

**The Maumee Senior Center will be closed on Friday, July 3rd for the Holiday.**

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**MSC Transportation Office:**

**419-377-8113**

**Drivers: Sue LaFontaine & Dennis Oberhauser**



PREPARE FOR A SIZZLING EVENING OF MUSIC AND DELECTABLE FOOD!

# GRILLIN' & CHILLIN'

*At Night*



**Deadline to buy tickets is 6/17!**

- BBQ CHICKEN
- COLESLAW
- WILMA'S MAC & CHEESE
- BEER, WINE & LEMONADE
- DESSERT

**JUNE 23, 2026 @ 5 P. M. @ MAUMEE SENIOR CENTER**  
SPACE IS LIMITED. DEADLINE TO PURCHASE TICKETS IS JUNE 17. CALL 419.893.1994 FOR INFO.

**LIVE MUSIC**



**\$15 PER PERSON**

**Thank you to our sponsor:**



*Programs and services at the Maumee Senior Center are partially funded by the Older American's Act, the Lucas County Senior Services Levy, City of Maumee, and other state and federal sources, as well as, fundraisers, memberships, sponsorships and donations. Donations to the center for its programs and services are gratefully accepted.*

**MSC Board of Trustees:**

- Joe LaChapelle*
- Maria Zapiecki*
- Chris Blakely*
- Heather Cole*
- John Gouttiere*
- Genevieve Stults*
- Pat Viertelbeck*
- Darryl Lycourt*
- Doug Swary*

**Advisory Committee:**

*Chris Blakely– Chairman,  
and Ginny Hiser*

The Advisory Committee is a group of representative Senior Center participants.

To offer concerns or questions for the Advisory Committee, contact the Advisory Committee by e-mail at:

[mscadvisory@gmail.com](mailto:mscadvisory@gmail.com) or any of the participants.

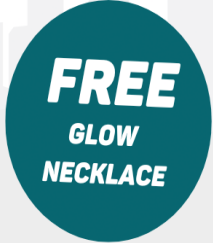
**ATTENTION:**

Opinions of guest speakers and advertisements are not necessarily those of the Maumee Senior Center. Although Maumee Senior Center is proud to advertise quality businesses and products, we do not endorse these companies in a mutually exclusive manner.

**OUR NUMBERS ARE GROWING!**

Please consider carpooling with a friend to the Center to help free up parking spaces so we can continue to serve as many people as possible.

Thank you!



**MAUMEE GLOW**

**5K RUN/WALK TO SUPPORT SENIORS**

**FREE KIDS' GAMES, PRIZES & PIZZA PARTY!**

**FRIDAY, JULY 10, 2026**

**Maumee High School, 1147 Saco St. at 6:30 P.M.**

**COOLING STATION PROVIDED BY MAUMEE FIRE DEPT.**

**STEP FORWARD FOR A CAUSE THAT MATTERS – EVERY STRIDE BRINGS POSITIVE CHANGE TO SENIORS' LIVES AROUND US.**

**COME GET YOUR GLOW ON FOR CHARITY!**

FOR MORE INFORMATION

**419.893.1994**

[MaumeeSeniorCenter@gmail.com](mailto:MaumeeSeniorCenter@gmail.com)



**REGISTER AT  
[WWW.RUNSIGNUP.COM](http://WWW.RUNSIGNUP.COM)**

**Registration forms can be found at the front desk of the Maumee Senior Center or on our website at:  
[www.maumeseniorcenter.com](http://www.maumeseniorcenter.com)**



**Are you 55 or older and looking for an opportunity to learn how to stay healthy and meet new people?**

*Join us, and bring a friend!*  
**Tuesdays, 9:30 am – 11:30 am**  
**at Maumee Senior Center**

2430 S. Detroit Ave., Maumee, OH

**July 14 - August 18** (Six Week Program)

Sign up by calling Maumee Senior Center at 419-893-1994

The educational program offers six lessons that cover a wide range of topics. Join us for this fun program, where you'll meet new people and:

- Learn about the aging process and how to make healthy lifestyle choices
- Celebrate this exciting stage of life and all the benefits that come with it
- Discuss risk factors and behaviors you should avoid to stay healthy
- Examine how alcohol, prescription medications and over-the-counter medications affect seniors differently and how you can avoid problems
- Learn how to use simple tools to help you feel more empowered about your health and the healthcare you receive

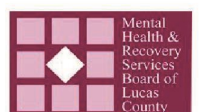
**Free \$50 Kroger gift card upon successful program completion!** (First-time participants only)



For more information

email: [HarborPrevention@harbor.org](mailto:HarborPrevention@harbor.org)

**Harbor**



## Opportunities to Support the MSC

*Are you looking for ways to support the Maumee Senior Center? Below are some ways that you may be able to help us continue to serve area seniors! If you have any questions, please give us a call at 419-893-1994. Thank you!*

### Are you enjoying your time at the Maumee Senior Center?

If your answer is 'yes!' then please consider writing us a review on our Facebook and Google pages! Positive reviews help people find the Maumee Senior Center and to connect them to our valuable services, programs and resources. We appreciate your support! Type in 'Maumee Senior Center' to Facebook and Google to find our pages.

