



# Maumee Senior Center News

2430 S. Detroit Ave. Maumee, OH 43537

♦ Phone (419) 893-1994♦

[www.maumeseniorcenter.com](http://www.maumeseniorcenter.com)

[www.facebook.com/maumeseniorcenter](http://www.facebook.com/maumeseniorcenter)

**JANUARY  
2026**

#### Closure notice:

The MSC will be closed on Thursday, January 1st and Monday, January 19th for the Holiday.

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## MSC Transportation Office:

419-377-8113

Drivers: Sue LaFontaine &  
Dennis Oberhauser



## Souper Soup Sale 4 Seniors



**Choose from 16-ounces of  
Wilma's Home-made Frozen  
Soups Including:**

- \***Broccoli & Cheese Soup**
- \***Chicken Vegetable Soup**
- \***Hearty Chicken Rice**
- \***Stuffed Pepper Soup**

**Each order includes a cornbread  
muffin and a cookie!  
Just \$10/container!**

**Pick up an Order Form at the Maumee Senior  
Center's Front Desk, 2430 S. Detroit Ave., or  
Call 419-893-1994 or  
Email [MaumeeSeniorCenter@Gmail.com](mailto:MaumeeSeniorCenter@Gmail.com)**

**Soup Orders placed by Wednesday  
are Available for Pick up the Following  
Tuesday!**



**Cash, Check or Venmo Only,  
Please**

*Programs and services at the Maumee Senior Center are partially funded by the Older American's Act, the Lucas County Senior Services Levy, City of Maumee, and other state and federal sources, as well as, fundraisers, memberships, sponsorships and donations. Donations to the center for its programs and services are gratefully accepted.*

## Board, Upcoming Events, Message from the Director

**MSC Board of Trustees:***Joe LaChapelle**Maria Zapiecki**Chris Blakely**Heather Cole**John Gouttiere**Genevieve Stults**Pat Viertelbeck**Darryl Lycourt**Doug Swary***Advisory Committee:***Chris Blakely– Chairman,  
and Ginny Hiser*

The Advisory Committee is a group of representative Senior Center participants.

To offer concerns or questions for the Advisory Committee, contact the Advisory Committee by e-mail at:

[mscadvisory@gmail.com](mailto:mscadvisory@gmail.com) or  
any of the participants.

**ATTENTION:**

Opinions of guest speakers and advertisements are not necessarily those of the Maumee Senior Center.

Although Maumee Senior Center is proud to advertise quality businesses and products, we do not endorse these companies in a mutually exclusive manner.

**WEATHER POLICY**

The Maumee Senior Center will remain open unless declared a level 3. As always, please use your best judgement for your own safety when leaving your home to travel.

***A message from the Director....***

It's that time of year where we look back at the year -- the ups and downs -- and reflect. As I look back over the past 12 months, all I can say is that the Maumee Senior Center was very blessed in 2025!

Here's some fun facts about the Maumee Senior Center's year:

- We served nearly 9,000 hot and nutritious meals to seniors.
- We provided more than 5,000 round trips for seniors to medical appointments, grocery stores and to the Maumee Senior Center.
- We offered more than 2,000 hours of organized fitness, educational and recreational activities for seniors.
- We provided monthly medical assessment services to more than 200 seniors.
- We provided evidence-based learning experiences such as Stepping On, WISE, Bingocize and Powerful Tools for Caregivers.
- We provided about 1,800 hours of socialization and fellowship.
- The Maumee Senior Center also hosted monthly fundraising events offering musical entertainment, meals, fitness opportunities and more!

The Maumee Senior Center was also very fortunate to receive several grants and donations totaling nearly \$189,000 in 2025! These grants enable the Maumee Senior Center to purchase new or additional equipment for services that we normally would not have the funding to purchase.

The purchases in 2025 include:

- A new transportation bus, which will allow the center to have a back-up vehicle and possibly expand services in the future.
- A new Blast Chiller and additional supplies, which will allow food items to be frozen more quickly. This will enable us to create frozen meals to be distributed for emergencies and closures of the center.
- A new bench for seniors to enjoy during pleasant weather.
- New supplies for the lower level and the kitchen.

In addition, we have been blessed with wonderful community support from our partners who sponsored fundraising events and provided supplies to help reduce our costs. Without the support of local businesses, the City of Maumee, the Area Office on Aging, Toledo Lucas County Library, service clubs and local residents, we would not be able to stretch our dollars to provide more services to serve more seniors.

And of course, we have been extremely fortunate to have wonderful volunteers who help us to provide services and events for seniors! We could not do all that we do without wonderful volunteers!

As 2025 comes to a close and we look forward to 2026, I feel very fortunate to work with a wonderful staff, board of trustees, community leaders and businesses to serve our area seniors. What a great year 2025 has been for the Maumee Senior Center! Here's to an even better 2026 for everyone!

