Maumee Senior Center News

2430 S. Detroit Ave. Maumee, OH 43537
◆ Phone (419) 893-1994◆
www.maumeeseniorcenter.com
www.facebook.com/maumeeseniorcenter

NOVEMBER 2026

The Maumee Senior Center will close at 1pm on Wednesday, November 25th. The Maumee Senior Center will be closed on Thursday, November 26th and Friday, November 27th.

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MSC Transportation Office:

419-377-8113

Drivers: **Sue LaFountaine & Dennis Oberhauser**







Registration forms and more information about the Holiday Hustle event can be found on our website at www.maumeeseniorcenter.com or at the front desk of the Maumee Senior Center.

Programs and services at the Maumee Senior Center are partially funded by the Older American's Act, the Lucas County Senior Services Levy, City of Maumee, and other state and federal sources, as well as, fundraisers, memberships, sponsorships and donations. Donations to the center for its programs and services are gratefully accepted.

MSC Board of Trustees:

Joe LaChapelle
Maria Zapiecki
Chris Blakely
Heather Cole
John Gouttiere
Genevieve Stults
Pat Viertlbeck
Darryl Lycourt
Doug Swary

Advisory Committee:

Chris Blakely– Chairman, and Ginny Hiser

The Advisory Committee is a group of representative Senior Center participants. To offer concerns or questions for the Advisory Committee, contact the Advisory Committee by e-mail at: mscadvisory@gmail.com or any of the participants.

ATTENTION:

Opinions of guest speakers and advertisements are not necessarily those of the Maumee Senior Center. Although Maumee Senior Center is proud to advertise quality businesses and products, we do not endorse these companies in a mutually exclusive manner.

OUR NUMBERS ARE GROWING!

Please consider carpooling with a friend to the Center to help free up parking spaces so we can continue to serve as many people as possible. Thank you!



Maumee Senior Center Begins a New Chapter

For the first time in its 32-year history, the Maumee Senior Center has started a new chapter. Last month, the Maumee Senior Center unveiled our new Maumee Senior Center Legacy Fund and donor recognition tree display.

The tree is designed to recognize contributions of various levels to the future of the Maumee Senior Center. The Maumee Senior Center (MSC) has created a non-endowed organization fund with the Greater Toledo Community Foundation for future generations of senior services.

“We are so excited about the MSC Legacy Fund. Thanks to a generous donation from a local area resident we were able to create this fund with the Greater Toledo Community Foundation (GTCF),” said Malinda Ruble, executive director of MSC. “We are building a foundation for generations to come. This fund will be used for future financial support, unforeseen emergencies and capital needs.”

The Maumee Senior Center opened the new fund as a way to make substantial donations easier for individuals to prepare for the future. The fund was officially unveiled Sept. 30, 2026 at the Maumee Senior Center, 2430 S. Detroit Ave.

“Our mission is and always has been to “create an atmosphere which affirms the dignity and self-worth of the older population by serving their physical, emotional, and economic well-being while encouraging their independence and continued participation in the community,” Ruble said. “We want to be certain the hard work of helping serve seniors over the past decades continues far into the future for generations of seniors to come.”

The Maumee Senior Center provides reduced cost or free services such as transportation to medical appointments, nutritious meals, fitness classes, as well as recreational and education programs like art, choir, cards, games and knitting/crafts. In addition, the center offers legal consultations, caregiver support programs and assistance with government programs such as Medicare, SNAP, HEAP and other programs and applications. Programs and services are available to anyone 60 years of age and better.

With the help of GTCF, any method of contributing to the fund will be easy as pie. Donations of Qualified Charitable Distributions can come in the form of cash, checks, stocks and even property and grain.

“This is an exciting new chapter for the Maumee Senior Center. Now as we continue to serve seniors today, community members and seniors can help ensure these same services, as well as new ones, are available in the future,” Ruble said.

The Maumee Senior Center is a registered 501(c)3 organization. If you would like additional information about the fund, please reach out to Malinda Ruble by calling 419.893.1994, emailing maumeeseniorcenter@gmail.com or going to our website at www.maumeeseniorcenter.com



Friendly reminder…

Please scan in with your key card at the front desk before participating in your activity. Scanning in helps to provide us with the proper funding to continue to provide all of the wonderful programs and services that you dearly love!

You can also scan in manually if you do not have your key card on you. Please ask for assistance if needed.

If you do not have a key card, or need a new one, please see a staff member. **Thank you!!**

American Red Cross

Every 2 seconds, someone in the U.S. needs blood.

Give blood.
Help save lives.

Blood Drive
Maumee Senior Center

Activity Room
2430 S Detroit Ave
Maumee, OH 43537

Tuesday, November 10, 2026
9:00 a.m. to 2:00 p.m.