*Give us a follow on Facebook for updates!*



### The Maumee Senior Center is always looking for volunteers for our fundraising events and daily services!

*Our upcoming events with volunteer needs:*

Evening Grill & Chill  
Tuesday, 6/23

Maumee Glow 5k Rec Race  
Friday, 7/10



Contact Tiffany or Laree at 419-893-1994 or at [msscprogramcoordinator@gmail.com](mailto:msscprogramcoordinator@gmail.com) to learn more about our volunteer opportunities!

### ~Legacy of Love~

*The Maumee Senior Center welcomes monetary gifts to memorialize family and friends or to honor individuals who are involved in our programs and services. Legacy of Love donations help secure the future of the Maumee Senior Center for older adults. Many lives have been forever changed by the generous contributions of others.*

*The Maumee Senior Center is grateful for any monetary donations. Please keep the Maumee Senior Center in mind as you think about your future planning so we can continue your Legacy of Love serving seniors in your honor.*



**If you would like to make a monetary donation to help the Maumee Senior Center, please mail a check to:**  
2430 S. Detroit, Maumee, OH 43537  
or donate through Paypal by clicking the [Donate button](#) on our website at [MaumeeSeniorCenter.com](http://MaumeeSeniorCenter.com)

*Monetary donations help the MSC to continue programs and services.*

**THANK YOU!**



## **MSC Transportation Service: 419-377-8113**



The Maumee Senior Center offers transportation to those 60 and older to medical appointments, the grocery store and round trips to and from the Maumee Senior Center Monday-Friday!

Do you live in the Maumee, South Toledo, Monclova, Holland, Neapolis, Waterville or Whitehouse areas and need a ride? Give us a call!

*Call our driver at 419-377-8113 at least 24-48 hours in advance to schedule a ride. There is no guarantee that transportation will be available at your time of need, however we will try our best to schedule you at your preferred time! Please call as early in advance as possible to reserve your spot.*

**Costs is \$3 suggested donation for round trip**

*If you are in need of groceries, see below for our online grocery ordering delivery service.*

### **Ways to receive our Monthly Newsletter:**

For just \$15 per year you can receive the MSC Newsletter right to your home. You can also receive our newsletter by e-mail or by accessing our website at



www.maumeseniorcenter.com or by subscribing by email at: [msscprogramcoordinator@gmail.com](mailto:msscprogramcoordinator@gmail.com)

### **Senior Centers...**

Serve as a gateway to the nation's aging network—connecting older adults to vital community services that can help them stay healthy and independent.

*-National Council on Aging*

*Call us at 419-893-1994 to find a program to join at the Maumee Senior Center today!*



## **ADVERTISING SPACE AVAILABLE!**

Are you interested in advertising your business in the Maumee Senior Center Newsletter? Then this could be the opportunity for you!

Contact Tiffany at 419-893-1994 for more information regarding our newsletter advertising opportunities.



**GRACE COMMUNION  
M A U M E E**

A small Christian church that meets every Sunday at 10:30 a.m. in the Maumee Senior Center Dining Room.

All are welcome!



Web site: [www.gcmaumee.org](http://www.gcmaumee.org)

### **Online Grocery Ordering Delivery Service**

Are you in need of groceries and are unable to leave your home? Then give the Maumee Senior Center a call to assist you with ordering your groceries online and to get them delivered right to your door!

*All you will need before calling the MSC is:*

- ◆ A credit or debit card on hand— **you must be comfortable with a MSC staff member receiving your card information to order your groceries for you**
- ◆ Written out grocery list for time efficiency— **limit of 20 grocery items**

Call the Maumee Senior Center about 24-48 hours before you know you will be in need of these grocery items to ensure you will receive your items in a timely manner.

**There is no guarantee for day of grocery delivery.**

**Call: 419-893-1994**



Outreach—Clinics, Support Group, Assistance

**Free Walk-In Health Screenings at the Maumee Senior Center!**

The first Thursday of every month, Mercy Health will offer a free Glucose and Blood Pressure clinic.

The upcoming Mercy Health Clinics will be:

Thursday, June 4th  
Thursday, July 2nd  
11am-1 p.m.



The third Tuesday of every month, UToledo Health will offer a free Blood Pressure clinic.

The next UToledo Health Clinic will be:

Friday, June 26th  
Tuesday, July 21st  
10-11:30am



**NEW!** The Maumee Senior Center has partnered with Sam's Club Hearing Center to offer a free hearing screening clinic.

The next Hearing Clinic will be:

Wednesday, July 8th  
11am-1pm



**Caregiver Support Group  
Tuesday, June 30th at 10 a.m.**

Caring for a loved one can be stressful and we want to support you! Please join us to share your story and ideas and to meet other people in similar situations.