*Malinda Ruble*

Executive Director



**NEW! MOBILE FOOT CARE CLINIC AT THE MSC**  
See page 6 for more information!







Thank you to all of our sponsors who supported our events throughout 2025! We greatly appreciate your support!! If you or your business is interested in supporting the Maumee Senior Center this year, please reach out to Tiffany at 419-893-1994 or [msscprogramcoordinator@gmail.com](mailto:msscprogramcoordinator@gmail.com) to learn more about our partnership opportunities. We look forward to working with you to serve area seniors!

## SOUND BATH CLASS



Please join us for a deep relaxation sound bath experience with Kimberly Post, RN, Reiki Master and Sound Healing Practitioner.

Chairs are available. Feel free to bring a yoga mat and a pillow.

Reservations required.  
Call 419 893 1994 to reserve your spot!!

Friday, January 2<sup>nd</sup>  
&  
Friday, February 6<sup>th</sup>  
1:30-2:30 pm

\$10 PER PERSON  
ALL AGES WELCOME!

**25<sup>th</sup> Thrifty Market**  
*A Sip & Thrift Event*

**JUNE 27, 2026**

**MAUMEE SENIOR CENTER**  
2430 S. DETROIT AVE., MAUMEE  
419.893.1994

*Come Discover Vintage Finds & Thrift Treasures*  
All Attendees Receive 1 Free Raffle Ticket

**\$5 General Admission 11 a.m.-3 p.m.**  
**\$10 VIP Admission 10 a.m.-3 p.m.**  
(Includes VIP Early Bird Shopping, 5 Free Raffle Tickets & Mocktail)

[www.MaumeeSeniorCenter.com](http://www.MaumeeSeniorCenter.com)

## ***MSC Souper Soup Luncheon is back!***

**Wednesday, February 25th at 11:30 a.m.**

**Enjoy endless soup, fresh-baked bread, dessert & beverages at our annual soup cook-off event!**

### **Cooks needed!!**

***Want to compete for the 2026 Silver Ladle Award?***

***Sign up to cook and enter your favorite soup!***

**Stop by the front desk to purchase your ticket and to sign up to cook!**

*Pictured is our 2025 Silver Ladle Winner: Terry Emery with her famous Golden Potato Soup!*



## Opportunities to Support the MSC

*Are you looking for ways to support the Maumee Senior Center? Below are some ways that you may be able to help us continue to serve area seniors! If you have any questions, please give us a call at 419-893-1994. Thank you!*

### ***We are looking for Front Desk Volunteers!***

*Are you interested in volunteering this winter? Then this might be the opportunity for you!*

This is a great position for those that enjoy working with people! We need volunteers to greet visitors, answer phones, help with our lunch and special event reservation programs, MSC Café and help complete light office work.

If you are interested, please contact the Maumee Senior Center at 419-893-1994 or send an email to Tiffany at [mscprogramcoordinator@gmail.com](mailto:mscprogramcoordinator@gmail.com) for more information.

### **The Maumee Senior Center is always looking for volunteers for our fundraising events and daily services!**

*Our upcoming events with volunteer needs:*

**Super Soup Luncheon**  
Wednesday, 2/25

**Breakfast with the  
Easter Bunny**  
Saturday, 3/28



Contact Tiffany or Laree at 419-893-1994 or at [mscprogramcoordinator@gmail.com](mailto:mscprogramcoordinator@gmail.com) to learn more about our volunteer opportunities!

### **Are you enjoying your time at the Maumee Senior Center?**

If your answer is 'yes!' then please consider writing us a review on our Facebook and Google page!

Positive reviews help people find the Maumee Senior Center and to connect them to our valuable services, programs and resources. We appreciate your support! Type in Maumee Senior Center to Facebook and Google to find our pages!



**If you would like to make a monetary  
donation to help the Maumee Senior Center,  
please mail a check to:**  
2430 S. Detroit, Maumee, OH 43537  
or donate through Paypal by clicking the  
[Donate button](#) on our website at  
[MaumeeSeniorCenter.com](http://MaumeeSeniorCenter.com)

*Monetary donations help the MSC to continue  
programs and services.*

**THANK YOU!**



*The Maumee Senior Center welcomes monetary gifts to  
memorialize family and friends or to honor  
individuals who are involved in our programs and  
services. Legacy of Love donations help secure the  
future of the Maumee Senior Center for older adults.  
Many lives have been forever changed by the generous  
contributions of others.*

*The Maumee Senior Center is grateful for any  
monetary donations. Please keep the Maumee Senior  
Center in mind as you think about your future planning so  
we can continue your Legacy of Love serving seniors in  
your honor.*

**Alone we can do so  
little; together we  
can do so much.**

**Helen Keller**



## ***MSC Transportation Service: 419-377-8113***



The Maumee Senior Center offers transportation to those 60 and older to medical appointments, the grocery store and round trips to and from the Maumee Senior Center Monday-Friday!