To Register, Please Call 1-800-RED CROSS or go online to RedCrossBlood.org and use keyword: MAUMEESENIOR

YOU ARE INVITED TO OUR

Annual Board Christmas Dinner!

WEDNESDAY, DECEMBER 9TH AT 5PM

On the menu: Turkey & Gravy with mashed potatoes, stuffing, green beans, cranberries, roll & butter and beverage.

Please bring cookies to share for dessert

FREE for Booster Members and $9 for non-members. Entertainment provided. Space is limited, call 419-893-1994 to reserve your spot by December 4th.

Let's Celebrate Together!

BREAKFAST With Santa



SATURDAY, DECEMBER 5, 2026

8:45 A.M– 11:45 A.M.

Join us for a morning where children can share holiday wishes and revel in the magic of the season!

Enjoy a pancake & sausage breakfast (Additional GF & Vegan Meal Options Available), Take Home Photos with Santa, Make Reindeer Food, Watch a model train display, Decorate Cookies, Play Games and Receive A Hand-made Stocking.

$7 for Ages Under 12; $9 for 12 and Older

MAUMEE SENIOR CENTER, 2430 S. DETROIT AVE., MAUMEE
419.893.1994 or maumeeseniorcenter@gmail.com

SPONSORED BY: MAUMEE ELKS, GRACE COMMUNION MAUMEE & GLASS PEAKS SENIOR LIVING



DECEMBER 14TH, 2026

Maumee Senior Center,
2430 S. Detroit Ave., Maumee
419-893-1994

Opportunities to Support the MSC

Are you looking for ways to support the Maumee Senior Center? Below are some ways that you may be able to help us continue to serve area seniors! If you have any questions, please give us a call at 419-893-1994. Thank you!

Are you enjoying your time at the Maumee Senior Center?

If your answer is 'yes!' then please consider writing us a review on our Facebook and Google pages! Positive reviews help people find the Maumee Senior Center and to connect them to our valuable services, programs and resources. We appreciate your support!
Type in 'Maumee Senior Center' to Facebook and Google to find our pages.

Give us a follow on Facebook for updates!

facebook

Google Reviews

~Legacy of Love~

The Maumee Senior Center welcomes monetary gifts to memorialize family and friends or to honor individuals who are involved in our programs and services. Legacy of Love donations help secure the future of the Maumee Senior Center for older adults. Many lives have been forever changed by the generous contributions of others.
The Maumee Senior Center is grateful for any monetary donations. Please keep the Maumee Senior Center in mind as you think about your future planning so we can continue your Legacy of Love serving seniors in your honor.



The Maumee Senior Center is always looking for volunteers for our fundraising events and daily services!

Our upcoming events with volunteer needs:

Veterans Luncheon:
Tuesday, 11/3

Holiday Hustle 5k:
Sunday, 11/29

Breakfast With Santa:
Saturday, 12/5



Contact Tiffany or Laree at 419-893-1994 or at mscprogramcoordinator@gmail.com to learn more about our volunteer opportunities!

DID YOU KNOW??

You can help the Maumee Senior Center virtually every time you use your Kroger Plus card? Just go to https://www.kroger.com/i/community/community-rewards and link your Kroger card to our organization: "Maumee Senior Center". If you need help, we are happy to assist you! We appreciate your support!!





If you would like to make a monetary donation to help the Maumee Senior Center,
please mail a check to:
2430 S. Detroit, Maumee, OH 43537
or donate through Paypal by clicking the *Donate button* on our website at MaumeeSeniorCenter.com

Monetary donations help the MSC to continue programs and services.

THANK YOU!

MSC Transportation Service: 419-377-8113



The Maumee Senior Center offers transportation to those 60 and older to medical appointments, the grocery store and round trips to and from the Maumee Senior Center Monday-Friday!

Do you live in the Maumee, South Toledo, Monclova, Holland, Neapolis, Waterville or Whitehouse areas and need a ride? Give us a call!

Call our driver at 419-377-8113 at least 24-48 hours in advance to schedule a ride. There is no guarantee that transportation will be available at your time of need, however we will try our best to schedule you at your preferred time! Please call as early in advance as possible to reserve your spot.

Costs is $3 suggested donation for round trip

*If you are in need of groceries, **see below** for our online grocery ordering delivery service.*

Ways to receive our Monthly Newsletter:

For just $15 per year you can receive the MSC Newsletter right to your home. You can also receive our newsletter by e-mail or by accessing our website at



www.maumeeseniorcenter.com or by subscribing by email at: mscprogramcoordinator@gmail.com

Senior Centers…

Serve as a gateway to the nation's aging network—connecting older adults to vital community services that can help them stay healthy and independent.
-National Council on Aging

Call us at 419-893-1994 to find a program to join at the Maumee Senior Center today!