Register by calling 419-893-1994 or email—  
mscoutreachcoordinator@gmail.com

**Free Legal Consultations**

The upcoming date for Legal Consultations are:

Tuesday, June 2nd  
And Tuesday, July 7th

Schedule your 30 minute appointment with the Attorney by calling the MSC at 419-893-1994



**NEW! Mobile Foot Care Clinic**

The Maumee Senior Center has partnered with Dr. Kim Carlson, DPM to have monthly 45 minute appointment foot care clinics here at the MSC!

The upcoming foot clinic are scheduled for:

Tuesdays, July 21st and September 15th

*Dr. Kim Carlson, DPM specializes in: basic toenail clipping, toenail and callus debridement. These gentle and effective procedures will help reduce discomfort and improve overall foot health. Perfect for individuals with nail conditions, mobility challenges, or those seeking preventative care. Free foot assessment with every visit!*

**Benefits:**

- Relieves pressure and pain
- Improves nail appearance and hygiene
- Helps prevent infections



Appointments cost \$45 per person payable to Dr. Kim on the day of appointment by cash, check, card.

Registration is required. Call 419-893-1994 or stop by the front desk to reserve your spot!



**Safer Driving May Save You Money**

Take the AARP Smart Driver™ classroom course and you could save money on your car insurance!\*

- Refresh your driving skills and explore the latest traffic laws.
- Understand the importance of proper maintenance of your vehicle.
- Learn research-based driving strategies to help you stay safe behind the wheel.

**There's a course near you!  
Sign up today!**

Date: Tuesday, August 11, 2026

Time: Registration 8:30, Class 9:00-1:00

**Location:**

Maumee Senior Center  
2460 Detroit Avenue  
Bring your Drivers License and AARP card, if applicable.

**To Register:**

419-893-1994  
Laree Shroyer, LSW  
-- or -- [www.aarp.org/c47109](http://www.aarp.org/c47109)

**CLASSROOM COURSE**

\$20 for AARP members  
\$25 for non-members

**TO FIND A COURSE NEAR YOU:**

Call 1-888-773-7160  
or visit [www.aarp.org/driving44](http://www.aarp.org/driving44)

\* Upon completion you may be eligible to receive an auto insurance discount. Other restrictions may apply. Consult your agent for details.

**Booster Membership Information**

MSC Booster Club membership dues are \$30 for 12 months.

**FOR JUST \$30 A YEAR YOU WILL RECEIVE:**

- \*Deep gratification in knowing that you are helping support an effort to help other seniors in the community through the Maumee Senior Center.
- \*1 FREE Dinner in the spring and 1 FREE Holiday Dinner at the Maumee Senior Center. Value=\$40
- \*FREE recognition in MSC newsletter’s birthday section and at the birthday party of your birthday month, MSC makes the suggested lunch donation in your honor. Value=\$2.50
- \*Discounted fee for a classified listing in the MSC newsletter.
- \*Exclusive Booster Club Member Only Mailings & Specials.
- \*Special discount on day trips with Malinda.
- \*Friends, Fun, & Fellowship.
- \*Ask us how you can get 25% off your new membership!

***Be a Booster!***

*Join today by calling 419-893-1994 for a new member form!*



***Birthday Lunches for  
Booster Members!!***

**June Birthday lunch is on Tuesday the 30th**

The Maumee Senior Center will celebrate your birthday by making a lunch donation for you and providing birthday cake!  
Call 419-893-1994 to make your birthday lunch reservation!

**We Proudly welcome our  
New MSC Booster Members:**



***Bob Pluciniak***

***Maggie Fritts***

**We had 19 people renew their memberships this month—  
thank you so much for your support!!**

***Happy Birthday to  
all of our  
June MSC  
Booster Members!***



Ortner	Fred	6/1
Friedberg	Ann	6/2
Moats	Mary	6/2
Kertesz	Terry	6/3
Richter	Colleen	6/5
Deszell	Christine	6/6
Walther	Jane	6/10
Rossler	Becky	6/12
Lemle	Don	6/13
Sell	Kathleen	6/14
Kropelin	Wayne	6/15
Ross	Sandy	6/15
Steinman	William	6/15
Kear	Ann	6/16
Patton	Deb	6/16
Crawford	Cheryl	6/17
Pluciniak	Bob	6/17
Gardner	Suzanne	6/19
Skaff	Lena	6/21
Ruiz	Linda	6/24
Dulinsky	Ken	6/27
Fritts	Maggie	6/28
Holt	Bill	6/29
Fitch	Joani	6/30
Rupley	Joyce	6/30
Walczak	Kathy	6/30
Zimmerman	Eva	6/30

## MSC Virtual ZOOM Programs

### Silver Sneakers classes with Sheila Brown

#### *Cardio & Tone* Mondays at 10 a.m.

This is an intermediate exercise class for the active older adult. Low impact cardio movements will raise the heart rate, while light resistance equipment will be used to strengthen the muscles. \*\$3 for non-SS members.

#### *Stretch & Balance* Thursdays at 10 a.m.

This is a low impact class with dynamic movements and stretches that are the foundation of this class. A chair will be utilized for appropriately half of the exercises making it well suited for beginners! \*\$3 for non-SS members.