Do you live in the Maumee, South Toledo, Monclova, Holland, Neapolis, Waterville or Whitehouse areas and need a ride? Give us a call!

*Call our driver at 419-377-8113 at least 24-48 hours in advance to schedule a ride. There is no guarantee that transportation will be available at your time of need, however we will try our best to schedule you at your preferred time! Please call as early in advance as possible to reserve your spot.*

***Costs is \$3 suggested donation for round trip***

*If you are in need of groceries, see below for our online grocery ordering delivery service.*

### ***Ways to receive our Monthly Newsletter:***

For just \$15 per year you can receive the MSC Newsletter right to your home. You can also receive our newsletter by e-mail or by accessing our website at



www.maumeseniorcenter.com or by subscribing by email at: mscprogramcoordinator@gmail.com

### ***Senior Centers...***

Serve as a gateway to the nation's aging network—connecting older adults to vital community services that can help them stay healthy and independent.

*-National Council on Aging*

*Call us at 419-893-1994 to find a program to join at the Maumee Senior Center today!*



### **YOUR AD COULD BE HERE!**

Are you interested in advertising your business in the Maumee Senior Center Newsletter? Then this could be the opportunity for you!

Contact Tiffany at 419-893-1994 for more information regarding our newsletter advertising opportunities.



A small Christian church that meets every Sunday at 10:30 a.m. in the Maumee Senior Center Dining Room.

All are welcome!

Web site: [www.gcmaumee.org](http://www.gcmaumee.org)



### **Online Grocery Ordering Delivery Service**

Are you in need of groceries and are unable to leave your home? Then give the Maumee Senior Center a call to assist you with ordering your groceries online and to get them delivered right to your door!

*All you will need before calling the MSC is:*

- ♦ A credit or debit card on hand— **you must be comfortable with a MSC staff member receiving your card information to order your groceries for you**
- ♦ Written out grocery list for time efficiency— **limit of 20 grocery items**

Call the Maumee Senior Center about 24-48 hours before you know you will be in need of these grocery items to ensure you will receive your items in a timely manner.

**There is no guarantee for day of grocery delivery.**

**Call: 419-893-1994**



## Outreach—Clinics, Support Group, Assistance

### ***Free Walk-In Health Screenings at the Maumee Senior Center!***

The first Thursday of every month, Mercy Health will offer a free Glucose and Blood Pressure clinic.

**The upcoming Mercy Health Clinics will be:**

**Thursday, February 5th  
Thursday, March 5th  
11am-1 p.m.**



The third Tuesday of every month, UToledo Health will offer a free Blood Pressure clinic.

**The next UToledo Health Clinic will be:**

**Tuesday, January 20th  
Tuesday, February 17th  
10am-11:30am**



***Take control of your health and be  
sure to take advantage of these  
free walk-in clinics at the Maumee  
Senior Center!***



### **Caregiver Support Group Tuesday, January 27 at 10 a.m.**

Caring for a loved one can be stressful and we want to support you! Please join us to share your story and ideas and to meet other people in similar situations.



Register by calling 419-893-1994 or email—  
mscoutreachcoordinator@gmail.com

### **Free Legal Consultations**

The upcoming date for Legal Consultations are:

**Tuesday, January 6th  
And Tuesday, February 3rd**

Schedule your 30 minute appointment with the Attorney by calling the MSC at 419-893-1994



### ***NEW!* Mobile Foot Care Clinic**

The Maumee Senior Center has partnered with Dr. Kim Carlson, DPM to have monthly 45 minute appointment foot care clinics here at the MSC!

The upcoming clinics are scheduled for:

**Tuesday, January 6th & Tuesday, January 20th**

*Dr. Kim Carlson, DPM specializes in: basic toenail clipping, toenail and callus debridement. These gentle and effective procedures will help reduce discomfort and improve overall foot health. Perfect for individuals with nail conditions, mobility challenges, or those seeking preventative care. Free foot assessment with every visit!*

#### ***Benefits:***

- *Relieves pressure and pain*
- *Improves nail appearance and hygiene*
- *Helps prevent infections*



Appointments cost \$45 per person payable to Dr. Kim on the day of appointment by cash, check, card.

Registration is required. Call 419-893-1994 or stop by the front desk to reserve your spot!

### **Tiny Tools Loan Program**

*(MSC Assistive Devices Available on Loan to Make Life Easier)*



*The Maumee Senior Center now offers a loan program specifically for assistive devices.*

#### ***Items include:***

- Adaptable Seat Devices**
- Foot Peddler Machines for Circulation**
- Magnifying Glasses**
- Low Vision Lights**
- Other Low Vision Devices**
- Card Holders for Arthritic Hands**
- Grabber Sticks for low or high placed items**
- Assistive Bottle Openers**
- Writing Assistive Tools for Arthritic Hands**
- Assistive Eating Utensils for Arthritic Hands**
- Tablets with Audio Books from the Toledo Lucas County Public Library**

***Try It Before You Buy It!***

**To borrow a device, stop and see Laree or any staff person.**

**Please, return the item in the same or better condition**



### Booster Membership Information

MSC Booster Club membership dues are \$30 for 12 months.