ADVERTISING SPACE AVAILABLE!

Are you interested in advertising your business in the Maumee Senior Center Newsletter?
Then this could be the opportunity for you!

Contact Tiffany at 419-893-1994 for more information regarding our newsletter advertising opportunities.

Online Grocery Ordering Delivery Service

Are you in need of groceries and are unable to leave your home? Then give the Maumee Senior Center a call to assist you with ordering your groceries online and to get them delivered right to your door!

All you will need before calling the MSC is:

- A credit or debit card on hand— **you must be comfortable with a MSC staff member receiving your card information to order your groceries for you**
- Written out grocery list for time efficiency— **limit of 20 grocery items**

Call the Maumee Senior Center about 24-48 hours before you know you will be in need of these grocery items to ensure you will receive your items in a timely manner.

There is no guarantee for day of grocery delivery.

Call: 419-893-1994



GRACE COMMUNION MAUMEE

A small Christian church that meets every Sunday at 10:30 a.m. in the Maumee Senior Center Dining Room.

All are welcome!

Web site: www.gcmaumee.org

Outreach–Clinics, Support Group, Assistance

Free Walk-In Health Screenings at the Maumee Senior Center!

The first Thursday of every month, Mercy Health will offer a free Glucose and Blood Pressure clinic.

The upcoming Mercy Health Clinics will be:
Thursday, November 5th
Thursday, November 3rd
11am-1 p.m.

MERCYHEALTH

NEW! The second Wednesday of every month, ProMedica Hospital will offer a free Blood Pressure clinic.

The upcoming ProMedica Health Clinics will be:
Wednesday, November 11th
Wednesday, December 9th
11am-1pm

PROMEDICA

Take control of your health and be sure to take advantage of these free clinics at the MSC!



Caregiver Support Group
Tuesday, November 24th at 10 a.m.

Caring for a loved one can be stressful and we want to support you! Please join us to share your story and ideas and to meet other people in similar situations.

Register by calling 419-893-1994 or email—mscoutreachcoordinator@gmail.com

Free Legal Consultations

The upcoming date for Legal Consultations are:

Tuesday, November 3rd
And Tuesday, December 1st

Schedule your 30 minute appointment with the Attorney by calling the MSC at 419-893-1994

Free Neuro Assessment Clinic by Brain Bright Therapy!

Wednesday, November 11th
Noon-1pm

Following their educational presentation on Wednesday, November 11th, Brain Bright Therapy will be providing free Neuro & Cognitive assessments by owner Danielle, OTR/L, CNSI. Each assessment will take at least 20 minutes and it is first come first served. This is a great opportunity to learn different techniques to help keep your brain sharp as you age!

Brain Bright THERAPY



Free benefits counseling offered at the Maumee Senior Center!

Medicare Open Enrollment:
October 15th December 7h, 2023

It's that time of year again when people who are on Medicare, as well as any Medicare Advantage plan can check to make sure they're receiving the best benefits for them! We urge all people who receive these benefits to take advantage of this time period to make sure that you have the best plan for you! If you are interested, please contact Outreach Coordinator, Laree Shroyer at 419-893-1994 to schedule a consultation.

In requesting assistance from the Maumee Senior Center for benefits counseling, the participant understands that the information presented is unbiased and is the most accurate information available at the present time based on the participant's information provided. The participant is responsible for making his/her own informed choice without any influence from the Maumee Senior Center and holds the Maumee Senior Center harmless of any and all discrepancies or liability claims.

Booster Membership Information

MSC Booster Club membership dues are $30 for 12 months.

FOR JUST $30 A YEAR YOU WILL RECEIVE:

*Deep gratification in knowing that you are helping support an effort to help other seniors in the community through the Maumee Senior Center.

*1 FREE Dinner in the spring and 1 FREE Holiday Dinner at the Maumee Senior Center. Value=$40

*FREE recognition in MSC newsletter's birthday section and at the birthday party of your birthday month, MSC makes the suggested lunch donation in your honor. Value=$2.50

*Discounted fee for a classified listing in the MSC newsletter.

*Exclusive Booster Club Member Only Mailings & Specials.

*Special discount on day trips with Malinda.

*Friends, Fun, & Fellowship.

*Ask us how you can get 25% off your new membership!

Be a Booster!

Join today by calling 419-893-1994 for a new member form!



Birthday Lunches for Booster Members!!

November Birthday lunch is on Tuesday the 24th!

The Maumee Senior Center will celebrate your birthday by making a lunch donation for you and providing birthday cake!

Call 419-893-1994 to make your birthday lunch reservation!

We Proudly welcome our New MSC Booster Members:



Edwin Lopez

Linda Smith

Denise Ruelle

Susie Moriarty

Gail Malley

We had 14 people renew their memberships this month– thank you so much for your support!!