These classes are virtual, online from the comfort of your home, through ZOOM. Please contact Tiffany at 419-893-1994 or [mscprogramcoordinator@gmail.com](mailto:mscprogramcoordinator@gmail.com) for more information on how to join these classes. Registration required.

## MSC Fitness Room

Equipped with treadmills, bikes, weights & lifting machines, elliptical, pool table, air hockey table, ping pong table, corn hole boards, large TV, fan, and more! All of the equipment is for you to use for free during our business hours!

Come and go as you please, no reservations are required. \*\*\**Equipment use is at your own risk.*

**\*\*Ping pong paddles and air hockey pucks, etc. can be checked out at the front desk.\*\***

### Jazzercise Lo with Christy Owed

#### Mondays, Wednesdays & Fridays at 11 a.m.

Jazzercise lo is a low impact energetic workout that combines dance cardio, with strength, balance and core work. If you love music and love to dance, Jazzercise lo is a great way to workout while feeling like you're at a dance party with friends!

*Join us for your first class free!*

For any questions at all or regarding pricing please contact Christy Owed directly at 419-460-1734



## Line Dancing Classes at the MSC!

Line Dancing is a great form of exercise that helps to improve strength, muscle function and balance! Sharpen your mind and your coordination and join in the fun with Line Dancing Classes at the MSC—and bring a friend too! Check out these classes below!

### Line Dancing Classes with Belinda Cytlak



**Men's Beginner's Line Dancing: Mondays at 1:20 p.m.**

**Beginner's Line Dancing: Mondays at 2 p.m.**

This class is for those that are familiar with the basic line dancing steps and dances. Are you ready to build onto those skills? Then this class is for you! Join in on this Beginner's level Line Dancing class that will focus on building onto the basics with incorporating new steps and dances. New participants are welcome!

*\*Cost is \$3 payable to instructor at the door.*

### Line Dancing Class with Michael Gurtzweiler

#### **Regular Line Dancing**

**Wednesdays at 9 a.m. & Thursdays at 9:45 a.m.**

This class is for participants familiar with most frequently used line dance steps. Turns and brisk footwork are included. Dancers will expand their repertoire of dances at all levels: from beginner/improver to the intermediate levels. Waltzes, in triple time, will also be part of the repertoire. New Participants are welcome!

*\*Cost is \$3 payable to instructor at the door.*

*Do you have Silver Sneakers?  
Then check out these classes listed below!*



### Silver Sneakers classes with Gavin Pitt:

#### ***Tai Chi***

Wednesdays and Thursdays at 11 a.m.

Tai Chi for Health has a focus on moving and balancing and safety. Whether you are a first time person or have done Tai Chi before, you are welcome! A chair is used for seated Tai Chi movements as well.

*The cost is \$3 for non silver sneakers members*

#### ***Sitting & Standing Yoga***

Tuesdays at 11:15 a.m.

Move through classic yoga poses to increase flexibility, balance and range of motion. The classic poses are adapted to being seated, although there is some standing.

Come check it out!

*The cost is \$3 for non silver sneakers members*

### Silver Sneakers Classes with Angie Mourton:

#### ***BOOM Muscle***

Mondays at 12:15 p.m. & Thursdays at 1:15 p.m.

This class incorporates athletic-based exercises that improve upper body conditioning. You'll move through several "blocks," which are groups of exercises that focus on strengthening different muscle groups.

*The cost is \$3 for non silver sneakers members*

#### ***Chair Yoga***

Wednesdays at 1:15 p.m. & Fridays at 12:15

This class is a fusion of flexibility, endurance and balance that we all can use over time. It also helps with stress management. This class is primarily done in a chair but may have some standing.

*The cost is \$3 for non silver sneakers members*

### Chair Zumba with Vickie Geha

Mondays and Thursdays at 9 a.m.

Wednesdays at 10 a.m.

This class incorporates movements taken from Latin dances like the merengue, salsa, and cha cha to create an exhilarating program that aims to improve overall energy, core stability, muscular strength, cardiovascular endurance, and motor skills. New participants welcome!

*\$2 per class payable to instructor at the door*



### Cardio Drumming with Vickie Geha

Tuesdays at 3 p.m. and Wednesdays at 9 a.m.

This class takes a simple movement - drumming - and turns it into a full-body workout that will leave you smiling, sweating, and feeling great! It brings together drumsticks, an exercise ball, and an exercise ball stand to create one of the most fun workouts you'll ever do. Equipment is limited, but provided on a first come first-served basis. Feel free to bring your own!

*\$2 per class payable to instructor at the door*



## **Did you know???**

That in order to participate in Maumee Senior Center's programs and services....

- You do not need to live in Maumee
- You do not need to be a booster club member
  - You can be as young as 50

Call us today at 419-893-1994 to see how you can get involved!

## MSC Daily Activities

Lunch is served daily Monday-Friday at 11:45 a.m.