#### **FOR JUST \$30 A YEAR YOU WILL RECEIVE:**

- \*Deep gratification in knowing that you are helping support an effort to help other seniors in the community through the Maumee Senior Center.
- \*1 FREE Dinner in the spring and 1 FREE Holiday Dinner at the Maumee Senior Center. Value=\$40
- \*FREE recognition in MSC newsletter's birthday section and at the birthday party of your birthday month, MSC makes the suggested lunch donation in your honor. Value=\$2.50
- \*Discounted fee for a classified listing in the MSC newsletter.
- \*Exclusive Booster Club Member Only Mailings & Specials.
- \*Special discount on day trips with Malinda.
- \*Friends, Fun, & Fellowship.
- \*Ask us how you can get 25% off your new membership!

### ***Be a Booster!***

*Join today by calling 419-893-1994 for a new member form!*



### ***Birthday Lunches for Booster Members!!***

#### **January Birthday lunch is on Tuesday the 27th**

The Maumee Senior Center will celebrate your birthday by making a lunch donation for you and providing birthday cake!  
Call 419-893-1994 to make your birthday lunch reservation!

**We Proudly welcome our New  
MSC Booster Members:**



***Marlene LaPointe***

***Kathleen Hoekwater***

***Gale & Tome Shadle***

***Cynthia DeVries***

**We had 16 people renew their memberships this month—  
thank you so much for your support!!**

***Happy Birthday to  
all of our  
January MSC  
Booster Members!***



Metzger	Kathleen	1-Jan
Ankenbrandt	Chris	2-Jan
Hammer	Christine	2-Jan
Tasnadi	John	3-Jan
Deeds	Nancy	5-Jan
Burns	Daniel	6-Jan
Johnson	Jim	1/6
Heckler	Kathy	1/7
McCarthy	Beverly	1/9
Krosky	William	1/10
Luginbuhl	Debra	1/10
Wineland	Ralph	1/10
Doriot	Karen	1/18
Miller	Cathy	1/19
Wymer	Gary	1/19
Junkins-Domanski	Karla	1/23
Henning	Richard	1/24
McAfee	Kay	1/25
Shadle	Gale	1/25
Warner	Barb	1/25
Tomaszewski	Nancy	1/26
Hurst	Judy	1/27
Davidson	Michelle	1/28
Sanholtz	Cheri	1/30

## MSC Virtual ZOOM Programs

### **Silver Sneakers classes with Sheila Brown**

#### ***Cardio & Tone*** **Mondays at 10 a.m.**

This is an intermediate exercise class for the active older adult. Low impact cardio movements will raise the heart rate, while light resistance equipment will be used to strengthen the muscles. \*\$3 for non-SS members.

#### ***Stretch & Balance*** **Thursdays at 10 a.m.**

This is a low impact class with dynamic movements and stretches that are the foundation of this class. A chair will be utilized for appropriately half of the exercises making it well suited for beginners! \*\$3 for non-SS members.

These classes are virtual, online from the comfort of your home, through ZOOM. Please contact Tiffany at 419-893-1994 or [mscprogramcoordinator@gmail.com](mailto:mscprogramcoordinator@gmail.com) for more information on how to join these classes. Registration required.

### MSC Fitness Room

Equipped with treadmills, bikes, weights & lifting machines, elliptical, pool table, air hockey table, ping pong table, corn hole boards, large TV, fan, and more! All of the equipment is for you to use for free during our business hours!

Come and go as you please, no reservations are required. \*\*\**Equipment use is at your own risk.*

**\*\*Ping pong paddles and air hockey pucks, etc. can be checked out at the front desk.\*\***

### **Jazzercise Lo with Christy Owed**

#### **Mondays, Wednesdays & Fridays at 11 a.m.**

Jazzercise lo is a low impact energetic workout that combines dance cardio, with strength, balance and core work. If you love music and love to dance, Jazzercise lo is a great way to workout while feeling like you're at a dance party with friends!

*Join us for your first class free!*

For any questions at all or regarding pricing please contact Christy Owed directly at 419-460-1734



## Line Dancing Classes at the MSC!

Line Dancing is a great form of exercise that helps to improve strength, muscle function and balance! Sharpen your mind and your coordination and join in the fun with Line Dancing Classes at the MSC—and bring a friend too! Check out these classes below!

### **Line Dancing Classes with Belinda Cytlak**



#### **Beginner's Line Dancing** **Mondays at 2 p.m.**

This class is for those that are familiar with the basic line dancing steps and dances. Are you ready to build onto those skills? Then this class is for you! Join in on this Beginner's level Line Dancing class that will focus on building onto the basics with incorporating new steps and dances. New participants are welcome!