Happy Birthday to all of our November MSC Booster Members!



Thomas	Berry	11/1
Jan	Schiel	11/1
Joette	Rozanski	11/4
Vickie	Geha	11/5
Alan	Rizzo	11/5
Bonnie	Strayer	11/5
Arlene	Krosky	11/6
Jim	Steedman	11/6
Jenny	Struck	11/7
Marcia	Karamol	11/8
Jerry	Finfera	11/11
Terry	Seeman	11/11
David	Drescher	11/13
Peter	Jacobsen	11/13
John	Vargyas	11/14
Josette	Freeman	11/17
Kathleen	Hoekwater	11/17
Cindy	Miller	11/17
Alan	Geha	11/19
Sandy	Burke	11/21
Thomas	Stapleton	11/21
Sue	Osborne	11/23
Bonnie	Schmeltz	11/23
Lori	Schroeder	11/28

Fitness Classes

MSC Virtual ZOOM Programs

Silver Sneakers classes with Sheila Brown

Cardio & Tone

Mondays at 10 a.m.

This is an intermediate exercise class for the active older adult. Low impact cardio movements will raise the heart rate, while light resistance equipment will be used to strengthen the muscles. **$3 for non-SS members.*

Stretch & Balance

Thursdays at 10 a.m.

This is a low impact class with dynamic movements and stretches that are the foundation of this class. A chair will be utilized for appropriately half of the exercises making it well suited for beginners! **$3 for non-SS members.*

These classes are virtual, online from the comfort of your home, through ZOOM. Please contact Tiffany at 419-893-1994 or mscprogramcoordinator@gmail.com for more information on how to join these classes. Registration required.

MSC Fitness Room

Equipped with treadmills, bikes, weights & lifting machines, elliptical, pool table, air hockey table, ping pong table, corn hole boards, large TV, fan, and more! All of the equipment is for you to use for free during our business hours!

Come and go as you please, no reservations are required. ****Equipment use is at your own risk.*

****Ping pong paddles and air hockey pucks, etc. can be checked out at the front desk.****

Jazzercise Lo with Christy Owed

Mondays, Wednesdays & Fridays at 11 a.m.

Jazzercise lo is a low impact energetic workout that combines dance cardio, with strength, balance and core work. If you love music and love to dance, Jazzercise lo is a great way to workout while feeling like you're at a dance party with friends!

Join us for your first class free!

For any questions at all or regarding pricing please contact Christy Owed directly at 419-460-1734

JAZZERCISE®

Line Dancing Classes at the MSC!

Line Dancing is a great form of exercise that helps to improve strength, muscle function and balance! Sharpen your mind and your coordination and join in the fun with Line Dancing Classes at the MSC— and bring a friend too! Check out these classes below!

Line Dancing Classes with Belinda Cytlak



Men's Beginner's Line Dancing: Mondays at 1:20 p.m.

Beginner's Line Dancing: Mondays at 2 p.m.

This class is for those that are familiar with the basic line dancing steps and dances. Are you ready to build onto those skills? Then this class is for you! Join in on this Beginner's level Line Dancing class that will focus on building onto the basics with incorporating new steps and dances. New participants are welcome!

**Cost is $3 payable to instructor at the door.*

Line Dancing Class with Michael Gurtzweiler

Regular Line Dancing

Wednesdays at 9 a.m. & Thursdays at 9:45 a.m.

This class is for participants familiar with most frequently used line dance steps. Turns and brisk footwork are included. Dancers will expand their repertoire of dances at all levels: from beginner/improver to the intermediate levels. Waltzes, in triple time, will also be part of the repertoire. New Participants are welcome!

**Cost is $3 payable to instructor at the door.*

Do you have Silver Sneakers?
Then check out these classes listed below!

SilverSneakers

Silver Sneakers classes with Gavin Pitt:

Tai Chi

Wednesdays and Thursdays at 11 a.m.

Tai Chi for Health has a focus on moving and balancing and safety. Whether you are a first time person or have done Tai Chi before, you are welcome! A chair is used for seated Tai Chi movements as well.

The cost is $3 for non silver sneakers members

Sitting & Standing Yoga

Tuesdays at 11:15 a.m.

Move through classic yoga poses to increase flexibility, balance and range of motion. The classic poses are adapted to being seated, although there is some standing. Come check it out!

The cost is $3 for non silver sneakers members

Silver Sneakers Classes with Angie Mourton:

BOOM Muscle

Mondays at 12:15 p.m. & Thursdays at 1:15 p.m.

This class incorporates athletic-based exercises that improve upper body conditioning. You'll move through several "blocks," which are groups of exercises that focus on strengthening different muscle groups.