### Mondays:

- 9 a.m. – Chair Zumba with Vickie Geha
- 10 a.m. – VIRTUAL SS Cardio & Tone with Sheila Brown
- 11 a.m. – Jazzercise Lo with Christy Owed
- 12:15 p.m. – SS BOOM Muscle with Angie Mourton
- 12:30 p.m. – Duplicate Bridge
- 12:30 p.m. – Hand & Foot
- 12:30 p.m. – Mahjong
- 1:20 p.m. – Men's Line Dancing with Belinda Cytlak
- 2 p.m. – Beginner's Line Dancing with Belinda Cytlak

### Tuesdays:

- 11:15 a.m. – SS Seated & Standing Yoga with Gavin Pitt
- 12:30 p.m. – Art Class with Mary Jane Erard
- 12:30 p.m. – 4-Handed Euchre
- 1 p.m. – Senior Singers Choir
- 3 p.m. – Cardio Drumming with Vickie Geha

### Wednesdays:

- 9 a.m. – Cardio Drumming with Vickie Geha
- 9 a.m. – Regular Line Dancing with Michael Gurtzweiler
- 10 a.m. – Chair Zumba with Vickie Geha
- 10:30 a.m. – Pokeno
- 11 a.m. – SS Tai Chi with Gavin Pitt
- 11 a.m. – Jazzercise Lo with Christy Owed
- 12:45 p.m. – BINGO
- 1 p.m. – Knitting
- 1:15 p.m. – SS Chair Yoga with Angie Mourton

### Thursdays:

- 9 a.m. – Chair Zumba with Vickie Geha
- 9:45 a.m. – Regular Line Dancing with Michael Gurtzweiler
- 10 a.m. – VIRTUAL SS Stretch & Balance with Sheila Brown
- 11 a.m. – SS Tai Chi with Gavin Pitt
- 12:30 p.m. – 6-Handed Euchre & 4-Handed Euchre
- 12:30 p.m. – Duplicate Bridge
- 1:15 p.m. – SS BOOM Muscle with Angie Mourton

### Fridays:

- 11 a.m. – Jazzercise Lo with Christy Owed
- 12:15 p.m. – SS Chair Yoga with Angie Mourton
- 12:30 p.m. – Pinochle
- 12:30 p.m. – Skip Bo

**MAUMEE SENIOR CENTER**

# CORNHOLE

## OPEN PLAY

**FRIDAYS AT 10:30**

**THINK YOU'VE GOT THE BEST TOSS IN TOWN? PROVE IT!**

**FREE!!**

**FUN, FRIENDLY COMPETITION, AND GREAT VIBES!**

**JOIN US ON FRIDAYS FROM 10:30-11:30AM**

**REGISTRATION NOT REQUIRED**

**HOPE TO SEE YOU THERE!**

### Art Classes with Mary Jane Erard Tuesdays at 12:30 p.m. and Special Thursdays as noted below:

Mary Jane is a well known regional artist and is represented by the Toledo Museum of Art. All students regardless of your experience with art are welcomed to join Mary Jane on Tuesdays and Thursdays!

*Mary Jane can assist you with a variety of different mediums included but not limited to: water color, pastel, oils, acrylics, colored pencil, painting, drawing, etc.*

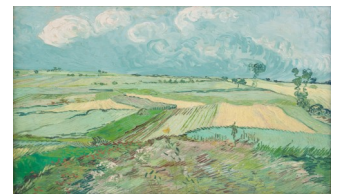
*If you have any questions or would like to meet the instructor, stop by class anytime on Tuesdays.*



**Cost is \$7 per class payable to the instructor at the door.**

### Thursday, June 18 at 12:30pm

*Van Gogh*



Join us for this 2.5 hour workshop class to learn about watercolors, pastels and acrylics to create your own beautiful scenes! This class is suitable for beginners and intermediate painters. Come check it out!

Open to all ages

**Cost: \$25- all supplies included**

Call 419-893-1994 to reserve your space today!

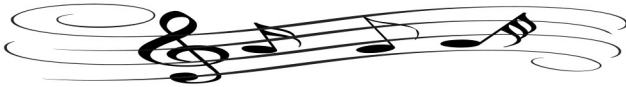
**Maumee Senior Center Singers  
Tuesdays at 1 p.m.**

**This group will take a break from 6/23-7/28**

The Maumee Senior Center Singers are led by Director Jim Burns. The choir has presented hundreds of performances in Northwest Ohio.

**Love to Sing?** Come to singers practice sessions **Tuesday afternoons at 1 p.m.** at the Senior Center! Beginners welcome!

**For more information: Call 419-893-1994**



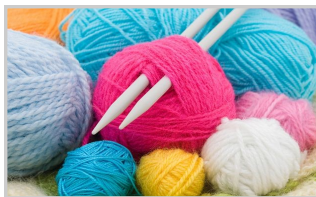
**BINGO!  
Wednesdays at 12:45 p.m.**

Join in on the fun at the Maumee Senior Center with our weekly Bingo! Come for lunch and stay for Bingo! See you there! Call 419-893-1994 for any questions.



