duplicate Bridge**
- Fridays 12:30 pm: **Pinochle**
- Fridays 12:30 pm: **Skip Bo**

Puzzles, Books, Magazines and Board Games are available daily in the library!

Don't see a card game that you're interested in?
Let's start a new game!
Contact 419-893-1994 to share your ideas!

FREE!

MOVIE MATINEE AT THE MSC!

FRIDAY, NOVEMBER 21ST AT 12:45 PM

Drinks and snacks available for purchase out of MSC Cafe.
Call 419-893-1994 to reserve your seat today!

POP CORN

We have expanded our senior programs and services to the Waterville Public Library!
Stop by the Waterville Library or check out our website at www.maumeesenor.com for more information regarding the meal program and services offered.

SENIOR MONDAYS & FRIDAYS WITH
THE MAUMEE SENIOR CENTER
At The Waterville Branch Library

NOVEMBER 2025

**Dates Subject to Change*

GENERALLY, ACTIVITIES BEGIN AT 11 A.M!

CALL 419-893-1994 TO REGISTER FOR AN ACTIVITY. SPACE IS LIMITED.

MON., NOV. 3
PRESENTATION

UTMC STROKE TALK

FRI., NOV. 7

NO PROGRAMS

MON., NOV. 10
CRAFT DAY

PAINT A FALL SIGN
WITH CATHY CALLAHAN
ART

FRI., NOV. 14
GAME DAY

JOIN HERITAGE VILLAGE
OF WATERVILLE FOR
NAME THAT TUNE!

MON., NOV. 17
CHAIR YOGA

JOIN EMILY MATTHEWS
FOR CHAIR YOGA!

FRI., NOV. 21
COOKING

DECORATE GINGER BREAD
COOKIES FOR THE
HOLIDAY!

MON., NOV. 24
COFFEE &
CONVERSATION

ENJOY A RELAXING CUP
OF COFFEE AND GREAT
CONVERSATION!

FRI., NOV. 28

NO PROGRAMS

HAVE A
WONDERFUL
THANKSGIVING
HOLIDAY!



NORTHWEST OHIO MEDICAL SUPPLY CLOSET

FREE ADULT ABSORBENT PRODUCTS PROGRAM

NOVEMBER 5, 2025



**THE ABILITY CENTER • 10AM TO 3PM
5605 MONROE ST, SYLVANIA, OH 43560**

Access free incontinence supplies and one-on-one support, thanks to our partnerships between the Area Office on Aging and Principle Business Enterprises, Inc. If you have any questions, please contact us at (419) 885-5733.

Scan the QR code to learn more or visit abilitycenter.org/medical-supply-closet



Maumee High School Presents Alice's Adventures



NEW DAY & TIME

MHS Performing Arts Center

Saturday, November 15 (two shows) 12 p.m. & 7 p.m.

Sunday, November 16 2 p.m.

Free dessert reception & performance planned for Maumee Senior Citizens before the Sunday matinee on Sunday, November 16.

1:15 p.m. - 2 p.m.

RSVP by Nov. 12

419-893-3200, Option 1

Tickets: \$10/adults, students & seniors. Senior Citizens who are residents within Maumee City Schools are admitted free with Golden Panther Card.



Welcome to a gracious, independent living, assisted living and memory care in your community!

Assisted Living Medicaid Waiver Accepted!

All residents enjoy:

- Studio, one-bedroom, two-bedroom apartments are available
- Full kitchen
- Private bathroom
- Social, recreational, and wellness activities
- Scheduled transportation services
- Pet friendly



3501 Executive Pkwy
Toledo, OH 43606
419-531-9211



glasspeaksseniorliving.com



marketing@glasspeaksseniorliving.com

Managed by Gardant

Community Speakers, Evening Meal Grab & Go

MSC Community Speakers:

Wednesday, November 12th at 11 a.m.

“Senior Services and Resources”

By: Area Office on Aging of NOW

Wednesday, November 19th at 11 a.m.

“Music Trivia”

By: Sandy

Thursday, November 20th at 11 a.m.

“Home Fire Safety”

By: Maumee Fire Department

These presentations are right before lunch and we would love to have you join us! Call 419-893-1994 to make your lunch reservation.

KNOWLEDGE
IS POWER 

Friday, November 21st
1:30 - 2:30 pm



Please join us for a deep relaxation sound bath experience with Kimberly Post, RN, Reiki Master and Sound Healing Practitioner.

Chairs are available. Feel free to bring a yoga mat and a pillow.

Reservations required. Call 419-893-1994 to reserve your spot!

**SOUND
BATH
CLASS**

\$10 PER PERSON

ALL AGES WELCOME!

MSC SPECIAL

GRAB & GO DINNER

TUESDAY, NOVEMBER 18TH

4-4:30PM



**ONLY
\$6!**

Liver & onions, mashed potatoes, green beans & pineapples.

Call 419-893-1994 or stop by the front desk to reserve your meal!

This is a fundraiser for the Maumee Senior Center. We appreciate your support!