The cost is $3 for non silver sneakers members

Chair Yoga

Wednesdays at 1:15 p.m. & Fridays at 12:15 p.m.

This class is a fusion of flexibility, endurance and balance that we all can use over time. It also helps with stress management. This class is primarily done in a chair but may have some standing.

The cost is $3 for non silver sneakers members

Chair Zumba with Vickie Geha

Mondays and Thursdays at 9 a.m.
Wednesdays at 10 a.m.

This class incorporates movements taken from Latin dances like the merengue, salsa, and cha cha to create an exhilarating program that aims to improve overall energy, core stability, muscular strength, cardiovascular endurance, and motor skills. New participants welcome!

$2 per class payable to instructor at the door

ZUMBA®

Cardio Drumming with Vickie Geha

Tuesdays at 3 p.m. and Wednesdays at 9 a.m.

This class takes a simple movement - drumming - and turns it into a full-body workout that will leave you smiling, sweating, and feeling great! It brings together drumsticks, an exercise ball, and an exercise ball stand to create one of the most fun workouts you'll ever do. Equipment is limited, but provided on a first come first-served basis. Feel free to bring your own!

$2 per class payable to instructor at the door



Did you know??

That in order to participate in Maumee Senior Center's programs and services….

- You do not need to live in Maumee
- You do not need to be a booster club member
- You can be as young as 50

Call us today at 419-893-1994 to see how you can get involved!

MSC Daily Activities

Lunch is served daily Monday-Friday at 11:45 a.m.

Mondays:
9 a.m. – Chair Zumba with Vickie Geha
10 a.m. – VIRTUAL SS Cardio & Tone with Sheila Brown
11 a.m. – Jazzercise Lo with Christy Owed
12:15 p.m. – SS BOOM Muscle with Angie Mourton
12:30 p.m. – Duplicate Bridge
12:30 p.m. – Hand & Foot
12:30 p.m. – Mahjong
1:20 p.m. – Men's Line Dancing with Belinda Cytlak
2 p.m. – Beginner's Line Dancing with Belinda Cytlak

Tuesdays:
11:15 a.m. – SS Seated & Standing Yoga with Gavin Pitt
12:30 p.m. – Art Class with Mary Jane Erard
12:30 p.m. – 4-Handed Euchre
12:30 p.m. – Mahjong
12:30 p.m. – Ping Pong
1 p.m. – Senior Singers Choir
3 p.m. – Cardio Drumming with Vickie Geha

Wednesdays:
9 a.m. – Cardio Drumming with Vickie Geha
9 a.m. – Regular Line Dancing with Michael Gurtzweiler
10 a.m. – Chair Zumba with Vickie Geha
10:30 a.m. – Pokeno
11 a.m. – SS Tai Chi with Gavin Pitt
11 a.m. – Jazzercise Lo with Christy Owed
12:45 p.m. – BINGO
1 p.m. – Knitting
1:15 p.m. – SS Chair Yoga with Angie Mourton

Thursdays:
9 a.m. – Chair Zumba with Vickie Geha
9:45 a.m. – Regular Line Dancing with Michael Gurtzweiler
10 a.m. – VIRTUAL SS Stretch & Balance with Sheila Brown
11 a.m. – SS Tai Chi with Gavin Pitt
12:30 p.m. – Crafting Corner
12:30 p.m. – 6-Handed Euchre & 4-Handed Euchre
12:30 p.m. – Duplicate Bridge
1:15 p.m. – SS BOOM Muscle with Angie Mourton

Fridays:
10:30 a.m. – Corn Hole
11 a.m. – Jazzercise Lo with Christy Owed
12:15 p.m. – SS Chair Yoga with Angie Mourton
12:30 p.m. – Pinochle
12:30 p.m. – Skip Bo



Maumee Senior Center Singers
Tuesdays at 1 p.m.

The Maumee Senior Center Singers are led by Director Jim Burns. The choir has presented hundreds of performances in Northwest Ohio. ***Love to Sing?*** Come to singers practice sessions **Tuesday afternoons at 1 p.m.** at the Senior Center! Beginners welcome**!**

For more information: Call 419-893-1994



Art Classes with Mary Jane Erard
Tuesdays at 12:30 p.m. and Special Thursdays as noted below:

Mary Jane is a well known regional artist and is represented by the Toledo Museum of Art. All students regardless of your experience with art are welcomed to join Mary Jane on Tuesdays and special Thursdays!

Mary Jane can assist you with a variety of different mediums included but not limited to: water color, pastel, oils, acrylics, colored pencil, painting, drawing, etc. If you have any questions or would like to meet the instructor, stop by class anytime on Tuesdays.



Cost is $7 per class payable to the instructor at the door.