**Hooks, Yarn & Needles between Friends  
Wednesdays at 1 p.m.**

This group is open to knitters of all abilities! Whether you are new, or have been at it for years, whether you quilt, knit, crochet, loom, needle point, cross stitch or do embroidery, this group is for you! There are needles and some practice yarn available. Beginners are welcome, come check it out!



**Creative Card Making Classes**

**Tuesday, June 16th from 10-11:30**

All supplies necessary to complete this project are included. We will walk you through each step of the design, which you will place in a hand stamped envelope for mailing to your friends and family. Join us for a fun and creative DIY workshop with Ruth.

**Cost is \$8 per person** which includes 3 cards. Please call 419-893-1994 or stop by the front desk to make your reservation.

**MSC Book Club with Jane Berger  
Monday, June 8th**

For June, the MSC Book Club is discussing:  
**The Book Club for Troublesome Women**  
By: Marie Bostwick

For July, the MSC Book Club will be discussing:  
**The Library Book**  
By: Susan Orlean

This group is always looking for new participants and typically meets on the second Monday of every month. Some dates may be subject to change. Call 419-893-1994 if you have any questions.



**MSC Cards and Games of Strategy!**

- Mondays 12:30 pm: **Duplicate Bridge**
- Mondays 12:30 pm: **Hand & Foot**
- Mondays 12:30 pm: **Mahjong**
- Tuesdays 12:30 pm: **4 Handed Euchre**
- Wednesdays 10:30 am: **Pokeno**
- Wednesdays 12:45 am: **BINGO**
- Thursdays 12:30 pm: **6 & 4 Handed Euchre**
- Thursdays 12:30 pm: **Duplicate Bridge**
- Fridays 12:30 pm: **Pinochle**
- Fridays 12:30 pm: **Skip Bo**

**Puzzles, Books, Magazines and Board Games are available daily in the library!**

Don't see a card game that you're interested in? Let's start a new game!  
Contact 419-893-1994 to share your ideas!

Waterville Library Programs

We have expanded our senior programs and services to the Waterville Public Library! Stop by the Waterville Library or check out our website at [www.maumesenior.com](http://www.maumesenior.com) for more information regarding the meal program and services offered.



Senior Mondays & Fridays  
Maumee Senior Center At The Waterville Branch Library

June 2026 \* NO MEALS OR PROGRAMS ON MONDAY JUNE 8<sup>TH</sup> OR FRIDAY JUNE 19<sup>TH</sup>

Meal & Program Information

Meals Provided By The Maumee Senior Center. Menu And Meal Dates Subject To Change. Ingredient Information Available Upon Request. Major Food Allergens Used As Ingredients Include: **Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soy, Sesame.** Please Notify A Food Employee For More Information.

**Meal Reservations:** Call 419-893-1994 At Least 24 Hours Before Pick-Up Date. **Meal Pick-Up:** 12:15–1:00 Pm (Mondays & Fridays) **Activities:** 12:45–1:45 Pm

DATE	MEAL & PROGRAM
Mon June 1	MEAL: <b>Option 1:</b> Cheese Tortellini with Alfredo-Green Beans-Mixed Fruit-Milk-Bread <b>Option 2:</b> Chicken over Biscuit-Green Beans- Mixed Fruit-Milk PROGRAM: Waterville Police Presentation on Vacation Watch and Senior Safety
Fri June 5	MEAL: <b>Option 1:</b> Macaroni and Cheese-Stewed Tomatoes-Pineapple-Milk-Bread <b>Option 2:</b> Meatball Sub-Stewed Tomatoes-Pineapple-Milk PROGRAM: Craft Day with Comfort Keepers
Mon June 8	NO MEALS OR PROGRAMS
Fri June 12	MEAL: <b>Option 1:</b> Smoked Sausage and Cabbage-Green Beans-Mixed Fruit-Milk-Bread <b>Option 2:</b> Cheese Ravioli-Green Beans-Mixed Fruit-Milk-Bread PROGRAM: National Falafel Day – Learn To Make This Yummy Dish
Mon June 15 <sup>th</sup>	MEAL: <b>Option 1:</b> Goulash-Corn-Mandarin Oranges-Milk-Bread <b>Option 2:</b> Orange Chicken-Corn-Mandarin Oranges-Milk-Bread PROGRAM: Balance Screening with Med1Care
Fri June 19	NO MEALS OR PROGRAM
Mon June 22	MEAL: <b>Option 1:</b> Chicken and Noodles-Peas-Pears-Milk-Bread <b>Option 2:</b> Beef and Rice-Peas-Pears-Milk-Bread PROGRAM: Make and Take Sun Catcher Strands
Fri June 26	MEAL: <b>Option 1:</b> Bratwurst on Bun-Broccoli-Mandarin Oranges-Milk-Bread <b>Option 2:</b> Sausage Pasta-Broccoli-Mandarin Oranges-Milk-Bread PROGRAM: Bingo with Prizes
Mon June 29	MEAL: <b>Option 1:</b> Chicken Patty on Bun-Brussel Sprouts-Pears-Milk <b>Option 2:</b> Baked Pork Chop-Brussel Sprouts-Pears-Milk- Bread PROGRAM: Ice Cream Social