*\*Cost is \$3 payable to instructor at the door.*

### **Line Dancing Class with Michael Gurtzweiler**

#### **Regular Line Dancing**

#### **Wednesdays at 9 a.m. & Thursdays at 9:45 a.m.**

This class is for participants familiar with most frequently used line dance steps. Turns and brisk footwork are included. Dancers will expand their repertoire of dances at all levels: from beginner/improver to the intermediate levels. Waltzes, in triple time, will also be part of the repertoire. New Participants are welcome!

*\*Cost is \$3 payable to instructor at the door.*



***Do you have Silver Sneakers?  
Then check out these classes listed below!***



### Silver Sneakers classes with Gavin Pitt:

#### ***Tai Chi***

Wednesdays and Thursdays at 11 a.m.

Tai Chi for Health has a focus on moving and balancing and safety. Whether you are a first time person or have done Tai Chi before, you are welcome! A chair is used for seated Tai Chi movements as well.

*The cost is \$3 for non silver sneakers members*

#### ***Sitting & Standing Yoga***

Tuesdays at 11 a.m.

Move through classic yoga poses to increase flexibility, balance and range of motion. The classic poses are adapted to being seated, although there is some standing. Come check it out!

*The cost is \$3 for non silver sneakers members*

### ***NEW! Well-Balanced***

Tuesdays at 10 a.m.

This class is designed to improve balance, agility, mobility and power. It is slow paced and does not include cardio.

If you are looking to strengthen your core and improve your balance and mobility, then this class is for you!

Give it a try! *The cost is \$3 for non silver sneakers members*

### Silver Sneakers Classes with Angie Mourton:

#### ***NEW! BOOM Muscle***

Mondays at 12:15 p.m. and Thursdays at 1 p.m.

Muscle incorporates athletic-based exercises that improve upper body conditioning. You'll move through several "blocks," which are groups of exercises that focus on strengthening different muscle groups.

*The cost is \$3 for non silver sneakers members*

#### ***Chair Yoga***

Wednesdays at 1 p.m. and Fridays at 12:15

This class is a fusion of flexibility, endurance and balance that we all can use over time. It also helps with stress management. This class is primarily done in a chair but may have some standing.

*The cost is \$3 for non silver sneakers members*

### Silver Sneakers Classic with Lina Barrera:

Wednesdays at 2:30 p.m.

This class focuses on strengthening muscles and increasing range of movement for daily life activities. Participants can use hand-held weights, elastic tubing with handles and a Silver Sneakers ball. Often a chair is used for seated exercises or standing support. Equipment is limited, you are encouraged to bring your own.

*The cost is \$3 for non silver sneakers members payable to instructor at the door.*

### Chair Zumba with Vickie Geha

Mondays and Thursdays at 9 a.m.

Wednesdays at 10 a.m.

This class incorporates movements taken from Latin dances like the merengue, salsa, and cha cha to create an exhilarating program that aims to improve overall energy, core stability, muscular strength, cardiovascular endurance, and motor skills. New participants welcome!

*\$2 per class payable to instructor at the door*



### Cardio Drumming with Vickie Geha

Tuesdays at 3 p.m. and Wednesdays at 9 a.m.

This class takes a simple movement - drumming - and turns it into a full-body workout that will leave you smiling, sweating, and feeling great! It brings together drumsticks, an exercise ball, and an exercise ball stand to create one of the most fun workouts you'll ever do. Equipment is limited, but provided on a first come first-served basis. Feel free to bring your own!

*\$2 per class payable to instructor at the door*



## Activities

# MSC Daily Activities

Lunch is served daily Monday-Friday at 11:45 a.m.

## Mondays:

9 a.m. - Chair Zumba with Vickie Geha  
 10 a.m. - VIRTUAL SS Cardio & Tone with Sheila Brown  
 11 a.m. - Jazzercise with Christy Owed  
 12:15 p.m. - SS BOOM Muscle with Angie Mourtou  
 12:30 p.m. - Duplicate Bridge  
 12:30 p.m. - Hand & Foot  
 12:30 p.m. - Mahjong  
 2 p.m. - Beginner's Line Dancing with Belinda Cytlak

## Tuesdays:

10 a.m. - SS Well-Balanced with Gavin Pitt  
 11 a.m. - SS Seated & Standing Yoga with Gavin Pitt  
 12:30 p.m. - Art Class with Mary Jane Erard  
 12:30 p.m. - 4-Handed Euchre  
 1 p.m. - Senior Singers Choir  
 3 p.m. - Cardio Drumming with Vickie Geha

## Wednesdays:

9 a.m. - Cardio Drumming with Vickie Geha  
 9 a.m. - Regular Line Dancing with Michael Gurtzweiler  
 10 a.m. - Chair Zumba with Vickie Geha  
 10:30 a.m. - Pokeno  
 11 a.m. - SS Tai Chi with Gavin Pitt  
 11 a.m. - Jazzercise with Christy Owed  
 12:45 p.m. - BINGO  
 1 p.m. - Knitting  
 1 p.m. - SS Chair Yoga with Angie Mourtou