Thursday, November 12th at 12:30pm

Backlit Trees in any medium

Join us for this 2.5 hour workshop class to learn about watercolors, pastels and acrylics to create your own beautiful scenes! This class is suitable for beginners and intermediate painters. Come check it out!

Open to all ages



Cost: $25- all supplies included

Call 419-893-1994 to reserve your space today!

Mahjong
Mondays and Tuesdays at 12:30 p.m.

Join in on the fun of Mahjong! Must know how to play, but any level of experience is welcome! The National Mahjongg card is needed to play.



BINGO!
Wednesdays at 12:45 p.m.

Join in on the fun at the Maumee Senior Center with our weekly Bingo! Come for lunch and stay for Bingo! See you there!



Hooks, Yarn & Needles between Friends
Wednesdays at 1 p.m.



This group is open to knitters of all abilities! Whether you are new, or have been at it for years, whether you quilt, knit, crochet, loom, needle point, cross stitch or do embroidery, this group is for you! There are needles and some practice yarn available. Beginners are welcome!

MSC Cards and Games of Strategy!

- Mondays 12:30pm: **Duplicate Bridge**
- Mondays 12:30pm: **Hand & Foot**
- Mondays 12:30pm: **Mahjong**
- Tuesdays 12:30pm: **Mahjong**
- Tuesdays 12:30pm: **4 Handed Euchre**
- Wednesdays 10:30am: **Pokeno**
- Wednesdays 12:45am: **BINGO**
- Thursdays 12:30pm: **6 & 4 Handed Euchre**
- Thursdays 12:30pm: **Duplicate Bridge**
- Fridays 12:30pm: **Pinochle**
- Fridays 12:30pm: **Skip Bo**

Puzzles, Books, Magazines and Board Games are available daily in the library!

Don't see a card game that you're interested in? Let's start a new game! Contact 419-893-1994 to share your ideas!

MSC Book Club with Jane Berger
Monday, November 9th at 10 a.m.

This month, the MSC Book Club will be discussing:

The Splendid and the Vile
By: Erik Larson

For November, the MSC Book Club is discussing:

Sandwich
By: Catherine Newman

This group is always looking for new participants and typically meets on the second Monday of every month.



Creative Card Making Class
Thursday, November 19th from 10-11:30

Join us for a fun and creative DIY workshop with Ruth. All supplies necessary to complete this project are included!

Cost is $8 per person which includes 3 cards. Please call 419-893-1994 or stop by the front desk to make your reservation.



Upcoming Events

SOUND BATH CLASS



Please join us for a deep relaxation sound bath experience with Kimberly Post, RN, Reiki Master and Sound Healing Practitioner.

Chairs are available. Feel free to bring a yoga mat and a pillow. Call 419-893-1994 to reserve your spot!

Fridays:
November 6th
&
December 11th

1:30-2:30 pm

$10 PER PERSON
ALL AGES WELCOME!

MAUMEE SENIOR CENTER TALKS

These presentations are right before lunch and we would love to have you join us! Call 419-893-1994 to make your lunch reservation.

WEDNESDAY 11/11 11 A.M.	**BRAIN TRAINING WITH FREE COGNITIVE ASSESSMENT CLINIC TO FOLLOW** BY: BRAIN BRIGHT THERAPY
TUESDAY 11/17 11 A.M.	**LUNCH & LEARN** BY: HOMECAIRE OF OHIO
WEDNESDAY 11/18 9 A.M. - 1	**MUSIC TRIVIA** BY:SANDY FLEMING

MAUMEE HIGH SCHOOL PRESENTS

RADIUM GIRLS

Sunday, November 15, 2026 - 2 p.m.
Performing Arts Center at Maumee High School

Join us for a **free dessert reception and performance** planned for Maumee Senior Citizens beginning at 1:15 p.m.
Please RSVP by November 11
Call 419-893-3200, option 1

Two additional performances:
Friday, November 13 - 7 p.m.
Saturday, November 14 - 7 p.m.

Tickets: $12 (free with a Golden Panther Card)

Please join us for the annual

Holiday Tea

for Maumee Senior Citizens

Friday, December 11, 2026
1 - 2:30 p.m.
Performing Arts Center at Maumee High School

Maumee City Schools is hosting a holiday tea for senior citizens who live in the school district.

Performances by Maumee High School Select Choir, String Orchestra & Symphonic Band

To join us, please RSVP by December 7.
RSVP to 419-893-3200, option 1

Save the Date!