# Ellis Huff Memorial Summer Party

featuring  
**Dinner &  
The Gatlin Show**



**07**

**31**

**2026**

**MAUMEE SENIOR CENTER,  
2430 S. DETROIT,  
419-893-1994**

**4:30 p.m. Doors Open;  
5 p.m. Dinner;  
Show to Follow**



*Menu:*

Barbeque Chicken Breast, Coleslaw,  
Baked Beans, Scalloped Potatoes,  
Corn Muffin and Butter & Dessert

**TICKETS \$35**

**TICKETS AVAILABLE JUNE 11-JULY 22 OR  
WHILE SUPPLIES LAST.  
SPACE IS LIMITED. PLEASE CARPOOL IF POSSIBLE!**

**PURCHASE TICKETS BY CALLING 419-893-1994,  
STOPPING AT THE MSC (PAYING WITH CASH OR CHECK) OR  
WITH VENMO OR PAYPAL**

**\* DINNER \* DANCING \* BEVERAGES \* DRAWINGS \***

**Sponsored by: The Turner Family**




Community Speakers

MSC Community Speakers:

Wednesday, June 17th at 11 a.m.

“Learn and Q&A”

By: Community Discount Pharmacy

These presentations are right before lunch and we would love to have you join us! Call 419-893-1994 to make your lunch reservation.

KNOWLEDGE IS POWER 

Help us restock Wilma’s Cupboard!

Thanks to the generosity of our seniors and the community, the Maumee Senior Center is able to offer delicious and nutritious meals to seniors on a daily basis. However, in order to help reduce costs, we are asking for donations to help stock Wilma’s cupboards.

This is a great way to support the Maumee Senior Center and to help further to support seniors and services.

We are in need of:

- Canned fruit (large cans)
- Frozen Vegetables
- Napkins
- Brown Paper Bags size: 5” 1/8 x 3” 1/8 x 10” 5/8



Thank you for your support!!

SOUND BATH CLASS



Please join us for a deep relaxation sound bath experience with Kimberly Post, RN, Reiki Master and Sound Healing Practitioner.

Chairs are available. Feel free to bring a yoga mat and a pillow.

Reservations required. Call 419-893-1994 to reserve your spot!

Friday, June 12th & Friday, July 17th

1:30-2:30 pm

\$10 PER PERSON

ALL AGES WELCOME!