## Thursdays:

9 a.m. - Chair Zumba with Vickie Geha  
 9:45 a.m. - Regular Line Dancing with Michael Gurtzweiler  
 10 a.m. - VIRTUAL SS Stretch & Balance with Sheila Brown  
 11 a.m. - SS Tai Chi with Gavin Pitt  
 12:30 p.m. - 6-Handed Euchre & 4-Handed Euchre  
 12:30 p.m. - Duplicate Bridge  
 1 p.m. - SS BOOM Muscle with Angie Mourtou

## Fridays:

11 a.m. - Jazzercise with Christy Owed  
 12:15 p.m. - SS Chair Yoga with Angie Mourtou  
 12:30 p.m. - Pinochle  
 12:30 p.m. - Skip Bo

## BINGO!

**Wednesdays at 12:45 p.m.**

Join in on the fun at the Maumee Senior Center with our weekly Bingo! Come for lunch and stay for Bingo!

See you there!

Call 419-893-1994 for any questions.



## Hooks, Yarn & Needles between Friends

**Wednesdays at 1 p.m.**

This group is open to knitters of all abilities! Whether you are new, or have been at it for years, whether you quilt, knit, crochet, loom, needle point, cross stitch or do embroidery, this group is for you! There are needles and some practice yarn available.

Beginners are welcome, come check it out!



## Art Classes with Mary Jane Erard Tuesdays at 12:30 p.m. and Special Thursdays as noted below:

Mary Jane is a well known regional artist and is represented by the Toledo Museum of Art. All students regardless of your experience with art are welcomed to join Mary Jane on Tuesdays and Thursdays!

*Mary Jane can assist you with a variety of different mediums included but not limited to: water color, pastel, oils, acrylics, colored pencil, painting, drawing, etc.*

*If you have any questions or would like to meet the instructor, stop by class anytime on Tuesdays.*

**Cost is \$7 per class payable to the instructor at the door.**



## Thursday, January 29th

Special Watercolor Pet Portraits Workshop

Join us for this 2.5 hour workshop class to learn about watercolors to create your own beautiful pet portrait! These classes are suitable for beginners and intermediate painters. Come check it out!

Open to all ages

**Cost: \$25- all supplies included**

Call 419-893-1994 to reserve your space today!





## Maumee Senior Center Singers Tuesdays at 1 p.m.

### **This group will not meet until January 20th.**

The Maumee Senior Center Singers are led by Director Jim Burns. The choir has presented hundreds of performances in Northwest Ohio.

**Love to Sing?** Come to singers practice sessions  
**Tuesday afternoons at 1 p.m.** at the  
Senior Center! Beginners welcome!

**For more information: Call 419-893-1994**



## Creative Card Making Class

Tuesday, January 20th from 10-11:30

All supplies necessary to complete this project are included. We will walk you through each step of the design, which you will place in a hand stamped envelope for mailing to your friends and family. Join us for a fun and creative DIY workshop with Ruth.

**Card theme is: Birthday & Valentines!**

**Cost is \$8 per person** which includes 3 cards.  
Please call 419-893-1994 or stop by the front  
desk to make your reservation.

## MSC Book Club with Jane Berger Monday, January 12th

This month, the MSC Book Club is discussing:

**Beartown**  
**By: Fredrik Backman**

Next month, the MSC Book Club will be discussing:  
Call 419-893-1994 for more information

This group is always looking for new participants and typically meets on the second Monday of every month.  
Some dates may be subject to change.  
Call 419-893-1994 if you have any questions.



## MSC Cards and Games of Strategy!

- Mondays 12:30 pm: **Duplicate Bridge**
- Mondays 12:30 pm: **Hand & Foot**
- Mondays 12:30 pm: **Mahjong**
- Tuesdays 12:30 pm: **4 Handed Euchre**
- Wednesdays 10:30 am: **Pokeno**
- Wednesdays 12:45 am: **BINGO**
- Thursdays 12:30 pm: **6 & 4 Handed Euchre**
- Thursdays 12:30 pm: **Duplicate Bridge**
- Fridays 12:30 pm: **Pinochle**
- Fridays 12:30 pm: **Skip Bo**

**Puzzles, Books, Magazines and Board Games are available daily in the library!**

Don't see a card game that you're interested in?  
Let's start a new game!  
Contact 419-893-1994 to share your ideas!

**FREE!**

**MOVIE MATINEE AT THE MSC!**

**FRIDAY,  
JANUARY 23<sup>RD</sup>**

**AT 12:45 PM**

FREE Movie Snacks provided!

Call 419-893-1994 to reserve your seat today!

We have expanded our senior programs and services to the Waterville Public Library!

Stop by the Waterville Library or check out our website at [www.maumeesenor.com](http://www.maumeesenor.com) for more information regarding the meal program and services offered.