FREE SENIOR CITIZEN EVENTS

hosted by Maumee City Schools

October 26 - May 14	November 15	December 11	March 19
Indoor Walking	Fall Play Radium Girls	Holiday Tea	Spring Musical Lightning Thief The Percy Jackson Musical
Admin Office 9 a.m. - 3 p.m.	Showtime 2 p.m.	1 p.m.	Showtime 7 p.m.
Maumee Middle School 6 p.m. - 8 p.m.	Pre-Show Dessert Reception 1:15 pm	Performances by MHS Select Choir, Orchestra, Symphonic Band	Pre-Show Dessert Reception 6:15 pm

Golden Panther Card

Maumee City Schools residents age 60 or older are eligible for a Golden Panther Card - your pass to:
FREE admission to Maumee High School & Middle School **HOME** athletic events*
and MHS & MMS Drama Department plays & musicals!

Pick your card up at: Maumee City Schools Administration Building, 716 Askin St., Maumee
Please bring: Driver's License or Photo ID showing your address within the MCS district.

**Passes are not valid for tournament games hosted by Maumee.*

We appreciate you! Thank you for your continued support & involvement!
Watch for more details released closer to each event!



We had so much fun on our Sedona trip last month! Lots of good times and seeing such beautiful landmarks! New friends were made and lots of laughs were had! Pictured is the group from the Maumee Senior Center standing in front of the Verde Canyon Railroad!
We hope that you will consider traveling with the Maumee Senior Center in the future! Keep an eye out in our newsletter for info regarding upcoming trips.

Help us restock Wilma's Cupboard!

Thanks to the generosity of our seniors and the community, the Maumee Senior Center is able to offer delicious and nutritious meals to seniors on a daily basis. However, in order to help reduce costs, we are asking for donations to help stock Wilma's cupboards. This is a great way to support the Maumee Senior Center and to help further to support seniors and services.

We are in need of the following items:

Large bags of frozen vegetables, large cans of fruit, ground beef, beef smoked sausage, 2lb packs of deli turkey & ham, eggs, 10 count packs of chicken thighs, large bag of frozen beef meatballs, large packs of tuna, boneless pork chops, bratwurst, parboil rice and mashed potatoes.

Thank you so much for your support!!! 🙂

Waterville Library Programs

Senior Mondays & Fridays November 2026
Maumee Senior Center At The Waterville Branch Library

Meal & Program Information

Meals Provided By The Maumee Senior Center. Menu And Meal Dates Subject To Change. Ingredient Information Available Upon Request. Major Food Allergens Used As Ingredients Include: **Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soy, Sesame.** Please Notify A Food Employee For More Information.

Meal Reservations: Call 419-893-1994 At Least 24 Hours Before Pick-Up Date.

Meal Pick-Up: 12:15–1:00 PM (Mondays & Fridays) **Dine In:** 12:15-12:45 **Activities:** 12:45–1:45 Pm

DATE	MEAL & PROGRAM
Mon Nov 2	**MEAL: Option 1: Baked Fish-Brussel Sprouts-Diced Apples-Bread-Milk** **Option2:BakedPorkChopwCinnamonApples-BrusselSprouts-Bread-Milk** **PROGRAM:** Trivia Day ! Come test your knowledge on the past decades !
Fri Nov 6	**MEAL: Option 1: Shepherds Pie-Corn-Peaches-Bread-Milk** **Option 2: Sausage Peppers and Red Potatoes-Corn-Peaches-Bread-Milk** **PROGRAM:** Bingo w Prizes ! Sponsored by Browning Masonic Community
Mon Nov 9	**MEAL: Option 1: Sweet and Sour Meatballs-Lima Beans-Mixed Fruit-Bread-Milk** **Option2:SmokedSausageandPeppers-LimaBeans-MixedFruit-Bread-Milk** **PROGRAM:** Make and Take an Origami Corner Bookmark
Fri Nov 13	**MEAL: Option 1: Pineapple Chicken-Green Beans-Pears-Bread-Milk** **Option 2: Baked Spaghetti-Green Beans-Pears-Bread-Milk** **PROGRAM:** Craft Day Sponsored By Browning Masonic Community
Mon Nov 16	**MEAL: Option 1: Beef and Rice-Lima Beans-Peaches-Bread-Milk** **Option 2: Cold Chicken Sandwich-Lima Beans-Peaches-Milk** **PROGRAM:** Game Day! Corn Hole and Ring Toss
Fri Nov 20	**MEAL: Option 1: Chicken and Red Potatoes-Corn-Mandarin Oranges-Bread-Milk** **Option2:SmokedSausageandPeppers-Corn-MandarinOranges-Bread-Milk** PROGRAM: Staying well this year, learn tips and tricks for fighting off germs and boosting your immune system.
Mon Nov 23	**MEAL: Option 1:PierogiandOnions-MixedVegetables-CinnamonApples-Bread-Milk** **Option 2:BeefPattyand Gravy-MixedVegetables-CinnamonApples-Bread-Milk** **PROGRAM:** Friendsgiving! Join us for conversation and sweet treats
Fri Nov 27th	**No Mealsor ProgramsClosed forHoliday**

Make an Afternoon of It!