**Fancy in
First Grade!**

Wednesday, December 17th:
9:30 am to 11am

Join us and the Fort Miami Elementary School First Grade Students with a holiday party at the Maumee Senior Center!

Come for cookies, hot cocoa, crafts and sing-alongs with the elementary school students.

Call 419-893-1994 or sign up at the front desk to register for this free event.

*We'd love to have you!
The more the merrier!!*



MSC November 2025 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 <u>Goulash</u> OR <u>Beef Tips & Mushrooms</u> over noodles, green beans, mixed fruit, bread & milk</p>	<p>4 <u>Smoked Sausage</u> w/ lima beans OR <u>Pizza w/onion rings, mandarin oranges, corn muffin & milk</u></p>	<p>5 VETERANS LUNCHEON</p>	<p>6 <u>Open Face Turkey & Gravy</u> OR <u>Beef Stir Fry & Broccoli w/ rice, stewed tomatoes, peaches, bread & milk</u></p>	<p>7 CLOSED</p>
<p>10 <u>Sausage Potato & Green Bean Casserole</u> OR <u>Cold Roast Beef Sandwich, mixed vegetables, cinnamon apples, bread & milk</u></p>	<p>11 <u>Beef & Cabbage</u> OR <u>Cheesy Potatoes & Ham, peas, watermelon, bread & milk</u></p>	<p>12 <u>Pork & Apples</u> OR <u>Cold Turkey & Cheese Sandwich, corn, peaches, bread & milk</u></p>	<p>13 <u>Baked Chicken</u> OR <u>Beef Patty & Gravy, cabbage & noodles, mandarin oranges, bread & milk</u></p>	<p>14 <u>Tuna Noodle Casserole</u> OR <u>Smoke Sausage w/Rice & Peppers, green beans, mixed fruit, bread & milk</u></p>
<p>17 <u>Fish Patty</u> OR <u>Grilled Cheese Sandwich w/Tomato Soup, corn, mandarin oranges, bread & milk</u></p>	<p>18 <u>Pork Chop</u> OR <u>Egg Salad Sandwich w/Chips, broccoli, peaches, bread & milk</u></p>	<p>19 <u>Beef Stroganoff</u> OR <u>Beans & Weenies, carrots, pears, bread & milk</u></p>	<p>20 <u>Chicken & Stuffing w/Rice</u> OR <u>Pork & Potatoes, green beans, grapes, bread & milk</u></p>	<p>21 <u>Bratwurst</u> w/<u>Sauerkraut</u> OR <u>Burger Patty w/Roasted Potatoes, apple sauce, bread & milk</u></p>
<p>24 <u>Veal Patty w/Gravy</u> OR <u>Quiche, peas, pears, bread & milk</u></p>	<p>25 <u>Scalloped Potatoes & Ham</u> OR <u>Mexican Cornbread, corn, mixed fruit, bread & milk</u></p> <p>Birthday Cake</p>	<p>26 <u>Swedish Meatballs</u> OR <u>Chili, green beans, grapes, corn muffin & milk</u></p>	<p>27 CLOSED FOR HOLIDAY</p>	<p>28 CLOSED FOR HOLIDAY</p>
<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>	<p>5</p>

The following major food allergens are used as ingredients:
 Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soy and Sesame.
 Please notify a staff member for more information.

****INGREDIENT INFO AVAILABLE UPON REQUEST****

Call 419-893-1994 to reserve your dine-in meal. Suggested senior donation is \$2.50. Dine-in is at 11:45 a.m. Please call 24-48 hours in advance if you would like to be added to our dine-in reservation list.
 Menu items subject to change.

Maumee Senior Center
2430 S. Detroit Ave.
Maumee, OH 43537
Phone: (419) 893-1994

Facebook.com/maumeeseniorcenter
www.maumeeseniorcenter.com

MISSION STATEMENT:

The mission of the Maumee Senior Center is to create an atmosphere which affirms the dignity and self-worth of the older population by serving their physical, emotional and economic well-being while encouraging their independence and continued participation in the community.



Maumee Senior
Center's

WISH LIST

The Maumee Senior Center is here to serve you. However, as a non-profit organization, we must be frugal. Please consider donating new or used items on our wish list.

Cleaning Supplies:

Clorox or Lysol wipes
Hand Sanitizer
Hand Soap

Gift Cards:

Gift cards, cash gift
cards and gas cards

Miscellaneous/Kitchen:

Trash Bags size 33 gallon
8.5x11 and 11x17 paper
Napkins and paper towels
Coffee Filters (12 cup)
Canned coffee grounds (reg & decaf)
Round knitting looms
Loom knit hooks
Crochet needle hooks
Christmas fabric
Yarn

Check out our Walmart Registry!

<https://www.walmart.com/registry/RR/09a8abbb-0113-4b38-999a-3e9c9095aca4>

We greatly appreciate your support!

UPCOMING EVENTS!

November 5:
Veterans Luncheon

November 13:
Art Workshop

November 21:
Sound Bath Class

November 18:
Evening Meal Grab & Go

November 25:
Birthday Party

November 30:
Holiday Hustle 5k

December 6:
Breakfast with Santa