# **SENIOR MONDAYS & FRIDAYS WITH** **THE MAUMEE SENIOR CENTER** **At The Waterville Branch Library** **JANUARY 2026**

*\*Dates Subject to Change*

**ACTIVITIES BEGIN AT 1 P.M**

CALL 419-893-1994 TO REGISTER FOR AN ACTIVITY.

<b><u>DATE</u></b>	<b><u>ACTIVITY</u></b>
FRI., JAN. 2	AGING IN YOUR HOME PRESENTATION BY HOME SOLUTIONS OF MAUMEE VALLEY
MON., JAN. 5	COFFEE & CONVERSATION
FRI., JAN. 9	CRAFT DAY HOSTED BY HERITAGE OF WATERVILLE
MON., JAN. 12	LEARN HOW TO MAKE DELICIOUS SOUP FROM SCRAPS! HOSTED BY TIMOTHY'S KITCHEN
FRI., JAN. 16	BINGO DAY WITH PRIZES
MON., JAN. 19	NO PROGRAMS DUE TO THE HOLIDAY
FRI., JAN. 23	LEARN TIPS & TRICKS OF PIE BAKING TO CELEBRATE NATIONAL PIE DAY!
MON., JAN. 26	MAKE & TAKE A WINTER SNOW GLOBE
FR., JAN. 30	LET'S PLAY CARDS!



# 2026 DayTrips with Malinda

## Mystery Daytrips

Get ready for 2026 Mystery Daytrips with Malinda! There will be a Mystery Trip in April, June & September. ✨



## The Thrift Trail Tour

Hop on the bus for a day of fun and thrifting. We will visit at least 5 stores in Michigan! Luxury transportation, snacks, lunch, games & loads of shopping included! ✨



## Lunch & A Country Music Show

Listen to sounds of *Legends of Country Music* as they perform hits by Willie Nelson, Dolly Parton and more! Enjoy lunch and shopping in Frankenmuth! ✨



# 2026 DayTrips with Malinda

## Christmas in July

Visit The Christmas Story House, Castle Noel and more as we celebrate **Christmas in July** on this daytrip! ✨



## Fall Ohio Amish Tour

Explore the Ohio Amish area in the fall. Shop at local bakeries, stores and other attractions! Enjoy delicious Amish-made foods and treats. This is an overnight tour. ✨



## More Info To Come!

Stay tuned for more details on 2026 trips by checking out the MSC newsletter, website & Facebook!

**Let's Begin Our Adventure!** ✨





## MSC Community Speakers:

**Wednesday, January 14th at 11 a.m.**

***"Music Trivia"***

*By: Sandy Fleming*

**Monday, January 21st at 11 a.m.**

***"Lunch & Learn"***

*By: Glass Peaks Senior Living*

**Wednesday, January 28th at 11 a.m.**

***"Ability Center Services"***

*By: The Ability Center*

These presentations are right before lunch and we would love to have you join us! Call 419-893-1994 to make your lunch reservation.

KNOWledgE  
is POWER 

## Help us restock Wilma's Cupboard!

Thanks to the generosity of our seniors and the community, the Maumee Senior Center is able to offer delicious and nutritious meals to seniors on a daily basis. However, in order to help reduce costs, we are asking for donations to help stock Wilma's cupboards.

This is a great way to support the Maumee Senior Center and to help our dollars to go further to support seniors and services.

### We are in need of:

- Canned fruit (large cans)
- Frozen Vegetables
- Napkins
- Brown Paper Bags size: 5" 1/8 x 3" 1/8 x 10" 5/8



**Please leave donations at the front desk. Thank you!!**



**yes! communities**

**55+ COMMUNITY**

**REYNOLDS SENIOR VILLAGE**

Schedule your tour today and discover our limited-time move-in specials! Explore our beautiful 2 & 3 bedroom homes!

**AVAILABLE NOW AND WAITING FOR YOU TO SETTLE IN!**

**CONTACT US TODAY!**

 (419) 385-3793  961 S. Reynolds Rd.

Community  
AMENITIES



yescommunities.com

You're invited to a...

# Senior Snow Day Party at the MSC!

**Friday, January 30<sup>th</sup> at 11 a.m.**

Please join us for lunch, a hot cocoa bar and snow games! Please bring cookies to share!

Call 419-893-1994 to reserve your spot.