SUMMER SAFETY TIPS FOR SENIORS



DRINK PLENTY OF WATER



EAT FRESH FOOD



AVOID ALCOHOL AND CAFFEINE



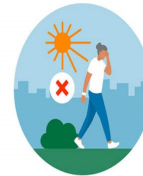
AVOID USING STOVE AND OVEN



STAY AWAY FROM DIRECT SUN EXPOSURE FROM ABOUT 10 AM TO 4 PM



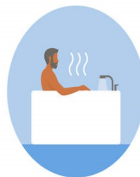
USE SUNSCREEN TO AVOID SUNBURN



AVOID STRENUOUS ACTIVITIES, GET RESTED



KEEP YOUR HOUSE COOL, OR SPEND TIME IN PLACES WITH AIR CONDITIONING



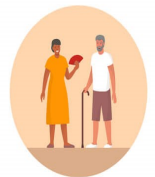
TAKE COOL SHOWERS AND BATHS



PLACE A COOL WASHCLOTH ON THE BACK OF YOUR NECK



WEAR SUNGLASSES OUTDOOR



WEAR LIGHT-COLORED LOOSE CLOTHING

# MSC June 2026 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b> <u>Cheese Tortellini with Alfredo</u> <b>OR</b> <u>Creamed Chicken over biscuit</u>, green beans, mixed fruit, bread &amp; milk</p>	<p><b>2</b> <u>Cream Chipped Beef over Texas Toast</u> <b>OR</b> <u>Chicken &amp; Noodles</u>, peas, mandarin oranges, bread &amp; milk</p>	<p><b>3</b> <u>Goulash</u> <b>OR</b> <u>Sausage &amp; Peppers</u>, broccoli, pears, bread &amp; milk</p>	<p><b>4</b> <u>Baked Spaghetti</u> <b>OR</b> <u>Cold Ham Sandwich</u>, carrots, peaches, bread &amp; milk</p>	<p><b>5</b> <u>Macaroni &amp; Cheese</u> <b>OR</b> <u>Meatball Sub with Sauce</u>, stewed tomatoes, pineapple, bread &amp; milk</p>
<p><b>8</b> <u>Baked Pork Chop</u> <b>OR</b> <u>Chicken Patty</u>, mixed vegetables, cinnamon apples, bread &amp; milk</p>	<p><b>9</b> <u>Beefy Tortellini</u> <b>OR</b> <u>Loaded Baked Potato</u>, peas, pineapple, bread &amp; milk</p>	<p><b>10</b> <u>Chicken &amp; Mushroom Sauce</u> w/ corn &amp; peaches <b>OR</b> <u>Tuna Ring on Lettuce Bed</u> w/mixed fruit, bread &amp; milk</p>	<p><b>11</b> <u>Beef Stir Fry</u> over <u>Rice</u> <b>OR</b> <u>Fish Sandwich</u>, carrots, mandarin oranges, bread &amp; milk</p>	<p><b>12</b> <u>Smoked Sausage &amp; Cabbage</u> <b>OR</b> <u>Cheese Ravioli</u>, green beans, mixed fruit, bread &amp; milk</p>
<p><b>15</b> <u>Goulash</u> <b>OR</b> <u>Orange Chicken</u>, corn, mandarin oranges, bread &amp; milk</p>	<p><b>16</b> <u>Hot Turkey &amp; Gravy</u> <b>OR</b> <u>Egg Salad Sandwich</u>, broccoli, peaches, bread &amp; milk</p>	<p><b>17</b> <u>Ground Beef Stroganoff</u> <b>OR</b> <u>Grilled Cheese Sandwich</u>, peas, pears, bread &amp; milk</p>	<p><b>18</b> <u>Open Face Sloppy Joe</u> on <u>Texas Toast</u> <b>OR</b> <u>Beef Tips &amp; Mushrooms</u>, green beans, grapes, bread &amp; milk</p>	<p><b>19</b> <u>Tortellini w/Sauce</u> <b>OR</b> <u>Quiche</u>, beets, apple sauce, bread &amp; milk</p>
<p><b>22</b> <u>Chicken &amp; Noodles</u> <b>OR</b> <u>Beef &amp; Rice</u>, peas, pears, bread &amp; milk</p>	<p><b>23</b> <u>Tuna Salad</u> on <u>Croissant</u> <b>OR</b> <u>Fish Patty Sandwich</u>, onion rings, peaches &amp; milk</p>	<p><b>24</b> <u>BBQ Chicken</u> <b>OR</b> <u>Beef Hot Dog</u> on <u>Bun</u>, green beans, grapes, bread &amp; milk</p>	<p><b>25</b> <u>Stuffed Pepper w/Sauce</u> <b>OR</b> <u>Swiss Burger &amp; Grilled Onions</u>, corn, apples, bread &amp; milk</p>	<p><b>26</b> <u>Bratwurst</u> on <u>Bun</u> <b>OR</b> <u>Sausage Pasta</u>, broccoli, mandarin oranges, bread &amp; milk</p>
<p><b>29</b> <u>Chicken Patty Sandwich</u> <b>OR</b> <u>Italian Baked Pork Chop</u>, brussels sprouts, pears, bread &amp; milk</p>	<p><b>30</b> <u>Sweet &amp; Sour Meatballs</u> <b>OR</b> <u>Sausage &amp; Peppers</u>, carrots, mixed fruit, bread &amp; milk <b>Birthdava Cake</b></p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p>



The following major food allergens are used as ingredients:  
 Milk, Egg, Fish, Crustacean  
 Shellfish, Tree Nuts, Peanuts, Wheat, Soy and Sesame.  
 Please notify a staff member for more information.

**\*\*INGREDIENT INFO AVAILABLE UPON REQUEST\*\***

Call 419-893-1994 to reserve your dine-in meal. Suggested senior donation is \$2.50. Meals are served at 11:45 a.m. but are generally available from 11:30-12:30. Please call 24-48 hours in advance if you would like to be added to our dine-in reservation list. Walk-ins are welcome, but may receive a different entrée.

Menu items subject to change.

**CLOSED FOR HOLIDAY**

**Maumee Senior Center**  
**2430 S. Detroit Ave.**  
**Maumee, OH 43537**  
**Phone: (419) 893-1994**

Facebook.com/maumeeseniorcenter  
www.maumeeseniorcenter.com

**MISSION STATEMENT:**

The mission of the Maumee Senior Center is to create an atmosphere which affirms the dignity and self-worth of the older population by serving their physical, emotional and economic well-being while encouraging their independence and continued participation in the community.



Maumee Senior  
Center's

# WISH LIST

The Maumee Senior Center is here to serve you. However, as a non-profit organization, we must be frugal. Please consider donating any items below.

**Cleaning Supplies:**

Clorox or Lysol wipes  
Hand Sanitizer  
Toilet Bowl Cleaner  
Awesome cleaner  
Spray air freshener  
Lysol Spray

**Gift Cards:**

Gift cards, cash gift cards and gas cards

**Miscellaneous/Kitchen:**

8.5x11 and 11x17 paper  
Dish soap  
Foam dessert plates  
Foam clam shell containers 9x6x3

**We greatly appreciate your support!**

## UPCOMING EVENTS!

**June 12**

Sound Bath Class

**June 16**

Card Making Class

**June 18:**

Art Workshop

**June 23:**

Evening Grill & Chill

**July 10:**

Glow Race/Walk