Join us in the library meeting room for a delicious lunch, friendly conversation, and an engaging program afterward. Good food, good friends, and fun activities make every visit special.

MSC November 2026 Menu

The following major food allergens are used as ingredients: *Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soy and Sesame.* Please notify a staff member for more information.

INGREDIENT INFO IS AVAILABLE UPON REQUEST

***Indicates Vegan Option**

Monday	Tuesday	Wednesday	Thursday	Friday
2 Baked Fish **OR** Baked Pork w/Hot Cinnamon Apples, brussels sprouts, diced cinnamon apples, bread & milk	**3** **Veterans Luncheon RSVP required**	**4** Beef Ravioli **OR** **Black Bean & Corn Rice Bowl, peas, sliced oranges, bread & milk	**5** Liver & Onions w/ Mashed Potatoes & Gravy **OR** Texas Toast Sloppy Joe, cauliflower, apples, bread & milk	**6** Shepard's Pie **OR** Sausage, Peppers & Red Potatoes over Rice, corn, peaches, bread & milk
9 Sweet & Sour Meatballs **OR** Beef Sausage, lima beans, mixed fruit, bread & milk	**10** Chicken Stir Fry over Rice **OR** Goulash, carrots, grapes, bread & milk	**11** Patty Melt **OR** Macaroni & Cheese, stewed tomatoes, peaches, bread & milk	**12** Taco Boat **OR** Vegetable Soup, corn, applesauce, bread & milk	**13** Pineapple Chicken **OR** Baked Spaghetti, green beans, pears, bread & milk
16 Beef & Rice **OR** Cold Chicken Sandwich, lima beans, peaches, bread & milk	**17** Scalloped Potatoes & Ham **OR** Creamed Chicken over Biscuit, carrots, pineapple, bread & milk	**18** Turkey Sausage Quiche **OR** **White Bean Chili, broccoli, banana, bread & milk	**19** Baked Fish Sandwich **OR** Pork Chop & Onion Gravy, coleslaw, fruit cocktail, bread & milk	**20** Chicken & Red Potatoes **OR** Smoked Sausage w/ Peppers & Onions over Rice, corn, mandarin oranges, bread & milk
23 Pierogi & Onions **OR** Beef Patty & Gravy, mixed vegetables, cinnamon apples, bread & milk	**24** Taco Lasagna **OR** Chicken Divan, peas, banana, bread & milk **Birthday Cake**	**25** Chicken w/Mushroom Sauce **OR** Tuna Salad Sandwich, corn, peaches, bread & milk	**26** **CLOSED FOR THE HOLIDAY**	**27** **CLOSED FOR THE HOLIDAY**
30 Macaroni & Cheese **OR** Italian Baked Chicken, corn, mandarin oranges, bread & milk				

Call **419-893-1994** to reserve your dine-in meal. Suggested senior donation is $2.50. Meals are served at 11:45 a.m. but are generally available from 11:30-12:30. Please call 24-48 hours in advance if you would like to be added to our dine-in reservation list. Walk-ins are welcome, but may receive a different entrée.

Menu items subject to change.

Maumee Senior Center
2430 S. Detroit Ave.
Maumee, OH 43537
Phone: (419) 893-1994

Facebook.com/maumeeseniorcenter
www.maumeeseniorcenter.com

MISSION STATEMENT:
The mission of the Maumee Senior Center is to create an atmosphere which affirms the dignity and self -worth of the older population by serving their physical, emotional and economic well-being while encouraging their independence and continued participation in the community.

Maumee Senior Center's WISH LIST

The Maumee Senior Center is here to serve you. However, as a non-profit organization, we must be frugal. Please consider donating any items below.

Cleaning Supplies:
Clorox or Lysol wipes
Hand Sanitizer
Toilet Bowl Cleaner
Spray air freshener
Lysol Spray
33 gallon heavy duty trash bags
13 gallon White trash bags

Gift Cards:
Gift cards, cash gift cards and gas cards, GFS gift cards

Miscellaneous/Kitchen:
8.5x11 and 11x17 copy paper
Sticky notes 3x3
Dawn Dish soap
Foam clam shell containers 9x6x3
Wrapped Christmas candy
Large peppermint candy canes
3 boxes of rice crispy treats
GFS holiday cookie dough
Green, Red & White frosting

We greatly appreciate your support!

UPCOMING EVENTS!

November 3:
Veterans Luncheon

November 6:
Sound Bath Class

November 10:
Red Cross Blood Drive

November 12:
Art Workshop

November 19:
Card Making Class

November 24:
Birthday Party

November 29:
Holiday Hustle 5k