# MSC January 2026 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 <b><u>CLOSED FOR HOLIDAY</u></b>	2 <u>Chicken &amp; Stuffing</u> <b>OR</b> <u>Tortellini &amp; Sauce, beets, applesauce, bread &amp; milk</u>
5 <u>Beef &amp; Peppers</u> <u>over Rice</u> <b>OR</b> <u>Quiche</u> , peas, pears, bread & milk	6 <u>Scalloped Potatoes &amp; Ham</u> <b>OR</b> <u>Mexican Cornbread</u> , corn, mixed fruit, bread & milk	7 <u>Swedish Meatballs over Noodles</u> <b>OR</b> <u>Chili</u> , green beans, grapes, corn muffin & milk	8 <u>Stuffed Pepper w/Sauce</u> <b>OR</b> <u>Tuna Salad on Croissant</u> , O'Brien Potatoes, apples, bread & milk	9 <u>Chicken &amp; Rice</u> <b>OR</b> <u>Baked Potato &amp; Cheese</u> , broccoli, mandarin oranges, bread & milk
12 <u>Sloppy Joe on Bun</u> <b>OR</b> <u>Chili Dog on Bun</u> , brussels sprouts, pears, bread & milk	13 <u>Beef Stew</u> <b>OR</b> <u>Hot Open Face Turkey &amp; Gravy over Texas Toast</u> , carrots, fruit cocktail, corn muffin & milk	14 <u>Chicken &amp; Noodles</u> <b>OR</b> <u>Beef &amp; Rice</u> , stewed tomatoes, banana, bread & milk	15 <u>Taco Lasagna</u> <b>OR</b> <u>Pork Chop</u> , corn, apples, bread & milk	16 <u>Hot Dog on Bun</u> <b>OR</b> <u>Smoked Sausage &amp; Pasta</u> , onion rings, peaches, bread & milk
19 <b><u>CLOSED FOR HOLIDAY</u></b>	20 <u>Navy Bean &amp; Ham Soup</u> <b>OR</b> <u>Baked Chicken</u> , cauliflower, banana, bread & milk	21 <u>Bratwurst</u> <b>OR</b> <u>Vegetable Lasagna</u> , corn, applesauce, bread & milk	22 <u>Hamburger Gravy over Mashed Potatoes</u> <b>OR</b> <u>Chicken &amp; Vegetable Soup</u> , carrots, pineapple, corn muffin & milk	23 <u>Shepherd's Pie</u> <b>OR</b> <u>Cold Ham &amp; Cheese Sandwich</u> , lima beans, peaches, bread & milk
26 <u>Meatball Sub Sandwich w/Sauce</u> <b>OR</b> <u>Beef Patty &amp; Gravy</u> , green beans, mixed fruit, bread & milk	27 <u>Cream Chipped Beef over Texas Toast w/ Beets</u> <b>OR</b> <u>Pizza w/ onion rings</u> , mandarin oranges, bread & milk <b>Birthday Cake</b>	28 <u>Pork Chop w/Gravy</u> <b>OR</b> <u>Chicken Spaghetti</u> , corn, pears, bread & milk	29 <u>Open Face Turkey &amp; Gravy over Texas Toast</u> <b>OR</b> <u>Beef Stir Fry w/Broccoli &amp; Rice</u> , broccoli, peaches, bread & milk	30 <u>Hamburger Gravy over Mashed Potatoes</u> <b>OR</b> <u>Beef Lasagna</u> , peas, pineapple, bread & milk

The following major food allergens are used as ingredients:  
*Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soy and Sesame.*  
 Please notify a staff member for more information.

**\*\*INGREDIENT INFO AVAILABLE UPON REQUEST\*\***

Call 419-893-1994 to reserve your dine-in meal. Suggested senior donation is \$2.50. Dine-in is at 11:45 a.m.

Please call 24-48 hours in advance if you would like to be added to our dine-in reservation list.

Menu items subject to change.



**Maumee Senior Center**  
**2430 S. Detroit Ave.**  
**Maumee, OH 43537**  
**Phone: (419) 893-1994**

Facebook.com/maumeeseniorecenter  
www.maumeeseniorecenter.com

#### MISSION STATEMENT:

The mission of the Maumee Senior Center is to create an atmosphere which affirms the dignity and self-worth of the older population by serving their physical, emotional and economic well-being while encouraging their independence and continued participation in the community.



**Maumee Senior  
Center's**

## WISH LIST

The Maumee Senior Center is here to serve you. However, as a non-profit organization, we must be frugal. Please consider donating new or used items on our wish list.

#### **Cleaning Supplies:**

Clorox or Lysol wipes  
Hand Sanitizer  
Hand Soap

#### **Gift Cards:**

Gift cards, cash gift  
cards and gas cards

#### **Miscellaneous/Kitchen:**

Trash Bags size 33 gallon  
8.5x11 and 11x17 paper  
Napkins and paper towels  
Coffee Filters (12 cup)  
Canned coffee grounds (reg & decaf)  
Round knitting looms  
Loom knit hooks  
Crochet needle hooks  
Christmas fabric  
Batteries: C, AAA, AA

***Check out our Walmart Registry!***

<https://www.walmart.com/registry/RR/09a8abbb-0113-4b38-999a-3e9c9095aca4>

**We greatly appreciate your support!**

## UPCOMING EVENTS!

**January 2:**  
Sound Bath Class

**January 20:**  
Card Making Class

**January 29:**  
Art Workshop

**January 30:**  
Snow Day Party

**February 6:**  
Sound Bath Class

